



# Corrie Charlie n £50k debts

#### EXCLUSIVE BY MARK JEFFERIES

#### CORONATION Street legend Charlie Lawson is facing legal action over unpaid debts of almost £50,000.

The 64-year-old actor, who played Jim McDonald in the ITV soap, opened Prestbury's Farm Shop in Cheshire with his wife Debbie Stanley 12 years ago.

He was often seen behind the counter serving artisan cheese, meat and game.

The business owed £37,000 when it went bust in 2018 and now owes a further £10,000 to liquidators and solicitors.

Cash was owed to a turkey farm, wine suppliers, an energy company and firms as far afield as France.

The latest documents for the shop show that most of the debts have not been paid,

STORM Lawson and, inset, in soap with Bey Callard

# Actor faced with legal action over failed farm shop

despite solicitors being appointed to

collect the outstanding sums.
Within the documents, HMRC states: "During the period of this report, no further monies have been received in respect of the payment of the costs of the liquidation.

To date, the sum of £3,160 has been paid and the balance is being pursued. As a response was

not received from the guarantor, solicitors have been instructed to collect the amount owed. Based on current information, regrettably, there is little likelihood of any funds being available to pay a distribution to unsecured creditors.

The firm is in his wife's name but Lawson confirmed to the Mirror that he was responsible for the company's debts.

In a statement, he said: "As the Guarantor and not the insolvent, the matter is in hand and ongoing."

Lawson has had financial woes previously. In 2001, he had to declare himself bankrupt, owing almost £200,000 to the Inland Revenue and finance firms.

He first appeared in Corrie in 1989 and was a regular for 11 years, then made brief comebacks between 2003 and 2018. In May, we told how Beverley Callard,

67, who played his on-screen wife Liz in Corrie, owed HMRC £100,000 after her company, JMBJ Limited, went bust.

mark.jefferies@mirror.co.uk X@mirrorieffers



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**Nectar Price** Without Nectar £2.50









Good food for all of us

# 200

#### Bright with sunny spells and a threat of showers

A bright day with lengthy spells of summer sunshine however there will be scattered showers, mostly across northern and central England and some of these will be heavy bringing hail and thunder. A breezy and blustery day.

#### 5-day forecast

	Thu		Fri		Sat		Sun		Mon	
London	<u>_</u>	18c	<u> </u>	18c	<u> </u>	19c	<u></u>	20c	<u> </u>	20c
Newcastle	! <i>스</i> *	15c	<u> </u>	15c	43	16c	♂	17c	₩,	17c
Leeds	<u> </u>	13c	4	14c	<u> </u>	13c	♂	15c	4	16c
M'chester	4	15c	4	15c	<b>;</b>	15c	<u> </u>	16c	८ <u>*</u>	17c
Liverpool	4	15c	4	16c	4	15c	<u></u>	16c	<u> </u>	17c
B'ham	<u> </u>	16c	43	17c	८.	16c	♂	18c	$\overset{\sim}{\sim}$	19c
Cardiff	<u> </u>	16c	4	17c	<u> </u>	17c	<u></u>	18c	<u> </u>	19c
Plymouth	<u> </u>	16c	4₹	17c	<u> </u>	17c	*	18c	٠	19c
Belfast	43	13c	<u></u>	14c	<u> </u>	14c	<u> </u>	15c	<u> </u>	17c

#### BIGGER PICTURE

Today's historical average high: 17.9 June 2024 average high so far: 18.8 June historical average high: **18.6**All averages based on CET Mean Max Temp. Historical info from 1961-1990 (Source: Met Office)

CLIMATE FACT: Badger cull licences have been issued by the government despite its own scientific adviser saying there is "no justification"

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- ACROSS 2 Incantation (6)
- **5** Fur (4) **6** Toady (3-3)
- 7 Miss out (4)
- 8 Rishi's den, in bingo (3)
- **11** Adjoin (4)
- 13 Go soil (anag) (6)
- 14 Sweeney \_\_, fictional barber (4)
- **15** Small (6)

#### **TUESDAY'S SOLUTIONS**

Wahlberg, actor (4)

Sombrero, say (3,3)

2 Vault (5)

3 Title (4)

7 Rib (6)

**9** Horrid (5)

**12** Reverse (4)

10 Trudge (4)

Across: 6 Prism, 7 Rip, 8 Tiananmen, 13 Skinflint, 18 Des, 19 Gents. Down: 1 Spot, 2 Diva, 3 Emma, 4 Tram, 5 Spin, 9 Ilk, 10 Nun, 11 Nil, 12 Ein, 13 Suds, 14 Inst, 15 Figs, 16 Ions, 17 Toss.

#### THE LOTTERY

TUESDAY'S EUROMILLIONS: 6,7,9,14,43. Lucky Stars: 3 & 4. No winner of £59m jackpot. **THUNDERBALL:** 18, 23, 28, 29, 31.

Thunderball: 8. No £500k winner. **HEALTH LOTTERY:** 16, 19, 30, 32, 41. Bonus: 29. **ALL OR NOTHING:** 5, 6, 8, 10, 12, 14, 15, 16,

MONDAY'S SET FOR LIFE: 2,11,15,19,38. Life Ball: 8. No winner of £10k a month for 30yrs.

# Primary kids hunger crisis



BY **JEREMY ARMSTRONG** 

ALMOST one in three primary school teachers say a growing number of pupils are showing up to class hungry.

And around four in 10 reported more youngsters were coming into school without proper uniforms or a winter coat.

The shocking National Foundation for Educational Research report revealed 79% of primary school and 62% of secondary school teachers were spending their own money on their pupils or school.

At least 31% of primary teachers warned the number of children regularly coming into classrooms hungry has increased this year. Nearly one in five primary teachers were providing food or clothes.

The Mirror is calling on the Government to provide free school

meals for every primary school pupil in England.

The NFER is also calling for eligibility for free school meals to be extended to ensure more pupils can benefit. Its report found one in four staff

of primary teachers of primary teachers

spent at least £100 of their own money on their pupils or school this academic year.

own money on pupils

of kids coming in hungry

It questioned 884 teachers and 398 senior leaders in mainstream state primary and secondary schools in England in March.

Many primary schools cutting spending on targeted learning support and resources to plug holes in budgets, it found.

Jude Hillary, the NFER's co-head of UK policy, said: "This report

Teachers go above & beyond to meet pupils' pastoral needs using their personal funds

JUDE HILLARY NFER CO-HEAD OF POLICY, PICTURED ABOVE

clearly highlights the high level of need. Teachers are going above and beyond to meet pupils' pastoral needs using their personal funds."
Pepe Di'Iasio, of the

Association of School and College Leaders, said: "It's deeply troubling that signif-

icant numbers of young children are arriving at school without the basic necessities anybody would require to be in a fit state to learn."

Daniel Kebede, general secretary of the National Education Union, added: "This daily struggle against hunger and worries about family

finances seriously affects children's ability to concentrate and learn during the school day."

The Conservative Party said: "Free school meals have been extended to more groups of children than any other government over the past half a century doubling the number receiving free school meals since 2010 from one-sixth to one-third."

jeremy.armstrong@mirror.co.uk X@jeremyatmirror



STATS Lib Dems' Ed Davey

#### Sickness rise to cost £18bn in lost taxes

BY **MARTIN BAGOT** Health Editor

THE rise in long-term work sickness under the Tories will cost the country more than £18billion in lost taxes, analysis shows.

There has been a 700,000 increase in those off work due to ill health since 2019, amid a failure to cut NHS waiting lists - 6.3 million still await treatment.

Each person off work long-term costs an average £5,200 in lost tax revenue, according to the Office for Budget Responsibility.

#### **CHAOS**

If not reversed, the rise will lead to a loss of £3.7bn in tax revenue per year, or £18.3bn over the next parliament.

Ed Davey, leader of the Lib Dems, which carried out the analysis, said: Years of Conservative chaos have left us with a sick economy and a health service on its knees.

Conservative spokesman said the Government had invested an extra £4.7bn in mental health services since 2018.

#### 40% hike in self-funded health care

THE number of people raiding savings to buy private health care is up almost 40% since Covid.

Some 278,000 paid to skip NHS queues in 2023, up from 200,000 in 2019.

With a tenth of people on NHS waiting lists, those paying for treatment peaked in 2023, revealed the Private Healthcare Information Network.

Brett Hill, of consultancy Broadstone, said it illustrated the NHS crisis.

He added: "Self-funded admissions hit a record year despite cost-of-living pressures on households.

#### CORRECTIONS & COMPLAINTS (ipso.) Regulated

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#### VOICE OF THE

## Any debate

THE first of two head-to-head TV debates between Keir Starmer and Rishi Sunak last night was a clash almost certainly destined to end with the Labour leader installed as Prime Minister.

Watching the pair side by side gave voters an opportunity to see and hear the change championed by Starmer versus more of the numbing same from a Sunak trailing well behind in the polls.

Every viewer will make up his or her mind and social media clips produced by media organisations such as the Mirror, as well as the political parties, will widen the audience.

Starmer and Labour offer real hope, the change Britain needs and deserves.

Sunak and the Conservatives have a dismal  $\,$ 14-year record they cannot credibly defend.

#### Nation's finest

D-DAY veterans are among the best of us, defenders of our country and liberators of Europe as survivors of one of the largest seaborne landings in history.

The dignity of this dwindling band of ageing heroes heading to France for the 80th commemoration of Operation Overlord brought tears and cheers from well-wishers desperate to shake hands with our finest.

We owe them all, including their comrades who never made it off the beaches or were taken by the passing of time, an immense debt of gratitude for fighting and dying so that we may live free.

D-Day marked the beginning of the end of the Second World War and it is our duty to never forget the horrors they faced and overcame when each year their ranks are thinned.

#### Keep it safe

NIGEL Farage's divisive politics weren't to everybody's taste in Clacton but in this General Election no candidate should be drenched in a milkshake.

When two MPs, one Labour and one Conservative, were assassinated in the past eight years, the security of all contenders must be protected or democracy will be a victim.

#### NEW MR MEN ANNOUNCED Mr Fib... wh*o does* he look like, Jacob? Any thoughts? Jacob?.

#### ELECTION 2024

BY **DAVE BURKE** Political Correspondent

FURIOUS Nigel Farage had a banana milkshake thrown in his face at his election campaign launch yesterday.

The new Reform UK leader was targeted by a woman in front of dozens of onlookers outside a Wetherspoon's pub.

Visibly irritated, he was led away by security as he wiped his face.

The woman who threw the milkshake was identified as Victoria Thomas-Bowen. A 25-year-old woman was later arrested on suspicion of assault.

Mum of one Ms Thomas-Bowen describes herself as a "video creator" on her Instagram profile and also posts links to an OnlyFans page.

A man was also being questioned by police last night accused of assaulting an emergency worker after the incident in Clacton, Essex.

#### **ARREST**

The woman who was arrested told the BBC yesterday: "He doesn't stand for me, he doesn't represent anything I believe in, or any of the people around here.'

Thomas-Bowen's brother Paul said: "I have just seen it, and to be honest, I'm appalled. I don't know where she is. I don't want anything to do with her."

Former Reform boss Richard Tice, who was behind Mr Farage when he was hit, said: "The juvenile moron who threw a drink over Nigel has just gained us hundreds of thousands more votes. We will not be bullied off the campaign trail.'

Labour's Yvette Cooper said: "No one should face intimidation or assault in an election campaign.'





BY **JOHN STEVENS** Political Editor and **LIZZY BUCHAN** 

RISHI Sunak was ridiculed last night over his defence of NHS waiting lists and plans to reintroduce National Service.

The Prime Minister and Labour leader Keir Starmer clashed in their first TV debate of the election campaign, which was moderated by presenter Julie Etchingham.

And the audience in Salford, Greater Manchester, laughed at Mr Sunak as he was challenged over the huge NHS backlog.

The PM claimed NHS waiting lists were falling but Mr Starmer hit back, saying waits have risen from 7.2 million when he promised to reduce them to 7.5 million now. He joked: "I thought he was the

one meant to be good at maths."

Mr Sunak replied: "They're coming down from where they were when they higher." And the audience groaned when the PM

#### >>> TV jeers on NHS claims

workers including doctors and nurses. Mr Starmer remarked:

It's somebody else's fault." The ITV audience also laughed at Mr Sunak as he talked about his plans to

reintroduce National Service for 18-year-olds, DAILY STRUGGLE Paula

Keir has stormer as Rishi gabbles

tried to blame strikes held by NHS claiming that the idea was "going to be transformational for young people in our country

A voter called Paula from Huddersfield tackled the PM over the cost of living. She said despite having a job, she found it very hard to make ends meet. Giving an example,

THAT was mission accomplished for serious Keir Starmer and nearfatally unaccomplished for spoilt child Rishi Sunak.

The Labour leader only needed to not fluff his lines or fall off the stage.

This close to victory, he was never going to start juggling the Ming vase he has carried carefully over a polished marble floor for the past

#### TORIES IN MELTD



#### A Squaddies' Tsar to battle for our forces

BY **ASHLEY COWBURN** Political Correspondent

KEIR Starmer will establish a "Squaddies" Tsar" charged with championing the rights of military personnel if Labour wins power.

The independent Armed Forces Commissioner will speak up for servicemen and woman and hold ministers to account.

The party will also establish an Armed Forces Covenant to ensure everyone who serves and their relatives are treated with fairness and respect, it says.

Ahead of D-Day commemorations tomorrow, Mr Starmer said: "The ultimate service is that of our armed forces personnel and veterans. Britain owes a huge debt of gratitude for all they have given our country.

"My changed Labour Party, once again a party of service, will repay that commitment with a new package of support.

The Shadow Defence Secretary John Healey said: "Labour's new laws will improve everyday life for those who serve.'

# X)iary

Deputy leader Angela Rayner has raised the election fashion bar by wearing a red "Vote Labour necklace made by quirky iewellerv designer Tatty Devine.





On the campaign trail Sir Jacob Rees-Mogg knocks at a downstairs flat. A woman answers and laughs. "I feel

terrible," she said."I saw you walk by the window and thought it must be a funeral."



Piers Morgan is still waiting for **Rishi** Sunak to pay up the £1,000 bet he made that no refugees would be deported to Rwanda before the election. Unlike US ex-president Bill Clinton who delivered a cheque to his office the next morning after losing a \$100 bet for charity in 2012 that the USA team would win the Ryder Cup.







James Cleverly admitted that the Tories may have flown the Union flag the wrong way up in an election video on defence while being grilled on the mistake when appearing on Sky News.



#### REMINDER

DON'T forget to get a postal vote if you can't get to the polls. The deadline to apply is 5pm on June 19. Go to gov.uk/apply-postal-vote.

You must also be registered to vote by 11.59pm on June 18 via gov.uk/register-to-vote. And you must bring ID to

cast a ballot on polling day. If you don't have a passport or driving licence then apply for a free voter ID certificate.

# 

#### >>> Voter shreds him on cost of living

the studio audience member said she batch-cooks to avoid using her oven at peak times, adding: "The money simply doesn't go far enough.

"All I do is work to live. My food bill has nearly doubled. I'm in arrears with my bills.

"I don't think you actually understand how this is for

much of a strain the last few years have put on

your family finances. 'That's why my priority has always been to do what I can

to support you." Mr **HOST** Julie Etchingham

people like me." The Tory Starmer said the government leader told her: "I know how had lost control, adding to Paula: "It's people like you

that are paying the price." He added: "There will be millions watching this who feel the cost of living crisis bearing down on them."

Μr Starmer

"More of the chaos we've seen for the last 14 years. "Or turning the page and rebuilding with Labour.

in the autumn".

He added: "I have ambition for our country. I have a practical plan to deliver it."

accused the PM of calling the election for July 4 because he "knows inflation will go back

up, energy bills will go back up

Mr Starmer declared: "This

election is all about a choice.

He also criticised Mr Sunak for being "the most liberal PM we have ever had on immigration" and vowed to "smash the [people-smuggling] gangs".

A YouGov snap poll found viewers were almost evenly split on who did better in the debate - 51% said Mr Sunak. while 49% picked Mr Starmer.

john.stevens@mirror.co.uk X@iohnestevens

over NHS waiting list failure

#### **BY KEVIN MAGUIRE**

two years. The PM on the other hand needed a knockout blow, and failed to land one.

Tetchy Sunak blamed everyone else, opening with a grotesque self-congratulatory lecture to a woman too poor to turn on her oven.

Starmer, the one-time chief prosecutor, played to the jury at home in setting out Tory crimes on living standards, public services and borders to nail a guilty verdict.

Hope burns eternal in Sunak's heart but he's toast after this gabbling telly performance, and he knows it.

The gilded escalator raising him from a privileged education to heiress wife then No10 is shuddering to a halt.

There were no milkshakes but it was a proper ding-dong ahead of July 4, with Starmer destined for Downing Street.

# If Rishi and Keir's debate didn't hit home on housing, you can ask our experts

rightmove.co.uk/news/election



#### LECTION 2024



- MANDY SNELGROVE, 77

#### **EXCLUSIVE**

BY **ASHLEY COWBURN** Political Correspondent

A LIFELONG Tory voter told Keir Starmer she is switching to Labour for the first time, following a horrific hospital visit.

Ex-business owner Mandy Snelgrove, 77, said the government under Rishi Sunak was a 'big mess" and had left the NHS in tatters.

Ms Snelgove said she waited 12 hours at a hospital in September last year before being sent back home at 2am without being seen.

She returned the next day and waited for another six hours without being seen.

Ms Snelgrove, who had symptoms of acute diverticulitis disease, a digestive condition affecting the intestine, added: "They finally sent for me in December – four months later."

The pensioner, who said the NHS was one of the reasons she would now vote Labour, told the Mirror: "My father voted Conservative, so I voted Conservative all my life."

She met Mr Starmer and Shadow Work and Pensions Secretary Liz Kendall at the Bridge Coffee cafe in Bolton, Greater Manchester. Ms Kendall warned that the chaos inflicted by the Tories after 14 years in power is ruining the quality of retirement and urged pensioners to look at their wallets and "vote this rabble out".

Last week, Mr Sunak unveiled a "triple lock plus" to raise the tax-free pension allowance. But yesterday, Ms Kendall described the

Conservatives' attempts to woo pensioners ahead of the General Election as a joke.

In an interview with the Mirror, she said: This is the party that has increased the tax burden to the highest rate for 70 years.

This a Tory Party whose cost-of-living crisis has hit pensioners hard. So forgive me for putting that policy in the bin with the rest of the Tories' promises, where it belongs.

As well as a sit-down chat with Mr Starmer, Ms Snelgrove praised one of her friends who campaigned for Labour and helped get her disability payments and a Blue Badge.

Asked what she thought of the current government, Ms Snelgrove replied: "It's a bit of a mess, if I can say that. It's a bit of a big mess."

But she said Mr Starmer was lovely, jokingly adding: "He's more handsome today than I thought. I think he's a very, very nice man."

Pam Dyal, 81, a former social worker, was

also among regulars at the Bridge Coffee cafe yesterday. She said she is backing Labour on July 4, adding: "I believe we've got the right values, the right ideas, and I think we've had a corrupt government - certainly for the last four years

Ms Dyal also said she was amazed at how relaxed Mr Starmer appeared just hours before his crunch head-to-head debate with Mr Sunak on ITV last night.

Ms Kendall, who could become the Work



INTERVIEW Liz Kendall with Mirror's Ashley

and Pensions Secretary next month if Labour wins the election, said pensioners were worried about the cost-of-living crisis.

She added: "They've seen their fuel, gas and electricity bills go up. They are worried about what's going to happen to their pension

They've seen all the chaos under the Tories. They are really worried about the NHS. I spoke to one gentleman who said he was in A&E for seven hours with pneumonia."

Ms Kendall said pensioners were concerned about their families and were pitching in to try to help their children and grandchildren with the soaring cost of childcare.

According to Labour analysis, more retirees are renting than ever before across the country due to the housing crisis.

Ms Kendall added: "Our message to pensioners is if you want change, vote this rabble out and Labour will get that economic stability, protect your pension, cut NHS waiting times and build more affordable homes

ashley.cowburn@mirror.co.uk

X@ashcowburn

#### EARS ON

#### EXCLUSIVE BY LUCY THORNTON



IT may not have been quite the same logistical undertaking as D-Day itself but it was still a Herculean effort to assemble these heroes 80 years on.

The youngest of the 20 veterans travelling with the Royal British Legion on this emotional trip back to Normandy is 97, four are centenarians, and seven live in care homes.

There were tears as they were reunited on board a special Brittany Ferries ship to France ahead of tomorrow's 80th anniversary of D-Day.

Many witnessed unimaginable carnage on the beaches in 1944.

Joe Mines, 99, was called a "superstar" yesterday as he addressed the crowd that gathered to watch him and his comrades from the deck above.

He pointed to his fellow veterans and told the well-wishers: "These are all good men. Heroes.'

From his wheelchair, he looked up at the cheering crowd and added: "If I had my time again, I would go again if necessary."

The former minesweeper, from Hornchurch, East London, who was an Army private on D-Day, was yesterday travelling with around 30 Second World War veterans.

They made the journey to remind the world of the sacrifices that were made by millions during the conflict to keep us free from tyranny. It is likely to be the last trip of remembrance these heroes make to France.

The Mirror was privileged to join the comrades on board and witness a remarkable guard of honour.

Veterans were stopped throughout the seven-hour ferry crossing and respectfully asked to pose for photos and offered pints. Other people queued up to shake hands.

#### **PROUD**

Just before we arrived on the Normandy coast, a wreath for those who did not make it ashore in 1944 was dropped at sea.

Albert Keir, 98, told how seeing the Royal Navy salute them "pulled him back" to his wartime service.

In tears, he told the Mirror: "They looked like me all those years ago.  $\,$ 

"I saw myself in them and can't help but think, 'What are they going to meet in the future?'."

He talked about the D-Day mission and how important it is for him to return to France.

The former Royal Navy man, a care home resident in Bakewell, Derbys, said: "I want to go back. But it was a hard time and a very difficult job."

As well as the tears, there was a giant smile on his face as he was saluted by the Royal Navy and he chatted to his fellow veterans.

Dougie Hyde, 98, was travelling to Normandy for the first time since those fateful days in 1944 when the Allies ultimately turned the tide of the war against the Nazis.

He said: "I feel the Merchant Navy was overlooked so it's important to be

**JOURNEY** Jack Mortimer on ferry







# Army veteran tells of the perilous mission

here." His daughter Helen, from Stamford, Lincs. was with him and said: "I'm immensely proud of him... He keeps saying that he

now it's been rebuilt. The last time he was there it was destroyed."

Veteran Jack Mortimer, from Leeds, wiped away tears as he said: "The main reason I'm here is in remembrance of those graveyards in France.

When I walk through those graveyards I hear them talking to me. Sometimes I hear their names." The VIPs very important passengers - set sail

to go back and see [the city of] Caen from Portsmouth vesterday. Personnel on HMS Prince of Wales were among those who waved them off.

The Royal Air Force did three flypasts, while Jedburgh Pipe Band played the veterans out to sea.

The D-Day comrades were given a Royal Navy escort all the way to Normandy, with the ferry flanked by HMS Cattistock and patrol vessels. Arnie Salter, 98, from Bedworth,

Warks, who helped ferry hundreds of troops across to the Normandy beaches in 1944, said: "We lost a hell of a lot of good men. It was a nightmare. I was lucky to get out."

Harry Birdsall, 98, from Wakefield, West Yorks, told the Mirror that yesterday's trip was very special. He added: "I felt emotional to the

thousands of people who gathered on the quayside to wave to us few and say

#### D-DAY REMEMB



thank you." Mark Atkinson, head of the Royal British Legion, called it "a momentous occasion", adding: "The veterans are remarkably sprightly, they're up and about and engaged.

There were mixed emotions but a lot of people are excited to be going back. It's an opportunity for them to pay respects and remember the fallen."

While the veterans were mainly travelling with the Royal British

Legion, about nine were with the

Spirit of Normandy Trust.
Field Marshal Bernard Montgomery's grandson, Henry Montgomery, was among the guests witnessing the convoy. His grandad, Monty, was the leader of the Allied ground forces during the D-Day invasion.

Henry, 70, who supports the Spirit of Normandy Trust, said: "Our mission is to keep these stories alive for future

generations because this will be the last big one [for the veterans].
"We would not be free people and

have the peace we've had for 80 years if it had not been for what they did in those three hard months in Normandy.

"If you talk to them, they are very humble. For many years they did not want to talk about their experiences."

Claire Horton, director general of the Commonwealth War Graves Commission, waved a huge D-Day flag at the back of the ship.
She said: "I'm incredibly proud and

privileged to be here. This is all about passing on that torch of commemora-

tion to the younger generation."

The veterans – including the likes of Jim Grant, John Dennett, Roy Harrison and Alec Penstone - are carrying with them a commemorative torch from the commission which will

form the centrepiece of today's vigil at

the Bayeux War Cemetery.

Veterans were driven to Portsmouth courtesy of Jaguar Land Rover.

The King, Queen and Prime Minister Rishi Sunak are due to attend the UK's national commemorative event for the 80th anniversary of D-Day in Portsmouth today. lucy.thornton@mirror.co.uk X@lucethornton

**VOICE OF THE MIRROR: PAGE 6** 

HEROES THEN, HEROES NOW: PAGES 12&13

#### YEARS ON

BY **LUCY THORNTON** in Normandy

D-DAY heroes described their memories and nightmares as they returned to the scene of the Normandy landings with the Royal British Legion, 80 years on.

For at least two of them, it was the first time they had returned since that bloody day in 1944. Joe Mines, who was tasked with clearing

mines from Ver-sur-Mer using only bayonets, is one of those who had never been back.

He says: "There were too many bad memories. I saw five men killed in front of me. But I felt I had to come because I owed it to everyone here to come back before it was too late.

"Today, they don't know what a good time they've got. I'm not a hero or a sir. I'm just an ordinary bloke from Bethnal Green."

His daughter Sheron Easter, 63, adds: "He didn't used to talk about what happened during the war until he started selling poppies. This will be his first and last time going to France."

It is feared for all of these men, it will be their last major act of remembrance.

- Jack Mortimer, 100, from Leeds, West Yorks, was just 20 when he landed on Sword Beach as a Royal Army Ordnance Corps driver and despatch rider. He says: "There were thousands and thousands of ships on either side of us, loads of vehicles, tanks and artillery. It was dangerous, there were snipers all around.
- Harry Birdsall, 98, from Wakefield, West **Yorks**, was a Royal Army Service Corps private and supplied equipment to the docks in the run-up to D-Day. He also helped evacuate Belsen concentration camp and needed treatment after the war, saying: "I just couldn't get the horror of it all out of my mind."
- ■Bernard Morgan, 100, from Crewe, **Cheshire**, served in the RAF and landed on Gold Beach on D-Day. He says: "Gold Beach was one of the better landing points, but I can still vividly remember seeing dead bodies scattered all over the beach as I came ashore, and that is a sight that will stay with me forever."
- Albert Keir, 98, from Derbyshire, was part of the Royal Navy crew ferrying US troops on to Utah beach, saying: "At night, when it was dark, the sky was lit up with all different sorts of colours, tracer bullets and different things... it's very difficult to try and get it out of your mind."
- ■Joe Mines, 99, from Hornchurch in **London**, recalls of his Royal Pioneer Corps service: "A mate of mine that I was called up with came ashore with me, and he got machinegunned and was cut in two pieces soon after we landed. There were five people in front of me who all got gunned down, he was one of them."

go into

France to

- ■Roy Harrison, 98, from Amersham, Bucks, served in the Royal Navy on HMS Diadem and was anchored off Juno beach. Asked about the one memory that comes back all the time, he says: "Seeing all the soldiers in the water. It still comes back now."
- Ronald Hendrey, 98, of Clacton-on-Sea, **Essex**, says of his Navy boss: "I will never forget the captain's words. He said, 'You are about to



RONALD HENDREY. 98

liberation of Europe – I want you to give 101%'.

Everyone was thinking: 'Is this my last day on

■ Arnie Salter, 98, from Bedworth, Warks,

was a Navy man helping ferry troops to the

Normandy beaches and said D-Day felt like a

"bad dream". He adds: "It seemed over within a

begin the Royal Navy (1942-1946)

few hours. Suddenly the beach was empty, except for the bodies.

■Eugenius Nead, 100, of West **London**, was part of a five-man tank crew in 10th Mounted Rifle Regiment whose role was to break German lines out from Caen. He recalls artillery fire, Germans hiding in the woods, a sniper near-miss and burned tanks and bodies.

"

It made a

man of me

... and the

no idea

enemy had

FRED AYTON, 98, ON HIS

■ Richard Trelease, 99, from Cowbridge, South Wales, was a radar operator and navigator who supported the Canadian troops that were landing on to Juno. His crew was appointed deputy manager of the Defence of the Eastern Flank - then German territory keeping the landing crafts in line.

■ Alan Kennett, 99, of Lichfield, Stafford**shire**, was in the RAF. He recalls: "We were still UK-based and ensuring the aircraft were being serviced and refuelled. When we went into the mess for breakfast on the morning of the 6th June, there were a number of tough-looking commandos in khaki combats. Apparently during the night their glider had broken loose from the towing plane and believing that they were in France, landed at Ford."

#### D-DAY VETERANS' STORIES

# and the second of the second o



ARNIE SALTER, 98
Royal Navy (1944-1953)

EUGENIUS NEAD, 100 Army (1942-1945)





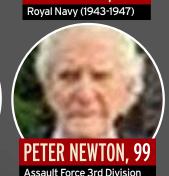




DONALD JONES, 99

Royal Navy (1943-1946)

JIM KELLY, 97
6th Airborne Division



For King & country

BY **NICOLA METHVEN** TV Editor

KING Charles spoke to some D-Day veterans as they enjoyed a trip to Buckingham Palace.

Arthur Oborne, 100, from Portishead, near Bristol, served in the Duke of Wellington's regiment, and told of being rescued by a friend after getting shot in the lung. He said: "He was killed a day later." D-Day 80: Tribute to The Fallen, airs on BBC1 tonight at 8.30pm.



■ John Life, 100, from Greatstone, Kent, suffered such bad sea sickness on the way over he was relieved to land on Sword Beach, despite recalling shells landing around him. Then, he says: "I casually looked back and saw the lad behind me clutch his throat... he was shot in the throat and killed. That was the closest I got to not making it. I was lucky"

■ Fred Ayton, 98, from Harrow in London, was told he was "making history" in an inspiring speech when they set off across the English Channel on HMS Sweetbriar. He says: "It's exciting when you're a young boy. I must say it

■ **John Life, 100, from Greatstone, Kent**, made a man of me. It was well planned and the suffered such bad sea sickness on the way over enemy had no idea we were going to do it."

JACK MORTIMER, 100

Royal Army Ordnance Corps

■ Donald Jones, 99, from Mold in North Wales, was a gunner on board a landing craft tank that transported troops to the beaches. He recalls: "You could've stepped from ship to ship across the sea. In one incident, a shell from a German shore battery passed me by six to eight feet. It went straight through the closed wheelhouse door, and out of the bulkhead on the starboard before disappearing into the sea."

■ Jim Kelly, 97, from Sutton Coldfield in

the West Midlands, was a machine-gunner who had tried to join the Army aged 14, even trying to alter his birth certificate. He says: "I wasn't frightened before D-Day as I was brought up on films where when people were shot it was only a scratch! I thought I was untouchable."

■ Peter Newton, 99, from Romsey, Hants, landed on Sword Beach. He says: "As dawn

broke, my battalion could see the land. Waterproofs were donned, equipment adjusted, and weapons gripped tightly.

"Apart from the bodies lying in the water and on the beach, the landing was similar to the exercises we'd be practising. We ran across the beach under heavy fire from the Germans."

lucy.thornton@mirror.co.uk

X @lucethornton

#### BY GEORGE LITHGOW

clearly displaying a close bond with each other."

FULL TILT
Mirror tale bond with each other."

the Household Cavalry Mounted Regiment smashed into vehicles, including a double-decker bus, and caused a

Three other horses that went on the run the same day – Trojan, Tennyson and Vanquish - are already back on duty and will probably take part in

mirrornews@mirror.co.uk

Army horses injured in London rampage are on the mend



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PHOTOGRAPHY LOVERS CHOOSE EE

OFFER ENDS 1ST JULY









#### TWO horses injured in a rampage through Central London are recovering in the countryside.

Quaker and Vida bolted after being spooked by rubble being dropped through a plastic tunnel while on an exercise in Belgravia on April 24.

Grey Vida was seen with

bloodied chest.

The animals will stay with charity The Horse Trust for as long as they need to before a return-towork assessment.

An Army spokesman said: "The horses appeared in good spirits,

The Mirror told how the horses from

number of injuries.

Trooping the Colour on June 15.

**X**@DailyMirror



**ACCUSED** Hunter Biden

#### Biden bought gun 'while he was on crack'

BY CHRISTOPHER BUCKTIN
US Editor

PRESIDENT Joe Biden's son bought a gun and ammunition while addicted to crack cocaine and living a life of "non-stop debauchery", a court heard.

Prosecutors told the jury Hunter Biden smoked crack "every 15 minutes" at the time he bought the revolver in October 2018.

Biden, 54, denies two charges of lying on his federal gun purchase form by saying he was not an addict and one charge of possessing a firearm while addicted to narcotics.

First Lady Jill Biden was in court to hear prosecutors describe her son as a "drug addict" whose habits ensnared loved ones.

Biden's lawyers say he was not an addict at the time. The trial continues in Wilmington, Delaware.



**HIT** King's College Hospital

## Cyber-attack causes NHS to cancel ops

BY MARTIN BAGOT

MAJOR London hospitals have declared a critical incident after a cyberattack led to the cancellation of operations and the loss of blood transfusions.

Synnovis, a provider of lab services, was the victim of a ransomware cyberstrike on Monday.

This meant that some departments could not connect to a main server.

King's College Hospital, Guy's and St Thomas', which includes the Royal Brompton and the Evelina London Children's Hospital, are affected.

NHS officials and Synnovis staff are working with the National Cyber Security Centre.

A spokesman for NHS England said: "This is having a significant impact on the delivery of services."





**UNITED** Lindsey with Maya and Macy

BY PAUL BYRNE and CHARLOTTE OWEN

ROB Burrow's widow and children yesterday visited the sea of flowers and tributes placed by fans at the rugby league legend's former club.

Lindsey, 41, and daughters, Macy, 12, and Maya, nine, and son Jackson, five, spent 30 minutes reading messages and cards at Leeds' Headingley Stadium.

Macy put her arm around her mum while the pair took in the tributes as Jackson asked: "Are these all for Daddy?"

Lindsey fought tears as she bent down to read heartfelt words written by members of the public. Her children, all in school uniforms, also laid flowers.

Rob, who was diagnosed with motor neurone disease in 2019 and given two years to live, died in hos-

pital aged 41 on Sunday.
Since then, a constant
stream of people have
paid their respects,
leaving scarves, flags,
shirts, flowers and
number 7 balloons, in

reference to his Leeds

Rhinos shirt number.

Many tributes repeated words such as "inspiration", "legend", "greatest and toughest" and "champ". Rob had

campaigned to raise awareness of MND as well as millions of pounds for research into the incurable illness.

Many messages thanked the family for their efforts and wished them well as they come to terms with Rob's death.

Lindsey also spoke to people involved with the club as she hugged her daughters and pointed out teddies to her son.

In a tribute to her husband, Lindsey said: "Although we knew this day would arrive, I am somehow still feeling at a loss for words that our loving, kind and caring husband and father has departed.

"We take comfort from how much people's love and support meant to Rob through his most vulnerable times."

Medics who treated Rob at Leeds'

Seacroft hospital spoke of his positivity in the face of the degenerative disease.

Dr Agam Jung, Rob's consultant neurologist, said he first walked in with a huge smile, adding that other patients "drew a lot of strength from him".

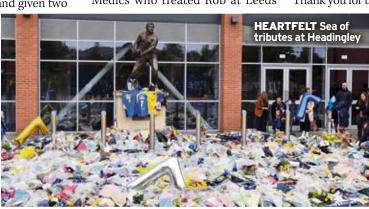
Claire Lang, an MND specialist nurse, said he was "the most positive person I have come across", despite losing his mobility and speech. She added: "Rob showed people in a human way and a family way how MND affects someone."

Physiotherapist Ali Whelan said Rob had strong opinions on what kind of treatment he wanted. She said: "He would come in with a pre-programmed message to me on his iPad saying, 'Thank you for the speech, but I'm going

to say no. And we'd have a good laugh. I remember his big, beaming smile."

The £6.8million Rob Burrow Centre for MND is due to open in Leeds next year.

Another £1m is needed to fund it but around 1,000 donations have been made since Rob's death.











with Ashleigh Rainbird



Joey & Harriett



Joey & Nicole

After just 24 hours, Joey Essex had snogged three girls and then stolen bubbly Scouser Samantha Kenny from her partner Sam

**Taylor**, who was sent home. "When Joey walked in I had a feeling I might be in trouble," groans the dumped hairdresser. "Samantha is a stunning girl, I knew they'd get on. I'm disappointed to be leaving so soon."

But despite being sent packing after just one night, Sam isn't holding a grudge against the TOWIE star – if getting to know him.

"Ultimately, he had to do what he had to do, which didn't work in my favour. But no hard feelings."

In a game of dares, Joey, 33, snogged his three favourite females – make-up artist Samantha, 26, personal shopper **Harriett** Blackmore, 24, and accounts manager Nicole Samuel, 24.

He had claimed he would "keep his cards close to his chest" but selected his three favourites easily. "Reality on ITV2 and ITVX.

get to know everyone really," he said last night. "I want to get to know all the girls on a personal level and who I vibe with most.

After 1.9 million viewers tuned in for his arrival, Joey admitted he felt "tight" with the boys, who he had "got to know on a cool level", but shrugged as he made his picks: "This is Love Island..."
As the wise old proverb

from the Majorcan isle says, it is what it is.

■Love Island, 9pm tonight

9.6/10

How Ronnie Vint rated Jess White's first kiss, in a whip-smart move to get her to make up the 'room for improvement" with a second smooch.



#### YEARS OF 'MAGIC' NIGHT



WEDNESDAY 05.06.2024 DAILY MIRROR 19



smartphones, no social media, a

new millennium on the horizon, the

INVOLVED...

use of internet in its infancy. But some things never change. In 2024, just as in 1999, there are incredible people, young and old, who deserve to be recognised for their awe-inspiring courage.

And just like then, these amazing people are usually too modest to push themselves into the limelight.

That's why today, as we launch our 25th anniversary appeal for nominations, we need you to tell us about Britain's unsung heroes.

It is an extraordinary privilege to host Pride of Britain with Ashley

Banjo. We get to meet the most remarkable, courageous and inspirational people from across the UK.

YEAR For tireless and inspirational

make sure they are considered for

the most appropriate award.

TSB COMMUNITY HERO For

**ITV FUNDRAISER OF THE** 

lengths to help others

someone who goes to remarkable

They range from children of courage to pensioners – our oldest winner was the 111-year-old Great War veteran Henry Ållingham.

Information about categories and how to nominate is on this page.

The Mirror has caught up with Kelsey Trevett too. It's 15 years since they won a Child of Courage Award, and they are still striving to make the world a better place.

We'll be revisiting other winners over the next few weeks, and highlighting some new nominations to inspire you to think about someone you know who should be on that stage in the autumn.

ambulance, paramedics or air, sea

or mountain rescue workers.
■OUTSTANDING BRAVERY For

help others in danger.

**■CHILD/TEENAGER OF** 

adults who risk their own safety to

Some winners have changed the world, such as Sir Tim Berners Lee, inventor of the world wide web, or Samaritans founder Dr Chad Varah.

Others have touched millions of hearts - just look at the outpouring of love this week for Rob Burrow. who we honoured last year with his remarkable wife Lindsey and his best mate Kevin Sinfield.

All of our winners are motivated by a desire to put others first, and a refusal to let their own challenges define them. I'll never forget Jean Forrest in 2000. She was joined on stage by some of the 600-plus children she had fostered over 37 years.

achievement, possibly on a

categories, such as inspiring

national or international scale.

**■ SPECIAL RECOGNITION For** 

carers, campaigners and armed

achievements not covered in other

She radiated love and compassion. You could see the difference she had made to those children.

We would never have found Jean if someone hadn't taken the time to fill out a nomination form.

Our team reads every single one to make a shortlist for the judges, so please, please, tell us about anvone vou know who deserves a Pride of Britain award.

Thank you so much.

features@mirror.co.uk X @DailyMirror



#### Kelsey is still a real igh-flyer

#### **EXCLUSIVE BY LYDIA VELJANOVSKI**

THE night before Kelsey Trevett won a Pride of Britain award, they dreamed they were flying above the audience, clasping the silver trophy in their hands.

Although this dream never materialised - host Carol Vorderman joked health and safety would never allow it - Kelsey, then eight, recalls the night as one of the most extraordinary experiences of their life.

Kelsey, who is completely blind, was honoured as a Child of Courage in 2010.

Pride of Britain judges were blown away by their determination to help others, as a champion for disabled young people.

And 14 years later, Kelsey is still making the world a better place, with a job in net zero campaigning - as well as advocating for disability rights and social justice.

'I won the Child of Courage award for weirdly what I went on to do when I was older," they explained. "I was trying to make sure that the voices of disabled kids were represented in the structures that are making decisions about them.

"I think it came out of frustration as, like many disabled young people, I found myself in situations where my voice was either tokenistic or excluded altogether."

Kelsey lost their left eye at just 16 weeks old due to a rare form of cancer called retinoblastoma. The cancer then returned in their other eye, meaning by the age of six they had two artificial eyes.

But nothing stopped Kelsey from achieving their dreams of studying politics and philosophy at Oxford - as well as actually flying. They added: "After Pride of Britain, someone got in touch, saying they wanted to make the flying thing a reality and I went and did indoor skydiving.



#### BRITAIN HERO AT PRIDEOFBRITAIN.COM

BY MARK JEFFERIES

VANESSA Feltz says she is looking for "a lovely time" going on dates but has no plans to get married again any time soon.

The TV and radio star, 62, has appeared on Celebs Go Dating and went out with male model Stefan-Pierre Tomlin earlier this year.

She said afterwards: "All I could say is he's very easy on the eye."

Vanessa split from long-term partner Ben Ofoedu in February last year after it emerged he had cheated on her a number of times.

Vanessa, married to surgeon Michael Kurer from 1983-2000, said: "I've got two wonderful children and four grandchildren.

"I don't need to go up the aisle, I've done that. I don't need to get pregnant, it's too late for that.

#### **TRYING**

"So I reckon just have a good time. My whole life, I've always settled down incredibly quickly.

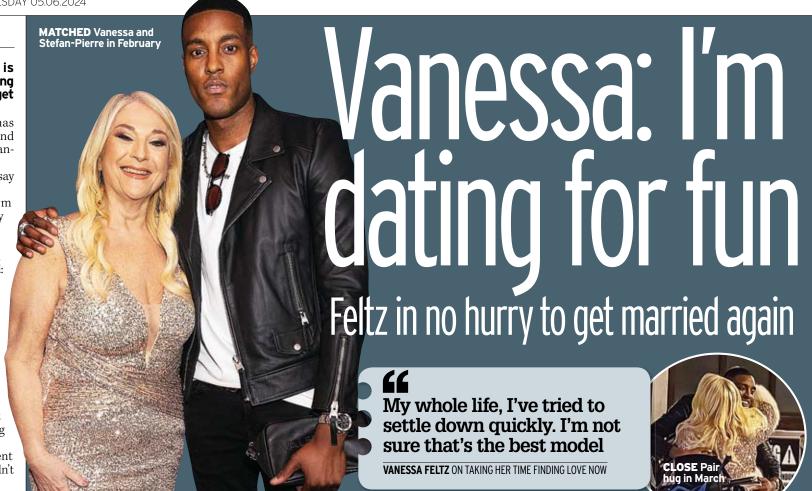
"I'm not sure that's been the best model. I'm not looking for anything except a lovely time."

She told Bella magazine a recent date went so badly that she "couldn't stand him before the soup".

Vanessa added: "We met through friends and I really didn't like him. "But it was OK. I survived. I stayed

for the dinner. The dinner was good! "I'm trying to learn from Celebs Go Dating not to dismiss someone too quickly and say I don't like them. I'm

trying my best but it is not easy." . Vanessa said in August last year: "I



house and not seeing anyone."

reality show Celebs Go Dating.

finding a relationship through E4

Vanessa was also criticised for

My whole life, I've tried to settle down quickly. I'm not sure that's the best model VANESSA FELTZ ON TAKING HER TIME FINDING LOVE NOW

want to fall in love and be swept off appearing to lash out at dating expert my feet. Going out has been my self-Anna Williamson. In her Daily care. I don't like being in an empty Express column, she compared the experience to her appearance on The star had no luck in terms of Celebrity Big Brother in 2001.

She wrote: "With hours of such programming under my belt you'd think I'd have got the hang of it by

now. Wrong! I'm making a right pig's ear of it. I seem to have forgotten my own maxim: 'If you don't want them to show it, don't do it.'

'The audience takes this lighthearted puffery with intense seriousness. Naturally, the broadcast is cut to elicit maximum ratings - though if I'd

been angelic throughout they'd have nothing negative to show, of course.

"I take full responsibility for letting boredom and frustration show.

mark.jefferies@mirror.co.uk **X**@MirrorJeffers



## POLLY HUDSON

Warning: may contain sarcasm... and cats

#### Going up...



#### The return of Celebrity Gogglebox

In two days! Woo hooo! Almost enough to make up for this summer apparently being a total washout in every other way...

#### Legs Be Having You

A 70-year-old flamingo from Norfolk just laid her first egg. Gertrude has always, according to the nature reserve boss, "been fairly subdued and at the back of the group but, suddenly, this year she found a newfound confidence." Just goes to show age is no barrier to achieving your dreams! "The egg probably won't hatch though."

#### **POLLYOMETER**

#### Going down...

#### You Crease Me Up

The latest style trend is 'Gestures of Error' aka purposefully not ironing your clothes, and calling the wrinkles fashion. Fingers crossed it soon extends to faces.



#### Withnails And I

Russian designer Canyaon once made a pair of trainers out of 20 recycled caps, and added boulders to a shoe to create a "climbing sneaker". Now he's altered a slide made by Kanye West's Yeezy brand to make these Toes Slippers. Stomach churning, and yet if he manufactures them bet sales would spread faster than a fungal nail infection.

#### GLITTERING SHOWBIZ ANECDOTE OF THE WEEK



"A gazillion years ago I was in Gucci with Melanie Blatt, and I attempted to sit down on a chair that wasn't there. I did a full-on stuntwoman backward roll, landed in a ball of the floor and laughed so hard I wet myself."

Shaznay Lewis

SWEATY LEGS OF THE WEEK
"If I'm coming from somewhere and my trainer says we can get it in now, then I'll come as I am. A lot of the time I'm in street clothes, which people think is funny."

Lenny Kravitz on the photos of him working out in the gym in leather trousers

(3)

#### **ON THE NOSE** OF THE WEEK

"Those asking if The Thick Of It is writing this election may want to note that today's Tory immigration plan – shunt

it off to an independent body to decide, so ministers can avoid talking specifics in interviews – is the main plot of 2009's special The Rise Of The Nutters."

The Thick Of It creator Armando lannucci

# Oh brother, why is Andy so tone deaf?

IN this divided nation there is one issue we all appear to agree on. Prince Andrew. The latest YouGov poll on the subject confirmed, completely unsurprisingly, he's the least popular member of the Royal Family by far.

Now, King Charles is taking the example set by his mother – putting the country first – up a notch, by doing what she could never quite manage with her favourite child.

Correctly assessing the public mood, he is no longer willing to indulge this arrogant outcast. Andrew – whose association with convicted sex offender Jeffrey Epstein led to him paying millions to settle out of court claims he strenuously denied – was told in

2022 there was no way back for him when it came to royal duties.

So Charles wants to move Andrew from the stately-home-esque spread he's currently kicking his heels in, to Frogmore Cottage. A little clarity, because

some of the words here could be misleading. Although it's called a cottage, Frogmore is a beautiful, 10-bedroom, historic Grade II listed home, renovated by the woman responsible for the stunning interiors of high end members' club Soho Farmhouse via Meghan Markle.

Andrew is not being shipped off



STUBBORN Andrew's not moving

to a two-up two-down in the Outer Hebrides, he's being asked to leave the lap of luxury for a slightly smaller lap of luxury in the exact same area. Charles is being entirely reasonable, and kinder than many would be in his position. But still Andrew, a man who famously described himself as having "a tendency to be too honourable", refuses to budge.

ionourable , refuses to budge. His current home, Royal Lodge,

Frogmore is

hardly a two-

up two-down

in the Outer

Hebrides

where he apparently lives with just one other person (Fergie, obviously), has 30-rooms, sevenbedrooms, and is set on 40 hectares of land. There's a swimming pool with changing rooms, a tennis court,

private woods, and an area for practising golf.

Now he has no work, Andrew is said to spend his time watching TV in a darkened room.

What he has on his side, however, is a 75-year lease on the property until June 15, 2078. The terms include repainting the outside every five years and

redecorating inside every seven.

The external work was due to be completed last year, however in the last week scaffolding and a skip were suddenly seen outside the house. Perhaps he was having 'I shall not, I shall not be moved' daubed on the front.

But although Andrew has the lease, it's assumed he pays for it with money from the King.

A friend of Charles' revealed at the weekend, "If Andrew refuses to leave within a reasonable time frame, then the King may be forced to reassess the whole package of support he provides."

Charles obviously has many other things on his mind at the moment, which makes it even more admirable he's tackling this uncomfortable issue head on.

This is his brother, of course – he's not going to banish him to the tower, no matter how many of his subjects might thoroughly approve.

What is staggering is how tone deaf Andrew continues to be. This isn't just a post-Newsnight world – his downfall was so stupendous dramas are being made of it, Netflix's Scoop being just the first.

Charles needs support at the moment, not extra battles, but instead Pizza Express Woking's biggest fan is passing up yet another opportunity to do the right thing

To paraphrase a baying crowd outside the Big Brother house, GET ANDREW OUT.



NAME: Star
APPEARANCE: Harlequin
SPECIAL SKILLS: Seagull
hunting. Rescue cat Star now lives
by the sea, and it's actually
squirrels that she's after. But the
racket from the seagulls swooping

overhead makes the squirrels run

#### **CAT** OF THE WEEK

off, so now she has to catch one to catch the other. Star has therefore taken up a near constant position on the corner of this high fence. Is it comfortable? No. But needs must, innit.
■ If the feline in your life is good - or determined - enough to be Cat Of The Week, send a photo and details to polly.hudson@mirror.co.uk



Remote tribe given internet struggling with social media addiction, scams, violent games and graphic porn... but they won't give it up



#### VISIT: REACHSHOPS.CO.UK/ENGLANDEUROS

Available to purchase in most supermarkets, high street retailers and independent newsagents from June 3, 2024. For online purchases postage and packaging applies.



BY CHRISTOPHER BUCKTIN US Editor

AN isolated Amazon tribe provided with the internet has struggled with social media addiction, online scams and porn, leaders have said.

Last year, the Marubo people, living in a remote spot along Brazil's Ituí River, were given access to Elon Musk's high-speed satellite service, Starlink.

However, elders say they have seen a

social decline among the tribe's 2,000 people and a growing laziness, which has led to a lack of food.

Leader Enoque Marubo, 40, who was instrumental in hunt, fish bringing Starlink to the tribe, said people were no longer hunting and growing food because they were glued to their phones.

"In the village, if you don't hunt, fish and plant, you don't eat," he said.

the internet for two hours in the morning, five hours in the evening and all day Sunday to address the issue

lenging to tackle, such as violent video games and abusive online strangers.

But other issues have been more chal-

"Everyone is so connected that sometimes they don't even talk to their own family," Enoque said. He said he was

most concerned by pornography, adding young men were sharing explicit videos in group chats in a culture that frowns on kissing in public.

We're worried young people are going to want to try it," he said of the aphic sex depicted in the videos.

He said some leaders had told him they have observed more aggressive sexual behaviour from young men.

Tsainama Marubo, 73, added: "When

it arrived, everyone was happy. Now, young people have gotten lazy. They're If you don't learning the ways of the

white people."
Initially, Starlink brought connectivity, providing quicker forms of communication and benefits such as access to TV sports.

Faster medical help has also saved lives, including from snake bites, instead of

Eventually, elders decided to cut off having to rely on citizen band radio to send messages via villages to reach aid.

Despite the challenges, the tribe does not want to give up the internet. Enoque conceded: "The internet will bring us much more benefit than harm."

Even elder Tsainama implored: "Please don't take our internet away."

chris.bucktin@mirror.co.uk **X**@DailyMirror



and plant,

then you

don't eat

ENOQUE MARUBO ON IMPACT OF LAZINESS



#### **Mirror offers** star mentors for working class writers

SIXTEEN writers will take part in a pioneering project to find working class and underrepresented talent, backed by Michael Sheen.

And four of the Mirror's brilliant columnists have already begun mentoring some of those selected for A Writing Chance 2024-25.

Zainab Amer, who is being mentored by Brian Reade, is a British-Egyptian writer living in Manchester who says she hopes to elevate voices that often go unheard.

#### **THRIVE**

Emma Astra, o f Leicester, who is being mentored by Siobhan McNally, has multiple disabilities but says her struggles have made her thrive.

Shivani Daxini, who is being mentored by Kevin Maguire, is an anthropologist studying for her PhD, also from Leicester.

Sunita Thind, of Derby. who is being mentored by Ros Wynne-Jones, is a disabled ovarian cancer survivor, writer and model.

Staged star Michael said: 'The 16 writers selected all have something to say that we, as a society, need to hear. I can't wait to read the work they produce."

#### 45% worry about school uniform cost

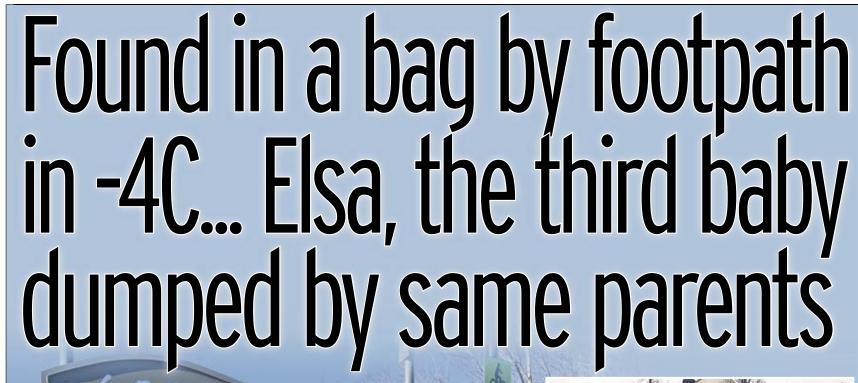
ALMOST half of parents and guardians will struggle to pay for their child's new school uniform this year.

A study has found 45% are concerned about costs, up from 40% in 2023.

Two-thirds say school uniform is the costliest expense of the back-toschool season, at an average of £161 per child.

The study by pub chain Flaming Grill found this is compounded by parents replacing an average seven items of clothing a year with shoes, trousers and shirts the costliest.

The research found 54% of parents are seeking to buy second-hand uniforms to save money, compared with 46% last year.









BY DAN WARBURTON

#### A BABY girl who was abandoned in a shopping bag in sub-zero temperatures is the third infant to be dumped by the same parents.

The newborn, named Elsa, was discovered by a dog walker in January, as temperatures plunged to -4C.

DNA tests show she has a brother and sister, known as Harry and Roman.

They were discovered abandoned in a similar way in 2017 and 2019, with the parents of all three still not dentified.

The heartbreaking new twist can now be reported for the first time after a judge lifted restrictions on the link

between the siblings.
Harry was found dumped in a park in Plaistow, East London, in September 2017. He had been wrapped in a white blanket before being rushed to hospital.

Roman was discovered in a park in Newham two years later.

She had been placed in a Sainsbury's bag then left by a bench as snow and freezing temperatures gripped London. Both Harry and Roman - not their real names have since been adopted.

Their younger sister - named after the princess in Disney's Frozen – was wrapped in a towel **SIBLINGS** Babies who were known as Roman and Harry

# DNA testing proves connection between three shocking cases

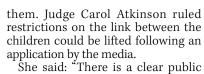
than an hour old and her umbilical cord was still attached when she was found.

Although Elsa was extremely cold, the quick-thinking dog walker helped her survive by wrapping her up.

An investigation is ongoing, meaning her birth cannot be registered and no identify

then left in a shopping bag by a foot-path in Newham. The newborn was less made. The Family Court heard the children will all know they are full siblings and there are plans for them to have some form of contact as they grow up.

A hunt is continuing for their parents, with the Met Police still



interest in reporting this story. The abandonment of a baby in this country is a very, very unusual event.

"It is of enormous interest and importance that people know that there is a mother and father out there who felt the need to relinquish their children in this way, three times."

The Met said it had made extensive inquiries including media appeals, analysing CCTV, going door to door and examining forensic evidence.

Officers previously appealed to

find a woman seen wearing a large dark coat with a light coloured scarf or hood around her neck and a rucksack on her back, shortly before Elsa was found.

Det Insp Jamie Humm, who is based in Newham, said: "We have had to be mindful of the sensitivities that exist now all of the children are being cared for. Their welfare is paramount."

dan.warburton@mirror.co.uk

X@DailyMirrorDan

#### BY DAN WARBURTON

#### UNRULY tourists in Magaluf will be monitored by British police and drones this summer.

The party resort on the sun-kissed Spanish island of Majorca has been hugely popular with Brits for decades and has been a bawdy rite of passage for millions of teenagers.

But in recent years, the local authorities have been trying to clamp down on bad behaviour.

Their latest strategy in the war on lager louts, unveiled on the infamous Punta Ballena strip yesterday, involves hi-tech drones which will monitor behaviour.

British police officers will help the Guardia Civil deal 

## Brit cops and drones join blitz on unruly tourists in Magaluf

Impact Zulu Bravo.

The Spanish authorities are in Calvia, near Magaluf, last week. Thou-

with any trouble, in a plan tiring of the bad behaviour shown by called Operation High Brits on holiday, such as a brawl involving a group of tourists outside a restaurant

sands of locals have protested this week against what they see as over-tourism, marching on the capital, Palma, and occupying beaches.

Mallorca Platja Tour, one protest group, said: "We urge residents to fill the beaches of Mallorca as a demonstration against overcrowding."

Anne-Marie's

dan.warburton@mirror.co.uk **X**@DailvMirrorDan



**UNWELCOME** Beach litter

#### Noisy kids & rubbish are beachgoers' big bugbears

BY PAUL ANDREWS

NOISY children, litterbugs and loud music are the top three biggest bugbears at the beach, a poll found.

Naughty dogs, people who shake sand off towels and seagull feeders also ranked highly, along with barbecues, public displays of affection and large tents.

Social media posers, revealing swimwear and guitarists also made the top 20 in a poll of 2,000. Nearly all respondents

(94%) said they have not been able to relax due to bad beach etiquette.

But 45% admit they wouldn't confront nuisance individuals, the EasyJet Holidays poll found.

More than half would welcome a quiet zone with bans on technology and budgie smugglers. It emerged 68% are likely to visit a beach this summer. TOP 20 BEACH BUGBEARS

1 Noisy kids; 2 Litter bugs; 3 Loud nusic; 4 Unruly dogs; 5 Raucous stag or hen parties; 6 Being hit by a football or a frisbee; 7 Loud phone calls; 8 Seagull feeders; 9 People shaking sand off towels 10 Sun-lounger reservers; 11 Couples arguing; 12 BBQs 13 Big tents; 14 Drones; 15 Social media posers; 16 Public displays of affection; 17 Revealing swimwear; 18 People who dig holes and then don't fill them in: 19 Guitarists: 20 People

#### **Cost of living** crisis doesn't hit Fairtrade

BRITISH shoppers still support Fairtrade despite the cost of living crisis, the organisation said as it turns 30 years old.

It launched the first certified products such as Green and Black's chocolate in 1994, helping producers worldwide.

Marking its 30th anniversary today the certification body said UK sales generated £28million for farmers last year.

Its cocoa sale volumes also grew by 6% and tea by 5% last year.

Michael Gidney, chief executive of the Fairtrade Foundation, said: "UK shoppers do not trade down on their values when times are tough."





hunting for new talent to perform at a festival with

The pop star, 33, is working on the competition with Volvic, offering winners a spot at the BST Hyde Park in London. She said: "I love hearing new voices." Go to volvic.co.uk/bst-emergingartists

Kylie Minogue and Robbie Williams on the line-up.

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#### BY VICTORIA JOHNS

CHRIS Evans, the DJ who once took his Radio 1 breakfast show team on a 17-hour bender which ended two hours before they were due on air, is a year off the booze.

And the 58-year-old star says he feels "amazing" as he celebrates 12 months of being sober.

On Monday, he shared a shot of himself and wife Natasha Shishmanian, 44, clutching glasses of water with "Happy" painted on them in bright letters.

Chris, who married Natasha in 2007 and has four children with her, wrote: "Happy Soberversary to us.

"One year alcohol **CHEERS** Evans in pub in 1999 free TODAY. Feels amazing."

He is a changed man from the one who got fired from Virgin Radio in 2001 when he was photographed

Chris. Im a year sober sober wasting to the congrats...

DJ and wife celebrate after giving up booze

drinking in his local when she went for auditions for after phaning the acting roles with people thinking.

after phoning the station to tell his bosses that he was too ill to go on air.

Unfortunately, he got snapped in the pub with his then-wife, pop star Billie Piper, 17 years his junior.

She would later say their marriage changed how she was perceived acting roles, with people thinking: "She was a pop star, then she got p\*\*\*ed for five years with an old man."

Now, more than 20 years on, Chris, who rose to fame on The Big Breakfast and TFI Friday, is happily teetotal and lapping up the congratulations sent to himself and Natasha.

Presenter Fearne Cotton, 42, and comic Alan Carr, 47, were quick to say

emojis. And Strictly Come Dancing professional Kevin Clifton, 41, wrote: "Amazing guys, well done." Countryfile

PROUD DJ

Chris and his wife Natasha

star Julia Bradbury, 43, who is recovering from breast cancer, said: 'It's quite a thing isn't it... to drop the alcohol.

"I am finding people's reactions interesting. Congrats... looks like it's doing you both good!" Chris, now back on

Virgin Radio doing the breakfast show, had a health scare last year when he had surgery to remove a malignant growth from his leg.

He got the allclear in August and celebrated with a 0.0% beer.

mirrornews@ mirror.co.uk X@DailyMirror





FIREWORKS light up the night sky as Cunard's newest cruise-liner sets sail from its spiritual home.

The 3,000-berth Queen Anne arrived in the River Mersey for its official naming ceremony on Monday, greeted by hundreds of spectators on Liverpool's iconic waterfront.

The £600million ship weighs 113.000 tons, has 14 decks and holds 3,000 passengers.

She set off on her maiden round-Britain voyage from Southampton on May 3. A

bottle of champagne was broken on her prow in the traditional naming ceremony.

Liverpool hosted Cunard's HQ until 1967. Queen Anne is the 249th ship to carry the Cunard name and keeps up the tradition of its current liners being named after queens - with Mary 2, Elizabeth and Victoria the others.

> Entertainment for the crowds included tenor Andrea Bocelli, the Royal Liverpool Philharmonic Orchestra and a set from DJ Craig Charles.

#### **GMB** vote for Tata strikes

STEEL workers at a second union have backed industrial action over proposed mass job losses at Tata's Port Talbot plant.

The GMB said its members had voted by 72% in favour of strikes at the South Wales works.

National officer Charlotte Brumpton-Childs said: "These brave workers have said clearly they won't go down quietly."

Unite workers are going to ban overtime and work to rule this month over the closure of blast furnaces.

# Raid-ordeal watch dealer thanged himself in woods' £2.8m victim traumatised, inquest hears

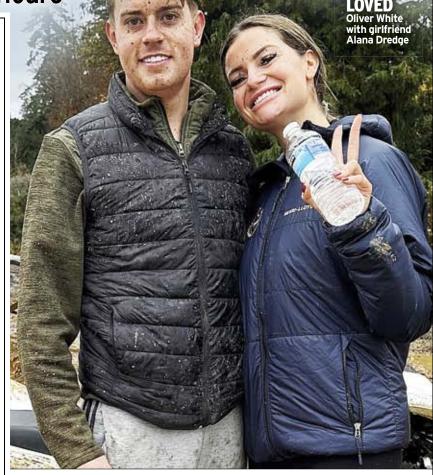


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#### BY **MATTHEW YOUNG**

A WATCH dealer hanged himself in woods the day after being the victim of a £2.8million robbery, an inquest heard.

Oliver White, 27, was working at 247 Kettles on May 25 when two men posing as customers entered the shop. CCTV footage showed one of the

robbers restraining the sales manager in a chokehold while his accomplice took luxury watches in Richmond, South West London.

A post-mortem found Oliver died of suspension, Surrey Coroner's Court heard on Monday.

The brief hearing in Woking heard Oliver, of Shepperton, pronounced dead at 9.59pm on May 26 in a wooded area.

Area coroner Simon Wickens said Oliver, whose job title was given as jewellery shop sales manager, was identified by his stepfather, Mark.

Coroner's officer Adam Stewart said: "He confirms he had known Oliver for 19 years and saw him after he had died at the aforementioned woodland area on May 26.

Oliver's family gave a statement to

Surrey Police last week, saying: "Our son Oliver returned home on Saturday traumatised and unable to speak. He had been the victim of a terrifying attack and high-value robbery, which was later shared widely on social media.

"Sadly, it is our belief that Oliver took his own life due to the anguish and distress of this terrible incident. We are devastated by the loss of our beautiful, funny, loyal boy, who lit up every

room he walked into. Oliver's girlfriend Alana Dredge said: "I've never

felt pain like this." In a statement, the store's owners said Oliver "should never have been alone in

the office" It added: "The suspects targeted our store posing as potential clients across a threeday period, waiting for the

correct time to strike. "Unfortunately on Saturday the attempt succeeded in a violent robbery

which Olli was the victim of." A man and a woman, both in their 30s, have since been arrested.

The woman has been released under investigation while the man has been bailed pending further inquiries.

m.young@mirror.co.uk

X@Matthou//~ . @MatthewYoung7



**HEARING** Nasen Saadi

#### Murder trial date set over beach death

BY BEN MITCHELL

A TRIAL date has been set for a man charged with the murder of one woman and the attempted murder of a second on a seafront.

Nasen Saadi, 20, is charged with the murder of 34-year-old Amie Gray and the attempted murder of Leanne Miles, 38, in Bournemouth on May 24.

That day, police received reports of two people being stabbed at Durley Chine Beach, Dorset.

Saadi, of Croydon, South London, appeared from prison by video link for the hearing at Winchester crown court yesterday.

A trial date of November 25 was set, with a plea and trial preparation hearing on August 23.

Judge Paul Dugdale urged Saadi to engage with the lawyers who will represent him before the trial.



**SCREENING** Mammogram

#### **Breast scans** using AI find more cancer

BY **STEPHEN BEECH** 

THE use of AI in mammograms can save lives by detecting more breast cancers, research has shown.

Radiologists found that compared to screening without AI, the system discovered significantly more breast cancers 0.82% compared to 0.70%.

The team in Denmark found AI also had a lower false-positive rate of 1.63%, against 2.39% without it.

In the AI-screened group, the recall rate fell by 20.5%, and the radiologists reading workload was lowered by 33.4%.

Dr Andreas Lauritzen, of the University of Copenhagen, said: "Populationbased screening with mammography reduces breast cancer mortality.

We believe AI has the potential to improve screening performance."



# HEGHLDREN MING IN HEL



# Images tell story of innocent lives shattered by war

BY **CHRIS HUGHES** Defence and Security Editor

MOVING images of Gaza's children have gone on display to highlight their helplessness after eight months of Israeli bombardment.

Thousands of young people have been injured or killed in the continuing onslaught and many of the survivors are injured or have lost loved ones.

Most are underweight, with as many as 3,500 at risk of starvation due to the war, according to aid workers.

The exhibition, to mark International Day of Innocent Children Victims of Aggression, came as overnight airstrikes killed 11 more people in Gaza including a family of three in the Bureij refugee camp. About 36,000 people have been killed in Israel's reprisals for the brutal October 7 Hamas attacks.

In the occupied West Bank, troops killed two Palestinian militants trying to launch a shooting attack toward Israeli communities. And emergency services worked all night to put out 1,000 acres of fire in northern Israel after Hezbollah fired missiles into communities.

Israeli Prime Minister Benjamin Netanyahu is under pressure to accept a US-led ceasefire proposal, which could ensure the return of scores of hostages taken by Hamas on October 7.

The expanding offensive in the southern Gaza city of Rafah has largely cut off the flow of food, medicine and other supplies to Palestinians.

> c.hughes@mirror.co.uk X@defencechris

#### **OUR DAILY** PUB QUIZ

What does USB stand for?

2Who holds the men's world long jump record at 8m 95cm?

3In which city would you find the Mona Lisa?

Who is the leader of the cartoon ThunderCats?

5 What does IKEA stand for?

**ANSWERS: PAGE 39** 

# Eco-boasts water firm in North Sea sewage stink A million tons dumped in a year





A new book from the Sunday Times bestselling authors of 'Codebreaking Sisters'

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BY JEREMY ARMSTRONG

MORE than a million tons of raw sewage was released from a single pumping station into the North Sea last year by a firm that boasts of its excellent environmental record.

Northumbrian Water gave the estimated release of sewage from its Whitburn site after a Freedom of Information request. A tribunal ruled the company

needed to provide local Steve Lavelle with data.

The water firm said it had "some of the lowest amounts and durations of spills in the country".

It calculated 1.007 million tons of sewage was discharged in 2023 in a part of the Durham coast designated a special area of conservation.

Prof Darren Grocke, a biogeochemist at Durham University, warned an

figures were confirmed. Most of the UK has a combined sewerage system with rainwater and

wastewater in the same pipes. Capacity can sometimes be exceeded during periods of heavy rain.

Northumbrian Water said the figure was a result of the eleventh wettest year on record, with rainfall for the North East 35% higher than in 2022. It added: "We have the best

environmental record of any water company in England, with no serious

pollution incidents throughout the whole of 2023, or any since 2021.

"Over the past two decades we have made huge investments to improve bathing waters.

'The result of our programme means that 32 of our 34 bathing waters in the North East are rated as excellent or good in the latest Defra classifications.

NORTHUMBRIAN WATER BRAGS ABOUT ITS RECORD "The beaches at "environmental and ecological Whitburn and Roker have achieved assessment is urgently needed" if the excellent status every year since the guidelines were introduced."

> jeremy.armstrong@mirror.co.uk X@ieremvatmirror



We have

made huge

to improve

our bathing

waters

investments



#### **Banned Star Wars action** toy Fettches £410k bounty

BY **DEAN MURRAY** 

A STAR Wars figure has become the world's most valuable vintage toy.

The 3in rocket-firing Boba Fett - one of only two surviving from a range which was pulled from the production line – sold for £410,000 on Friday.

Action figures of the intergalactic bounty hunter were advertised in 1979 but shelved over concerns that the missiles were a chocking hazard.

The previous record for a Star Wars figure was £185,000 for another Boba Fett in June 2022, while the previous priciest toy was a diamond-wearing Barbie, sold for £236,000 in 2010.

#### **MYTHIC**

Joe Maddalena, from Heritage Auctions in Dallas, Texas, said: "The rocket-firing Boba Fett action figure became such a mythic icon that people worldwide know about it.

'We knew this one had a chance to enter the record books and it was thrilling to see it become the most valuable toy in the world."

The rocket-firing Boba Fett was salvaged from the HO of manufacturer Kenner in Cincinnati. Ohio, and ended up in the hands of renowned collector Justin Kerns.

#### Too busy for lunch? Give me a break

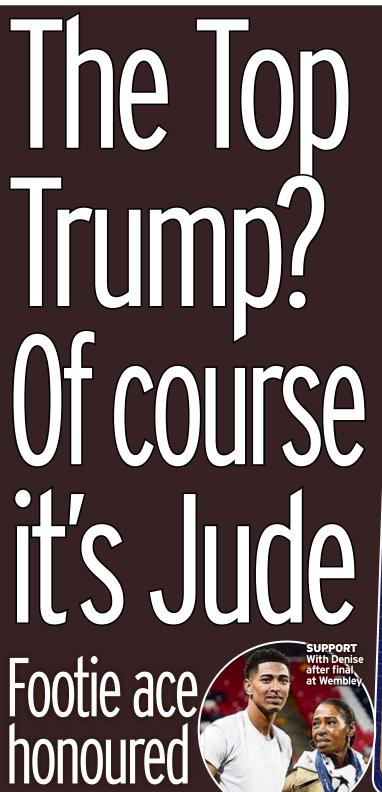
SIX out of 10 workers skip their lunch break with being too busy the No1 reason, a poll has revealed.

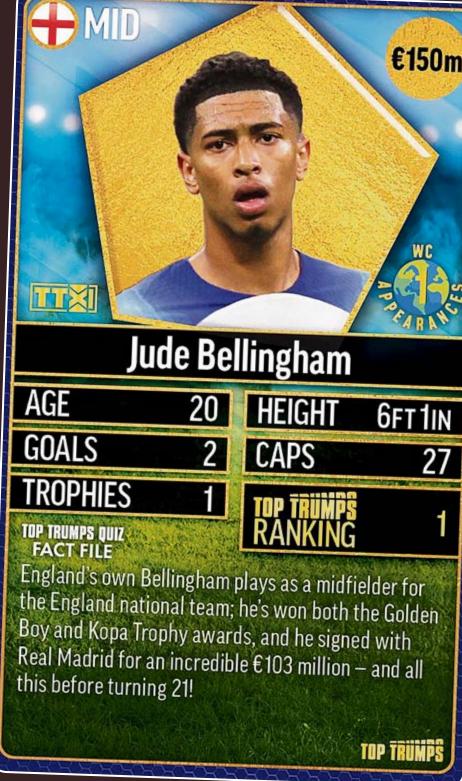
The research found 46% of workers lunch at their work station most days, while 82% dine al-desko at least once a week.

Of those who do take a lunch break, 32 minutes is the average time spent away from the desk.

The Lipton Ice Tea survey found 56% of those polled are encouraged by bosses to have a break.

Phil Thomson, of Lipton, said: "It can lead you to getting much more done."





BY PAUL BYRNE

JUDE Bellingham has trumped his rivals by being named the most valuable footballer in the world.

The England ace, 20, who won the Spanish league and European Cup with Real Madrid, can add the Top Trumps No1 rating to his list of accolades.

A total of 200 players feature in the hit card game's new World Football Stars range, which is being released in stages over the coming months.

The cards have a list of numerical data - which players must try to "trump" to win their opponent's card. And Bellingham, who will fly out with

the England squad to Germany for Euro 2024 next week, is valued at €150million (£128million) by the game's creators.

A Top Trumps spokesman said: "Jude Bellingham ranks number one primarily due to his market worth, his exceptional talent and potential.

"At just 20 years old and at the start of his career, his remarkable performances on the field and leadership qualities already set him apart and above most players.

"His ability to dominate the midfield and his consistency in top-tier competitions make him an inspiration."

Bellingham, rested for England's final warm-up game this Friday, is a

favourite to win this year's Ballon d'Or. presented to the world's best player.

The midfielder, from Stourbridge, West Midlands, joined Madrid in an £88million transfer from Borussia Dortmund last year.

He scored 22 goals as Real won the Spanish title and was named La Liga's player of the season.

And he shone as Madrid beat Dortmund 2-0 in the Champions League final on Saturday. Mum

CHEER WE GO Jude and **England skipper Harry Kane** 

66% of fans plan Euro 2024 home fixtures

Denise, dad Mark and brother Jobe, 18, who plays for Sunderland, joined him on the pitch at Wembley afterwards.

Argentinian star Lionel Messi, 36, who has won the Ballon d'Or eight times, has a Top Trumps value of

€35m (£30m), placing him at number five in rankings.

Female players in the range include England Lioness Keira Walsh.

The top female player is Poland's Ewa Pajor, who ranks 32nd in the world.

> paul.byrne@mirror.co.uk X@PaulBvrneMirror



#### BY **NATASHA WYNARCZYK** Consumer Editor

TWO-thirds of football fans are set to watch the Euros at home rather than pubs this year as the cost-of-living crisis continues.

Research found 66% plan to

watch the tournament, which kicks off in Munich on Friday, June 14, from their sofa.

Young people were as likely to skip the pub as older ones with 80% of under-25s planning to stay in or go to a pal's house. And 84% planned to stock up on food and drink, with beer, crisps and pizza topping the list.

The Pizza Company, which ran the poll, said plans were "driven by the high costs of going out". A separate poll by Harrod

Sport also found 29% plan to reduce their spending at the pub.

But Kate Nicholls, of UKHospitality, predicted: "The Euros will be a huge event for pubs and hospitality venues across the country."





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# never change my spots **ROAR TALENT** Ira Bowman lounges in leopard-skin bedroom

#### Ira, 76, addicted to leopard skin

BY **DAN WARBURTON** 

GLAM gran Ira Bowman is so wild about leopard skin that she's filled her home with it and even brews her daily cuppa in a spotty teapot.

The 76-year-old is the proud owner of leopard-skin vases, leopard-skin lampshades and rugs and at night she snuggles down under her favourite leopard-skin duvet cover.

She is so obsessed with the design that she even plans to be buried in it.

Her love of leopard skin has rubbed off on family, who say they are never at a loss as to what to get Ira, from King's Lynn, Norfolk, when it comes to Christmas and birthdays.

Her collection started in **SPOT OF TEA?** 

Her leopard-print teapot and mug

the 1960s when Ira bought a scarf in the distinctive pattern on a shopping trip to London's Oxford Street while she was training to be a hairdresser.

She said:  $\overline{}$  It was 1964 or 1965. It was just instinct. Then I got a leopard-skin coat. Then it went on to clothes, shoes, handbags - just about everything.

"I bought another coat for £40 on the high street the other day. I'm not OCD or whatever you call it, that's just how it is. I just love leopard skin, it's how I've been all my life. I just think it's classy."

Granddaughter Betsy Stainsby, 23, posted a video tour of her nan's bungalow online and it got more than 160,000 views. Betsy, who has inherited Ira's love of leopard skin, said: "Every time I wear leopard print, it's an ode to Nan." dan.warburton@mirror.co.uk

X@DailyMirrorDan



#### **Paedophiles** face surgical castration in Louisiana, US

BY **CHRISTOPHER BUCKTIN** US Editor

PAEDOPHILES could be surgically castrated in the US state of Louisiana.

State Governor Jeff Landry is set to sign a bill into law after fellow Republicans voted to approve the punishment.

The procedure would be carried out after a conviction of certain aggravated sex crimes including rape, incest and molestation - against a child aged under 13.

It would be the first time surgical castration has been used as a punishment in the US.

#### **DETERRENT**

A handful of states allow chemical castration which uses medication to block testosterone and decrease sex drive. Surgical castration is a far more invasive procedure.

Democrat Regina Barrow, the state senator who authored the legislation, said she hopes it will act a deterrent.

She added: "We are talking about babies being violated by somebody. That is inexcusable"

There are 2,224 people in jail in Louisiana for sex crimes against under 13s.

#### We're taken for fuels on forecourts

FUEL prices are falling but the RAC says drivers are still getting a raw deal.

Retailers do not pass on wholesale discounts, it says. An average litre of unleaded dropped 2.4p last month, 150.31p to 147.88p.

Diesel fell from 158.06p to 153.58p on average.

But RAC data shows retailers are taking higher margins on both fuel types.

It shows petrol profits at 13p per litre and diesel at 16p, though margins for both are usually 8p.

Rod Dennis of the RAC said: "When it comes to much-needed pump price cuts, it's sadly a case of too little, too leisurely.

"Most drivers are still getting a miserable deal."

**GUEST** Comic Harry on Dish podcast

#### **EXCLUSIVE** BY SANJEETA BAINS



very parent knows the guilt that comes with being Mum or Dad. Missing a school play because of work, not being there every single night to make their dinner or tuck them in.

Celebrities are no exception, as comedian and TV presenter Harry Hill admits. But seeing as he is about to embark on a long tour, thankfully he does not suffer the same amount of guilt as he used to.

In fact, these days the 59-year-old is secretly happy to escape evenings with his wife – and her obsession with TV shows Long Lost Family and Say Yes to the Dress.

Harry says of the tour: "It's a lap of honour. I may never do it again – 77 dates, it may kill me.

'[But] I thought, 'Ŵell, I'll do it,

have another go.

"I never used to like the travelling. But I think since the kids... when I used to do [tours], the kids were small and it was always that slight guilt thing, leaving at 11 in the morning, not being there for when they got back, all that sort of thing.

"Now they're older, that's sort of gone. It's just my wife sitting at home, watching Long Lost Family and Say Yes to the Dress. Night after night."

ot that Harry is abandoning them of course, but it seems artist wife Magda and grownup kids Kitty Clover, Winifred Millicent and Frederica Aster are not exactly going to be breaking down doors to see his new show.

"They have no interest," he says. "That's the great thing about a family. They don't have any interest in your

work. I wouldn't want one of those families that say, 'Where is it tonight, Dad? What time are we leaving?' Because it adds to the pressure if they're there. And it's another overhead.

"Well, if I did Glastonbury they would come.

But they wouldn't be watching me. They would be in the other field. You can be sure of that."

It's not like the family are going to be missing his cooking either.

'When they sometimes say, 'It'd be nice if you cook occasionally', I point to [when] I made spaghetti bolognese, and they accused it of being too meat-heavy. That damaged my confidence in the kitchen."

He talks about his tour, which will mix old and new material, on the Dish from Waitrose podcast with Nick Grimshaw and chef Angela Hartnett.

Harry also reminisces about his love of the show he is most famous

I made spaghetti bolognese & they said it was meat-heavy. That damaged my confidence

HARRY HILL ON HIS FAMILY'S CRITICISMS OF HIS COOKING

for, TV Burp. "It was great. I used to love watching it, actually," he says.

Not that everyone was always happy to be the butt of Harry's jokes, as he usually discovered much later when he finally emerged from his TV Burp bubble.

The longest we ever did was 23 weeks. So I'd be locked in, you know, watching – literally, I mean, people think it's an exaggeration, but I would watch TV from nine in the morning to 10 at night.

"We'd record the show, and then when the series had finished, I'd sort of emerge and... I mean, I knew it was popular, but I had no idea what the people had been taking the mickey out of.

"And so it would always be that awful thing when you go along to one of those award ceremonies and you'd see these people and you'd think, oh, I've been really rude about you, Phil Mitchell', or whatever it was.

Of the gags that apparently did not go down well with some people, one particular thing sticks in his mind when he joked that viewers should

switch off Jamie Oliver's new show. "Jamie's Ministry of Food," he recalls. "Where he was trying to teach the public how to cook.

"The whole thing was, if that person teaches one person how to make spaghetti bolognese, and those two people teach two people and

then it goes down... you end up with 64,000 people all cooking spaghetti bolognese. Simultaneously. Yeah, national mince shortage.

"And I did this thing... 'if one person tells another person not to watch Jamie's

Ministry of Food and two of them tell two other people...

There was quite a lot of that... really, we were quite rude."

Not everyone would get upset. "Some took it like a badge of honour," he says. "Shows started putting in stuff they thought we would use.

"EastEnders mentioned me. I remember Barbara Windsor, Peggy, she goes, 'That's like something Harry Hill would say'. So we deliberately didn't use it."

Harry's New Bits & Greatest Hits tour runs from February to September 2025. Tickets are on sale. ■Dish from Waitrose is available from today on all podcast providers.

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DARING TRIBUTE Pip Nix

#### Pip's skydive after dad and grandfather's plane horror

BY IZZY HAWKSWORTH

A WOMAN whose dad and grandfather died in a plane crash has overcome her fear of flying to do a skydive in their memory.

Pip Nix's father Gerry Davitt, 42, and her grandad Larry Davitt, 67, were among four killed in the 1999 light aircraft crash.

She jumped 17,000ft out of a plane on Saturday

despite being a bad flyer.
Gerry and Larry lost
their lives along with Paul Blackburn and Kenneth Moore when they crashed in a field in Hemingbrough, North Yorks.

#### **INVALUABLE**

Married mum Pip, 35, of Hambleton, North Yorks, remembered her grandad for his Irish accent and her dad as a practical joker.

Pip, who was 10 when they died, said: "My dad and grandad would be proud - I felt my dad was on the plane because of all the bumps and wobbles. It was like he was giving the plane a nudge for a laugh."

Pip was raising money for Cruse Bereavement Support, which helped her.

The youth mental health worker said: "They gave us counselling as a family and as individuals. Invaluable."

#### Banking help from the new 'super-ATMs'

A MACHINE that allows cash deposits into multiple banks is being trialled.

The "super-ATM" is intended to help cashreliant people who struggle to access banking services.

It could also help small business owners, who often have to travel miles to deposit a day's takings due to branch closures.

The first super-ATM is in Atherstone, Warks, and more will follow, Cash Access UK said. The Federation of Small Businesses praised the idea.

The machines will allow free cash deposits to Bank of Scotland, Barclays, Halifax, Lloyds, NatWest, Royal Bank of Scotland and Ulster Bank accounts.

# NEXT GEN WEIGHT LOSS JAB ON NHS



BY MARTIN BAGOT Health Editor

#### A NEW more powerful appetitesuppressing jab has been approved for weight loss on the NHS.

In trials Mounjaro helped obese people lose a fifth of their weight and the weekly injection is being offered on the NHS to people dangerously obese.

However, the jab comes with side effects such as nausea and causes a loss of muscle mass, while experts suspect it will be subject to NHS rationing.

Prof Sir Stephen O'Rahilly, obesity expert at Cambridge University, said: 'We are clearly in a new era of obesity management where, for the first time, we can have access to medicines which are effective and, though not without some side effects, largely safe.

"The genie is out of the bottle. Safe and effective drug treatment for obesity is not going to go away." The two top-

selling appetite-suppressing drugs, Wegovy and Ozempic, are the same drug semaglutide but sold at different doses.

NHS for Type 2 diabetes but people are

buying it privately for obesity.

Trials showed its stronger dose form, Wegovy, could help users lose 15% of their weight in 68 weeks.

after celebrities including Sharon Johnson boasted about trying them. They slow digestion and reduce

glucagon-like peptide-1 (GLP-1).

also targets a hormone called GIP to boost its effect on appetite suppression. Trials showed it could help obese

people lose 21% of their body weight in

Semaglutide is only approved on the

The drugs have become popular Osbourne, Elon Musk and ex-PM Boris

appetite by mimicking a key hormone which regulates hunger called Mounjaro, which is made by Eli Lilly,

72 weeks. It had previously only been approved by the National Institute for Health

and Care Excellence for some people with Type 2 diabetes. It received a draft recommendation

on the NHS for patients with a body mass index of 35 with at least one obesity-related condition.

A four-week supply of pre-filled pen injections of Mounjaro ranges from £92 to £122 for the highest dose.

Prof O'Rahilly said: "In the longer term, these drugs significantly reduce the risks of developing distressing and expensive complications such as Type 2 diabetes, heart attacks and kidney failure, but their cost provides an immediate financial challenge at a

**NEW ERA** Prof Sir Stephen O'Rahilly

time when NHS budgets are tight. I am aware of health authorities that are decommissioning the only local obesity services permitted to prescribe these agents, largely due to the concerns about the immediate expense.

We must continue to work on making our environment less promoting of obesity but that will take political will and time."

And he added: "Even if we do so, there will still be people who develop obesity because they have a very strong inherent predisposition."

Many experts believe patients on GĽP-Í drugs should stay on them for life as without complete lifestyle changes they are liable to put weight back on if they stop them.

martin.bagot@ mirror.co.uk **M**@MartinBagot

#### Injections could be weapon in cancer fight, say experts

#### BY HANNA GEISSLER

WEIGHT-loss jabs have enormous potential as a new weapon in the fight against cancer, experts sav.

They are proven to reverse diabetes

and cut risk of heart attacks and stroke. Now, research presented at the world's largest oncology conference raises hopes they can slash the risk of tumours.

One study of 34,000 patients suggests they cut the risk of cancer over 15 years

by a fifth. Dr Mitchell Lazar, from Penn Medicine in Philadelphia, said: "Obesity is a risk factor for nearly all cancers. The revolution in the treatment of obesity has enormous potential to prevent new cancers and reduce the severity and growth rate of existing tumours.

Appetite-suppressing jabs like Wegovy belong to a class of medicines called GLP-1 receptor agonists. They mimic the action of a gut hormone released after

meals that makes you feel full. More than and proven health benefits to these 40,000 experts were in Chicago for the American Society of Clinical Oncology annual meeting this week.

Another study found the jabs might cut relapse risk and improve long-term survival for breast cancer.

Dr. Julie Gralow, ASCO's chief medical officer, said: "There are so many potential drugs that it would be icing on the cake if we saw they were also reducing cancers."

could reduce cancer risk

Prof Charles Swanton, Cancer Research UK's chief clinician, said more research was needed, adding: "It's early davs in our understanding of the drugs and whether they can reduce people's risk of cancer.'

GYPSY ROSE MOVES ON AFTER JAIL

ER MUM

#### EXCLUSIVE BY FRAN BOWDEN

t the centre of the flashbulbs and TV cameras is one of the world's most famous felons, Gypsy Rose Blanchard... and she has been transformed.

She gained notoriety after helping boyfriend Nicholas Godejohn murder her mum, Dee Dee Blanchard, after years of horrific abuse.

Freed on parole on December 28, eight years into a 10-year term, she appeared in a TV series filmed in jail with pale skin and long brown hair and was self-conscious about her weight. But that was five months ago.

The Gypsy we see today – preparing for the release of series Gypsy Rose: Life After Lock Up - has a tan, a newly straightened nose, shoulder-length blonde hair, a chic wardrobe, a new tattoo and a slimmer physique.

She has met Kim Kardashian to highlight what prisoners go through and has more than 14 million social media followers, with

fans claiming to be "tipsy for Gypsy".

Since leaving jail, Gypsy has achieved cult status on TikTok for her prison make-up hacks and recipes such as making a jail-style energy drink with just four ingredients.

She claims she wants to use her profile as a force for good and to help people trapped in situations like the one she was in. And once you hear about her childhood, it is understandable why Gypsy is full of contradictions.

One minute she is enchantingly childlike, telling the Mirror how much she loves the Royal Family and revealing her favourite: "It's Princess Kate. She's so classy. A sweetheart."

The next, she is deeply reflective. She takes a moment to think before talking about Dee Dee, who had Munchausen's syndrome by proxy. It is a mental illness where a

parent makes up symptoms or causes real ones to make it look like their child is sick.

ee Dee put her daughter through 30 surgeries, including the removal of her saliva glands and insertion of a feeding tube. She also made her pose as a wheelchair-

bound patient suffering with muscular dystrophy to use wheelchair as girl and leukaemia.

"I now feel more sympathy towards my mother," Gypsy says. But she adds: "I regret the fact I made the decision to end her life as a way out." And while she seems to lap up the attention, she recently told US TV: "Fame is not what I'm looking for."

Gypsy, 32, thought she had found what she wanted when she married her prison pen pal, teacher Ryan Scott Anderson, 37, in Missouri's



HER NEW CAREER Gypsy provides tips to her 14 million social media followers I feel sympathy towards her I regret I made the decision to end her life as a way out

**GYPSY ROSE BLANCHARD** ON THE DEATH OF HER MOTHER

Can you make videos

& other hacks

doing prison makeup

Chillicothe Correctional Centre in 2022. But in March, Gypsy, who lives with dad Rod Blanchard and stepmum Kristy in Louisiana, said they had separated.

Days later she was spotted with her ex-fiance Ken Urker - another prison pen pal, who she got engaged to in 2018, before they parted in 2019.

The couple are now back together again. Gypsy's yo-yoing emotions are easy to understand when the dysfunction of her childhood is taken into consideration.

Her mother's madness and cruelty was so extreme that Gypsy thought she could only escape her clutches if she killed her.

HER ACCOMPLICE

On June 9, 2015, high on painkillers, Gypsy hid in the bathroom as the boyfriend

she had met on the internet, Nicholas Godejohn, stabbed Dee Dee 17 times with a knife she had stolen from Walmart. As to escape with a

well as abusing her birth certificate, ma and conned locals adapted home in S pretended to have

Gypsy says Dee 1 her dad, who left v

he adds: "A and daugh special and my whole mined to make up she has gets on we In contrast, her

who Gypsy conf shot with a BB gun hex on her to stop h

She was also ch for two weeks afte

#### ND ABUSE BY MUM

# us felon who's w life on TikTok

TV series on daughter of Munchausen's victim



Dee Dee altered Gypsy's aking her 15 instead of 19, into providing a specially pringfield, Missouri, and cancer.

Dee kept her from seeing hen she was a baby.

A bond between father ter is something really l I was robbed of that ife." But she is deterfor lost time and says ll with Kristy natural mother

esses she once – put a voodoo er finding love. ained to a bed r she managed boy she met online. Gypsy's next ill-fated online relationship was with Godejohn, who took her virginity in a cinema toilet after he pretended to be a friendly stranger who had "bumped into" Gypsy and Dee Dee, 48.

When asked about Godejohn,who is now serving life without parole for first-degree murder, she says: "I hope he does his time in

a constructive manner and finds purpose."



adding: "I am a murderer. But it doesn't define who I am." Wanting her story to be a cautionary tale, Gypsy said there is no excuse for murder and hopes to use her profile to help victims of Munchaussen's.

She is also is keen for people to know her mum was not a monster but had a mental illness, adding: "I hope she would be proud

of the woman I have built myself up to be." But fame has brought her death threats

and abuse from trolls on social media.

Speaking on US TV, she said: "In their mind, a perfect victim would have died.

"And so now that I survived and the perpetrator of the abuse is the one that died, then I'm getting the hate."

■Gypsy Rose: Life After Lock Up will premiere on Crime+Investigation and Crime+Investigation PLAY from Monday, June 10, at 9pm.

features@mirror.co.uk

X@DailyMirror





### A no Scho zone

showbiz wilderness.

Which might explain why he was spotted out and about with his old pal Declan Donnelly last month, laughing and joking following a leisurely dinner.

Could it be that Phil really is thinking of going into the jungle this year, as has been speculated?

After all, he did say in 2022 – before the scandal over his affair with a runner on This Morning broke - I'm a Celebrity was the "only" show he would ever consider taking part in. And Dec is one of

SO Philip Schofield might try for a the hosts. Well, don't hold your breath. TV comeback after a year in the One source tells us: "Is Phil going to be One source tells us: "Is Phil going to be in the jungle this year? No, absolutely not. I'm a Celebrity is a big ITV show and who knows what he'd say? It would be way too risky in case he used it as an opportunity to air his grievances.

Ît's a good point. Schofield left ITV under a huge cloud in 2023 following his 'unwise but not illegal" fling with a younger member of his team, which he then attempted to cover up.

Looks like he's spared from munching kangaroo penis for this year, at least. Wonder if he's any good at dancing?



#### Nazanin's story is told in BBC drama

The full story of Nazanin Zaghari-Ratcliffe's imprisonment in Iran is to be told in a four-part drama series based on her forthcoming book, A Yard of Sky.

The British-Iranian citizen was detained for six years while her daughter grew up without her and husband Richard Ratcliffe campaigned tirelessly for her return.

The drama, for BBC1, will be made by Dancing Ledge Productions, who were behind The Salisbury Poisonings. It will cover from the day of Nazanin's arrest at Tehran airport to her return to the UK.

A BBC spokesperson said: "Their journey is one of despair, courage and hope.

#### Rom's King Pong

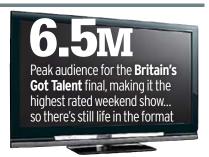
ROMESH Ranganathan had a surprising encounter with a gassy mountain gorilla on his latest BBC show.

As part of his trip to Rwanda, he tracked the endangered

species through the forest. And in hilarious scenes, a female gorilla gives him a rather flatulent welcome.

Romesh laughs: "I suspected one of [the production team] initially." You can see

and, er, hear it on The Misadventures of Romesh Ranganathan tonight





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dearcoleen@mirror.co.uk

# Dear Coleen

I'm a 38-year-old woman, married with two young children. While my marriage is OK in that it's stable and we love and care about each other, and adore our kids, there's no excitement or passion.

I'm not blaming my husband. We got together when I was 31 and still pretty fresh from an on/off relationship with the love of my life, who provided lots of excitement and passion, but was totally unreliable.

So, I kind of settled for my husband, who's steady and reliable, and nothing like my ex, and we married quite quickly.

My biological clock was ticking and I felt this was my chance to have a grown-up relationship and a family with someone I could count on.

All my friends were happy in relationships and I suppose I panicked that I was going to miss the boat.

Don't get me wrong, I did love my husband when I married him and still do but, seven years down the line, I'm just not sure it's enough.

Everything feels mundane and I can't help thinking what my life would be like if I was still with my ex or with someone else. I feel very guilty about it.

# Coleen says

Well, if you were still with your ex, you'd probably be stressed to your eyeballs, living in limbo, feeling insecure and paranoid



I think what

life would be

like if I was

still with ex

with low self-esteem, and create excitement, passion and without your two adorable kids. So, forget about him.

You figured out he wasn't good for you and that you didn't want to have a family with him. End of story.

Don't mistake drama and

unreliability for excitement and passion; they're not the same. I think in some relationships we can become addicted to the drama and it becomes the norm.

We get used to it and might kids are in the mix. even be attracted to it because it's familiar, but it shouldn't be normal and it's a very stressful wav to live.

Éven the best relationships and marriages require effort to romance. But, I bet there was a time when all your husband had to do was look at you and you'd feel excited.

If you love him, then why not put all your energy into reviving the romantic side of things and

see where it leads you? He could well be feeling the same and be totally on board with shaking things up. It's easy to forget you're a couple when you've been together a while and

Talk to him about what you'd like from the relationship and, if you try these things and still feel the same, then you can at least be confident you gave it your best shot.

Small everyday habits can really change how you feel about your life. Try this. Think about what you connect with on social media, what you read or watch on the television, how you treat your body and your mind. If it doesn't bring something positive, replace it.

🥽 🗜 Tell Coleen Nolan about them and she'll give you an honest answer... every weekday in the Daily Mirror

**EMAIL:** dearcoleen@mirror.co.uk - sorry, but Coleen can't reply personally WRITE TO: Coleen Nolan, The Daily Mirror, One Canada Square, London E14 5AP



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# DRVOICE AMANDA FVANS

# **PET** OF THE WEEK

This beauty is Lexi, or Lexi Boo Boo, as our children call her. We got her just after Christmas and she has been a bundle of joy to add to our rabble of four children and a messy husband. She's eight months old and I really could have done without the added mess but we wouldn't be without her!

Carolann Ismay, Harrogate, North Yorks



■ Would you like to show off a picture of your adorable pet? Send us a photo and tell us a little bit about them and what makes them so lovable. Either email or write, including a photo, to the address below. Sorry but we are unable to return any pictures.

# THE **BIG** OUES



Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

Adult film actress Stormy Daniels has attacked Donald Trump's ability to still run for president, despite being found guilty on 34 charges, calling it a "disgraceful loophole".

# Do you agree with Stormy Daniels?

YES 63%

No. Trump will be the

majority of millions of

American supporters.

People excusing

Trump's behaviour are

not to be trusted.

believed, or liked.

**GHOSTWRITER** 

FRANCOPRAIRIE

choice of president by a

Yes. You have to admire her as she has, or her own, taken on a powerful institution and won. She is nearly bankrupt and does not apologise for who and what she is, but she does know the difference between right

and wrong! IKNOWBETTER

No. Her comments are going to get her in some big trouble. Trump has some powerful people behind him. YID02021

No. She calculates she can make lots more money from his political enemies to do him down. It's that simple. DAVIDBROWNENTERPRISE

Yes. Justice finally caught up to Trump and it's not finished yet.

PAUL1100

# Deadly corridors of Tories' power

■ Treating patients in hospital corridors is something you'd expect to see in a Third World country not Britain in 2024.

This is a direct result of Tory austerity from 2010. Many years ago, they promised thousands more doctors and nurses but we're

They are trying to run down the NHS and are demoralising the present staff. No political party should be allowed to make promises they don't keep.
Tony Howard, Salford

■ If ever proof was needed of the blatant attempts by the Tory party to devastate and run down our NHS over the last 14 years in order to appease their private health backers, then this is it.

The treatment of patients being forced to wait in overcrowded corridors and store rooms not even getting a proper bed on the wards is scandalous. In no way can doctors, nurses and medical staff be blamed. The guilt falls in the lap of a Tory regime aiming to destroy our NHS in favour of private US-style insurance schemes.

Neil Atherton, St Helens Merseyside

> ■I remember being told many years ago that if you had no health insurance in America you would be taken to charity hospitals to die in the corridor.

This is now happening on a regular basis in Scottish hospitals where our A&E departments cannot cope. This situation has developed over the last 16 years as various SNP plans

# The Royal College of Nursing's acting

General Secretary Nicola Ranger has declared a 'national emergency' telling of patients dying in hospital corridors. The RCN is also demanding mandatory NHS reporting of people being cared for in corridors, to expose the extent of hospital overcrowding. The call comes after figures from 48 NHS Trusts in England show a third had elderly patients who had been waiting at least two days for a ward bed. You say...

have completely failed to address the problem.

Dennis Forbes Grattan, Aberdeen

■ Rishi Sunak's priority was to cut hospital waiting lists. It's not going to happen because the Tories won't sit down and sort it out. More junior doctors strikes are due.

Meanwhile Sunak wants to drag 18-year-olds away from going to university to do National Service another no-no. And we still have people who are sitting on the fence wondering who to vote for.

Alan Robinson, Liverpool

■People being left to die in hospital corridors is like something from a horror movie. While Tory fat cats have reaped the rewards of bleeding this country dry, ordinary

folk have been abandoned. The Tories couldn't care less about us. Paul Wallis, Portsmouth

■ Last year almost 100,000 elderly patients endured corridor waits of more than 12 hours – a 25-fold rise since 2019. How can the Tories believe they are the right party to lead when they have catastrophically eroded the NHS and caused needless deaths?

Michael Travers, Middlesbrough

■ Patients treated in corridors is not something this government can be proud of. They should hang their heads in shame. I hope the public do the right thing and vote this heinous party out. We need the NHS back on its feet.

Geraint Wallis, Bristol

# Stormy is a real warrior

I have to say how much I admire Stormy Daniels for her courage and resilience appearing in court to give testimony in the Trump trial.

She has, inevitably, become the target of trolls and received countless threats from the ex-president's supporters. Stormy doesn't deserve the barrage of abuse that has been directed at her or her family.

She has such strength of character and it does her credit, not allowing the level of vitriol to get to her.

She is truly a warrior who won't be defeated by the rant of a vacuous mob. Michael Smith Chatham, Kent

# Treasured memories

Every Monday we print your treasured family photos in our popular Your Memories section. So, if you have an old picture you'd like to share with us please email or write to Your Memories at yourvoice@ mirror.co.uk or Daily Mirror, One Canada Square, London, E14 5AP and include the photo and some information about who's in it and when and where it was taken. Please don't send originals as we can't return them.

# Farewell to Farage?

■ Nigel Farage, who has failed seven times to become an MP only deals with two subjects, immigration and Brexit - both disasters which are costing billions of pounds.

Extremism, left or right does not sit easily with voters here. However, three benefits could emerge.

If he loses in Clacton, he might disappear to Trumpland for good. The Tory party will be decimated. Millions of voters who will not be represented by our first past the post system will once again call for proportional representation. John Sedgwick, Tamworth

# Tweet of the day

### Comedian Johnny Vegas pays tribute to rugby league legend Rob Burrow

@JohnnyVegasReal - A most sincere and heartfelt farewell to a true @ SuperLeague legend and hero to so many folk outside of the game, RIP @ Rob7Burrow Thank you for the example you set right to the very end. Warmest regards to your family and closest friends. League will never forget you x.

■ When did manners become illegal in this country? I was in the supermarket the other day and let someone go in front of me at the till as they only had one item and they iust arunted. No word of thanks. Common courtesy just doesn't seem to exist anymore.
Nigel Burrows, Exeter

# Pub quiz answers

How many of our daily pub quiz brainteasers did you manage to get right?

- 1. Universal Serial Bus 2. Mike Powell
- 3. Paris
- 4. Lion-O
- 5. Ingvar Kamprad Elmtaryd Agunnaryd

To have your say, go to myrror.co.uk

**email** yourvoice@mirror.co.uk **f** facebook.com/dailymirror

X@dailymirror

text us at DMMAILBOX followed by your comments to 61011 Texts cost 25p + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 3000 write Daily Mirror, One Canada Square, London E14 5AP

# DUR MONE



# RESEARCH SHOWS THE COST-OF-LIVING CRISIS HAS MADE US OPEN UP ABOUT MONEY WITH FRIENDS AND FAMILY, AND IT CAN ALSO HELP YOU STAY SAFE FROM SCAMS

THE cost-of-living squeeze has made people more willing to open up to friends and loved ones about on social media. More than eight in 10 people think the salary should be clearly stated on job adverts, according to a date of those quizzed said it helped them to take control of their budget and be realistic about their finances.

In fact, it's hugely important to be open and honest about money with loved ones to improve our collective money matters.

We are far better at talking about our finances now compared to back in 2019, according to a Virgin Money survey. It can be a tricky topic, but more than half of those polled said they feel comfortable discussing money with their friends.

Understandably, with living costs putting a strain on all budgets, household bills and the cost of everyday essentials are the topics people are most open to discussing.

The research found for those who do feel comfortable talking to friends about finances, the main reason was because cost-of-living pressures have simply made it an unavoidable topic.

Wages were the third most popular topic up for discussion, with nearly a third of people saying they are open to chatting about their pay.

Saying that, just one in six would openly share or post about their salary

to the survey of 1,000 people by OnePoll in March.

It also found the Gen-Z generation those born between 1996 and 2010 - feels the most comfortable talking

# **Embarrassed**

Nearly 70% of 18 to 24-year-olds are happy to discuss money issues with

And being more open about money can have its advantages.

Some people think being able to talk freely about it helps them say no to social situations without feeling embarrassed or pressured to attend.

This attitude has been encouraged

by the "loud budgeting" social media trend, where people are vocal about their financial priorities.

Talking openly and sharing financial problems and frustrations can also make you feel less anxious, and a third

Being at ease discussing money matters can also help you stay ahead of scams.

One benefit of

the situation is

there is now

much more of

a common

ground

text, cold call or email you've received could help to prevent a friend or family member from falling for a similar scam.

Graeme Sands, head of personal banking at Virgin Money, says: "The subject of personal finance has leapt up the news agenda in the last five years, and it's positive to see that with a

backdrop of cost-of-living pressures, are embarrassed about their finances most people now feel more and 42% say they have been told that comfortable discussing their finances with friends.

"We need to continue to challenge the notion that money is a taboo subject or that it's rude or bad manners to discuss money in your social circles. and honest about money with loved ones to improve our collective relationship with money."

And while it appears the majority of us do feel comfortable talking about it, For instance, chatting about a dodgy and it's getting better, nearly a fifth

admit they feel uncomfortable doing so.

The research also indicates women feel less happy opening up about wages, bills and money worries, with 49% of them feeling comfortable, compared to 64% of men.

For those who aren't comfortable with the topic, 43% say it's because they

it's a taboo subject or bad manners to discuss money with friends.

Alina Jaffer, a money expert at Virgin Money, has some tips on how to build confidence talking about money - and explains why it's so important:

# 1 Keep the conversation positive and free of any judgment

Alina says: "The cost-of-living crisis has impacted almost everyone in

"But one benefit of that situation is that there is now much more of a common ground when it comes to talking about money, and people have got better at opening up about their finances as a result.

"So instead of focusing on the negatives, try to start by discussing some of the positives.

"For example, what you're currently saving for and why, what you're looking forward to spending some money on after payday and what the best thing you bought last month was.

"These things can be as big or as small as you like.

"But it's good to remind yourself what you're working towards and helps to have a valuable, judgment-free conversation around monev.



# Set financial boundaries

"It's important to feel as comfortable as possible when you are talking about money," says Alina.

'So it's sensible to set some boundaries around which areas you are and equally aren't willing to discuss ahead

of starting the conversation - for example, you might be happy to chat about your bills but don't want to open up about your salary.

"Setting boundaries in advance keeps the conversation focused on 'safe' topics and helps to avoid any awkward situations for you or your friends, making for a more positive experience for everyone involved."

# 3Don't feel pressured to keep up with the Joneses

Alina says: "It can be difficult to avoid comparing yourself to your friends and family, and even to influencers on social

Comparing yourself to others can leave vou feeling

demotivated

latforms who seem to be living their best lives, but it can also be dangerous to

"Comparing yourself to others can make you feel like you're not doing as well or aren't as successful, leaving you feeling down, demotivated and stressed out.

"Remember, however, nothing good comes from spending for the sake of it.

"You do not have to keep up with the people around you if that isn't best for your bank account right now.

"And, quite frankly, real friends won't care whether you're spending as much as them or not.

"Being able to talk about your money and what amount you are comfortable spending with friends can be hugely beneficial too.

"It means that there won't be any awkwardness or stress when it comes to planning social situations, such as nights out, birthday presents or trips away."

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We offer this model on a next working day delivery if your order is placed before 11:00am. If your order is placed after this point it will be shipped the following day for delivery on the next working day.

This chair does require some self assembly however full instructions and all required tools will be provided.

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# ANGLING GEAR IS WORST FATHER'S DAY GIFT

DADS aren't always the easiest family member to choose presents for, but with Father's Day approaching, research suggests you could be making a rod for your own back by picking the wrong gift.

Fishing gear turns out to be the least favourite gift for fathers, according to research from MyVoucherCodes.

The website quizzed more than 2,000 people about what they buy their dad for Father's Day and which gifts they would most and least like to receive on June 16.

Many aren't too fussy, with just over a quarter saying they would be happy to receive anything.

While fishing gear topped the list of items dads didn't want to receive, golf merch came second, with Hawaiian shirts placed third.

While they may suit James Bond, bow ties and ties, followed by cufflinks were the fourth and fifth most unwanted items, with gym clothes in sixth place.

"Best dad"

"Best dad" merchandise also failed to make the grade among some fathers, being the seventh most unwanted type of gift in the survey.

Socks, barbecue equipment and jewellery rounded off the top 10.

When it comes to favourite gifts

When it comes to favourite gifts, food appears to be the best way to some men's hearts. A restaurant trip was crowned the Father's Day gift that dads were most likely to want,

according to the survey carried out in May by Censuswide.

A holiday was the next most-favoured Father's Day gift, followed by beer.

Gifts don't always need to have any monetary value – and the fourth most popular gift for dads was simply time spent with their children.

A hotel stay and wine were placed joint fifth, with chocolate in seventh place and tickets to a sporting

ee and tickets to a sporting event and books placed joint eighth. The simple things in life are often the best – and a home-cooked meal was ranked in 10th position.

The average

The average spend overall

Gift dads

would most

on Father's

like to receive

Day was a trip

to à restaurant

on Father's Day gifts across the survey was just over £30.

It also suggests daughters are slightly more generous when it comes to splashing the cash on their dads, with the average female spending £32.15 compared with £28.97 for men and boys.

The research also showed men

and women have differing views when it comes to which gifts are wellreceived on Father's Day.

While 10% of women surveyed believe their dad would like a home-cooked meal, just 8% of men in the poll agree.

And 10% of the women

surveyed also thought that their dads or partners would like an experience day, when in fact only 7% of dads quizzed would welcome that as a gift.

Sarah-Jane Outten, shopping expert at MyVoucherCodes, says: "It's really interesting to see the difference between what men actually want for Father's Day and what women think they want.

"What's also really clear from the research is that dads aren't angling for fishing gear.

"So to get yourself off the hook, it might be best to go with a different gift."

mirror.co.uk/business

British defence firm Chemring has the biggest order book in its history amid global tensions. The FTSE 250 company's workload reached £1billion in the six months to the end of April, a 39% year-on-year surge. Chemring's products include self-defence decoys used on RAF Typhoon fighter jets. The Ukraine and Middle East conflicts have seen governments ramp up defence spending. Chemring boss Michael Ord said the rise in rearmament "is expected to last for at least the next decade."

# Swoops on UK firms increase

# OVERSEAS BUYERS BACK AFTER LULL

FOREIGN swoops on UK firms are on the rise following a lull at the beginning of the year.

Office for National Statistics figures have revealed overseas takeovers of British firms worth a total of £6.1billion in the first three months of 2024. But that marked a big drop from £10.1bn in the final quarter of last year, and £11.7bn worth of deals at the start of 2023.

Among big buy-ups this year is Italian energy firm Eni's purchase of British oil and gas firm Neptune Energy for £3.9bn. And there's been a flurry of renewed interest in British firms in recent months, with a number of high-profile approaches in May alone.

Czech tycoon Daniel Kretinsky is

pushing to buy Royal Mail owner International Distribution Services after his £3.5bn bid was backed by the group's board. Australian mining giant BHP is now attempting to seal a £39bn takeover of Anglo American – and

London listed investment platform Hargreaves Lansdown is fighting a near £5bn takeover approach from a group of overseas private equity firms.

overseas private equity firms.

The ONS figures also showed £4.4bn worth of mergers and acquisitions involving UK firms buying overseas companies – £900million up on the final three months of last year.

James Wild, from consultants RSM, said it was proof that investor confidence was returning.

# SELL TENT, BUY TENT

Sports equipment chain Decathlon is offering to buy back tents from customers to stop them being abandoned at music festivals this

The offer - which is backed by Radio 2 DJ Jo Whiley, right - applies to 10 models from now until September 13.

Around 250,000 tents are ditched each year in the UK, with most ending up in landfill.



FTSE 1	00		down <b>30.5</b> at	823	2.0	
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3&M European	546.4	-5.2	Kingfisher	270.4	+2.5	U
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Barclays	215.0	-4.2	Lloyds	55.6	+0.2	R
BR Land Co	442.8	-1.8	Marks & Spencer	311.6	+5.5	
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Centrica	142.3	+1.1	Pearson	941.6	+9.4	В
Compass	2180.0	+12.0	Persimmon	1484.5	+13.0	(
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Direct Line	209.4	-3.0	RELX	3487.0	+65.0	N
Easyjet	485.5	+10.1	Rentokil Initial	424.0	+4.4	P
erguson	15575.0	-330.0	Rio Tinto	5352.0	-82.0	S
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Smiths WH	1143.0	-14.0
Standard Chartered	735.2	-41.2
Taylor Wimpey	149.8	+1.1
Tesco		
Unilever	4367.0	+60.0
United Utilities	1022.0	+16.0
Vodafone	76.8	+0.3
Whitbread	2992.0	+38.0
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 278.6	-0.8	Thai Baht44.907
 1793.5	+16.0	Turkish Lira37.654
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# System K9 Extra tough cordless cleaning

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Our ultimate cleaning system for busy homes

The AirRAM received the Queen's Award for Innovation in 2016, but Gtech didn't rest. Our **AirRAM K9** & **Multi K9** are strengthened with aluminium parts to handle the added mess of pets. Both have powered brush bars, alongside our unique AirLOC technology to tackle everything from dirt and debris to embedded pet hair.

While the cordless **AirRAM K9** effortlessly glides from carpets to hard floors, with no settings to change, the **Multi K9** tackle stairs, sofas, tight corners, and even your car. Its powerful brush removes pet hair, the crevice tool can reach into tight corners and the soft brush is perfect for more delicate areas. Both products have brilliant LED headlights, so no dirt is safe.

Experience a new era of easy cleaning with the Gtech System K9.

## **Strengthened parts**

Reinforced with aluminium, our vacuums are durable.

They're ready to tackle pet hair and other tricky challenges.

#### Fresh scent

We've added scented cartridges to both K9 vacuums, leaving upholstery and rooms smelling clean and fresh.

## **Moves Easily**

The AirRAM K9's low-profile handle allows you to reach under furniture, while the Multi K9 offers a handheld cleaning solution for upholstery and stairs.

### **Easy-empty bin**

The AirRAM K9 efficiently compresses dirt and hair as you vacuum. All you need to do is remove the bin and empty it with a simple slide.

# **AirLOC Technology**

The AirRAM K9 uses our patented AirLOC Technology, combined with a powered rotating brush bar, effortlessly picking up debris as you push forwards, and locking on the backstroke to pick up pet hair and dust.

# **LED Headlights**

Both vacuums feature LED lights, illuminating the way as you clean and exposing any dust you've missed, for a strikingly thorough clean.

## **Long run-time**

Powered by 22V lithium-ion batteries, the AirRAM K9 and Multi K9 have a combined runtime of up to 60 minutes.\*

## Tools to hand

With the crevice tool stored in the Multi K9's handle, it's there when you need it.

"This vacuum is life changing for me" - so light and easy to use but incredibly powerful it gets all the dog hairs really easily. Wish I'd done it earlier!

Emma B ★★★★★

"So light and efficient." My husband says it makes

vacuuming a pleasure! The hand held attachment does a great job up the stairs and in the car.

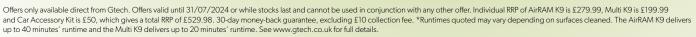
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Gtech's rating is 4.8 out of 5 after 130,000 reviews







# DAY'S TV

# with SARA WALLIS

# **EMMERDALE**

ITV1, 7.30pm

Rhona is sick of Marlon harping on about her past actions. When Charles visits, she can't help but engage in a chat about a potential christening for Ivy.

Marlon returns in the middle of the conversation, stunned that Rhona has seemingly made another major decision without him.

He then decides to go camping with Paddy to decide if he wants to continue being in a relationship with her.

Elsewhere, Lydia is secretly devastated when Samson rolls up without any L plates. He's passed his test!



# **EASTENDERS**

George steps in when Junior gets bad news about his business deal and eventually offers to become a silent partner on the project.

Priya tries to fish for information after becoming suspicious of Suki and Vinny, but gets nowhere.

Meanwhile, Bianca is devastated that Whitney still isn't ready to forgive her and continues to squabble with Reiss.

Harvey is upset about Maya, so Jean offers to take him on a boys' night out with a football theme to cheer him up.

### CORONATION STREET ITV1, 8pm

Dee-Dee admits to Joel that she's nervous about meeting his parents. He insists they'll love her, but his parents, Anthea and Gus, make their disapproval of Dee-Dee clear straight away.

Meanwhile, Bethany reveals to Toyah that a colleague of hers once tried to write an exposé about the Institute but was met by a wall of silence.

And when the twins' adopted mother cancels their visit to see Abi, she realises she needs to try to get the videos taken down.



More TV and film news online at mirror.co.uk/tv



NICK KNOWLES IN SOUTH AMERICA Channel 5, 7pm

NICK Knowles must hardly ever be at home these days - he's been smashing out one travel show after another.

No sooner have we seen him visit the Grand Canyon, Death Valley and the Mississippi, than he's back with an ambitious adventure around South America.

From the "end of the world" in

country, Nick treks to Patagonia's astonishing Torres del Paine National Park, considered by some to be the eighth wonder of the world with its beautiful lakes.

He visits a Chilean archipelago in the Pacific and its largest island, Chiloe, home of witches, and finally traverses the Andes to end his South American odyssey in Argentina. Crossing the Magellan Strait, he

watches baby penguins hatching,

Grey Glacier, hydro boards in a fast-flowing river under volcano in Osorno's Puyehue National Park and climbs a very big rock in Torres del Paine.

All this and culture too -Nick learns Chile's joyful but also mournful dance, la cueca, digs in dung for worms at an eco-hotel, herds bulls, is taught to tango and uncovers the scandalous story

body after her early death from cancer. He caps it all with the best steak of his life in Buenos Aires.

Nick opens the series clinging by his fingernails, running out of grip 100ft up a sheer drop - the "baby slopes" of the Andes. He's scared of heights, but as enthusiastic as usual, and enthralled throughout. Continues tomorrow and concludes on Friday.



### **ALASKA DAILY** Alibi/Sky/Now, 9pm

Two-time Oscar winner Hilary Swank plays Eileen Fitzgerald, an award-winning investigative iournalist, in this pacy US drama.

It starts as Eileen pulls off a big exclusive, a revealing exposé on a corrupt US military general, who has been selling arms to nasty people.

But after the story runs, there is accusation that her source's documents were forged. Add to that some staff complaints about her being abusive, and Eileen is not having a very good day. Disgraced,

she is forced to leave her high-profile New York paper and holes up to write a book before quitting journalism altogether.

But in walks a colleague she hasn't seen for 17 years, Stanley (West Wing's Jeff Perry), who is now the editor of the Alaska Daily and in desperate need of a good reporter.

Alaska? It's the minor leagues she's horrified. But Stanley tempts her with a big story.

The plot doesn't hang around, either. Eileen is on a plane within five minutes.

Binge watch telly with a great cast.

# TRIBUTE TO THE FALLEN

BBC1, 8.30pm

On this day, 80 years ago, thousands of allied servicemen were waiting courageously for the signal to launch.

In the 24 hours that followed, the troops of D-Day achieved the unthinkable, pushing the boundaries of ingenuity, bravery and sacrifice.

As night falls, Kirsty Young hosts this reflective and poignant event, held at the Commonwealth War Graves Cemetery in Bayeux, France.

Anne, The Princess Royal, accompanied by her husband Vice

Admiral Sir Tim Laurence, alongside actors, musicians and current serving military, will help mark the memories of those who took part, to hear their voices and to honour those who never made it home.

With special readings, music and veteran testimony, the whole thing will build towards a unique moment of remembrance.

Each of the 4,600 headstones of those who fell will be individually illuminated, while in the UK, a similar striking lighting effect will mirror the powerful moment alongside a show at Southsea Common, Portsmouth.



of the

DAY

programmes are listed in British Summer Time (BST).

film ratings

Brilliant Very Good Good Average Bad

(R) Repeat

9

BBC ONE

6.00am Breakfast News headlines. 9.30 Rip Off Britain

10.15 D-Day 80: The Allies Prepare Actress Helen Mirren hosts a commemorative event from the seafront in Portsmouth, where the D-Day landings began 80 years ago

1.00pm BBC News at One

2.00 Doctors A new arrival makes waves at The Mill.

2.30 Clean It, Fix It The team visits Bristol to help a busy house of nine young professionals. (R)

3.00 Escape to the Country Sonali Shah helps a couple from Dorset to move to Devon. (R)

3.45 Garden Rescue Lee and Flo head to Wokingham to help a couple transform their garden into a romantic space. (R)

4.30 The Finish Line Liz. Michael. Rachel, Kyle and Emma compete on the quiz.

5.15 Pointless Quiz, with guest co-host Lucy Porter. (R) 6.00 BBC News at Six; Weather

6.30 Regional News: Weather 6.55 Party Election Broadcast By the Liberal Democrats

BBC TWO

6.30am Homes Under the **Hammer** Properties in London, Stoke and Surrey. (R)

7.30 Clive Myrie's Caribbean **Adventure** Clive visits the old home of lan Fleming. (R)

8.00 Sign Zone: See Hear 8.30 Sign Zone: Rick

Stein's Food Stories (R)

9.00 BBC News Headlines.

11.15 Politics Live Updates. 1.00pm Impossible Quiz. (R)

1.45 Mastermind (R)

2.15 Great Coastal Railway **Journeys** Michael Portillo visits the town of Port Talbot. (R)

2.45 Five Bedrooms (R)

3.30 The Farmers' Country Showdown In Stroud. (R)

4.15 Ocean Giants Documentary exploring the lives of whales and dolphins. (R)

5.15 Flog It! From Hopetoun House near Edinburgh. (R)

6.00 Richard Osman's House of Games Trivia games. (R)

6.30 Clive Myrie's Caribbean Adventure Clive visits the district of Vedado, the most modern part of Havana.

9.00 Lorraine Entertainment news

Including Local Weather.

12.30pm Loose Women Celebrity

1.55 Regional News; Weather

2.00 Dickinson's Real Deal

3.00 Lingo Ruby and Eleanor,

3.59 Regional Weather

4.00 Tipping Point Quiz. (R)

1.30 ITV News; Weather

magazine, featuring a mix of celebrity chat, showbusiness

news, advice and discussion.

interviews and topical debate.

David Dickinson and his team

assess items in Newport. (R)

Steve and Tom, and Khab

and Mas take part. (R)

5.00 The Chase for Soccer Aid

Bradley Walsh hosts a special

edition of the quiz, as Lianne Sanderson, Dion Dublin, David

James and Shaun Williamson

must work as a team. (R)

By the Liberal Democrats

6.00 Regional News: Weather

6.25 Party Election Broadcast

10.00 This Morning Topical daily

6.00am Good Morning Britain 6.30am 3rd Rock from the Sun (R) A lively mix of news, current affairs and lifestyle features.

**7.45 Everybody Loves Raymond** Four episodes. (R)

9.40 Frasier Triple bill. (R)

CHANNEL 4

11.10 Ramsay's Kitchen Nightmares USA Gordon delivers an ultimatum. (R)

12.05pm Channel 4 News 12.10 Ramsay's Kitchen Nightmares USA A Brooklyn man struggling to run two adjacent restaurants. (R)

1.10 Car S.O.S Fuzz Townshend and Tim Shaw enlist the help of actor Roger Moore. (R)

2.10 Countdown Krishnan Guru-Murthy is in Dictionary Corner.

3.00 A Place in the Sun Double bill. A holiday home in the Algarye: a home in Valencia.

5.00 Sun, Sea and Selling **Houses** The Rodriguez sisters help fitness-mad couple Kris and Ali relocate to Spain.

6.00 Four in a Bed At String of Horses in Cumbria.

**6.30 The Simpsons** Bart sets out to save Homer from the embarrassing effects of his latest misfortune. (R)

CHANNEL 5

6.00am Milkshake! Children's TV. 9.15 Jeremy Vine Discussion.

11.15 Storm Huntley Debate.

**12.45pm Friends** Double bill. Joey and Ross date the same girl; Joey is nominated for a minor daytime drama award. (R)

1.40 5 News at Lunchtime

1.45 Home and Away At Stevie's media event, Cash won't back down and the mood is tense between Valerie and Theo. (R)

2.15 FILM Living Next To Danger (2023, PG) Premiere. Roxanne Robinson's daughter goes missing and suspicion falls on her new neighbours. Thriller, starring Kristi Murdock. \*\*

4.00 Bargain-Loving Brits in the **Sun** Documentary following Brits who moved to Spain. (R)

5.00 5 News at 5 Headlines.

6.00 Police Interceptors

Officers Gav Hall and Dan Mottishaw are in hot pursuit of a suspected drug dealer, but the two-wheeled tearaway runs out of road, flips his bike over and crashes into a hedge. (R); 5 News Update

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7.00 The One Show - D-Day Special Alex Jones and Jermaine Jenas join in the

D-Day commemorations, as surviving Royal Navy Wrens talk about their roles and a veteran gets to see an original Dakota transport aircraft.

to become a silent partner on Junior's business deal. 8.30 D-Day 80: Tribute to the Fallen Kirsty Young presents this live broadcast . featuring light displays across

Normandy and Southsea

8.00 EastEnders George offers

Common in Portsmouth to create a modern act of commemoration for the 80th anniversary of D-Day. In France, 4,600 headstones of those that fell on D-Day are individually illuminated across the Bayeux War Cemetery.

10.00 BBC News at Ten 10.30 Regional News; Weather 10.40 FILM The King's Speech

(2010, 12) The younger son of George V struggles to cope with an uncontrollable stammer, prompting his wife to enlist the aid of an eccentric Australian speech therapist. The support and friendship of the doctor prove invaluable when a crisis places the repressed prince on the throne, just as the outbreak of the Second World War leaves the country in need of a strong king. Oscar-winning fact-based drama, starring Colin Firth, Geoffrey Rush, Helena Bonham Carter and Guy Pearce. ★★★★★

12.30am Celebrity Bridge of Lies. Ross Kemp presents the quiz. (R) **1.15** Weather for the Week Ahead 1.20-6.00am BBC News. Headlines. 7.00 Your Garden Made Perfect

Tom Massey and Helen Elks-Smith come up with alternative designs for garden in St Albans, Hertfordshire. But the owners want different things. Presented by Angela Scanlon. (R)

8.00 Springwatch The over 18 Wildlife Hero winner is announced, Iolo Williams continues his exploration of the ancient Garston woodland and Plus, Megan Mcubbin broadcasts live from the Argaty Rewilding Estate.

9.00 The Misadventures of **Romesh Ranganathan** Romesh travels to Rwanda

to discover its unique culture, experience its wildlife and find out how the country has healed and rebuilt itself after the 1994 genocide.

10.00 Inside No 9 A talented piano-tuner is forced to confront the power of a centuries-old curse by the owners and servants of a large country house. With guest star Eddie Marsan.

10.30 Newsnight Headline analysis.

11.05 Unspun World with John Simpson The BBC's world affairs editor reflects on the week's major news stories.

11.30 D-Day: The Unheard Tapes Documentary drama telling the story of the biggest seaborne invasion in history. (R)

12.30am Sign Zone: See Hear. Celebrating pride month and learning about two inspirational Welsh people. (R) 1.00 Sign Zone: Cold Case Investigators: Solving Britain's Sex Crimes. Part two of two. (R) 2.00 Sign Zone: Saving Lives at Sea (R) 3.00-6.45am This Is BBC Two

6.30 ITV Evening News A roundup of the headlines; Weather

7.30 Emmerdale Drama from the village in the Yorkshire Dales. Marlon is frustrated, Lydia is concerned, and Will is unsure about Rose's attempt to make amends.

8.00 Coronation Street Dee-Dee endures a difficult meeting with Joel's parents, the Institute launches legal action against Toyah. Kevin and Abi discover that peace of mind comes at a high price and Carla agrees that Bobby should move out

9.00 Who Wants to Be a Millionaire? Celebrity Special The Masked Dancer host Joel Dommett and Ninja Warrior UK presenter Chris Kamara take up the challenge

hoping to win as much as

£1million for their charity. (R) 10.00 ITV News at Ten: Weather 10.30 Regional News; Weather

Round-up of the latest stories 10.45 Peston Political magazine show hosted by Robert Peston, featuring major interviews with MPs, topical guests and cultural figures

Championship Highlights Highlights of the third meeting of the campaign, held at Snetterton. With reports

11.40 British Touring Car

from Louise Goodman and commentary by Tim Harvey and David Addison. **12.55am** Shop on TV **3.00** My Mum,

Your Dad. The children are thrilled when sparks fly between two parents they choose to go on a date, but one dad's refusal to commit leaves him in danger of losing two potential connections. (R) **3.50** Unwind with ITV **5.05-6.00am** Wheel of Fortune (R) 7.00 Channel 4 News

A round-up of all the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's leading sports stories and up-to-theminute weather reports

8.00 Location, Location, Location Kirstie and Phil catch up with couples who needed help getting on the same page before they could settle on a home. Including Carolyn and Paul, who wanted to buy

9.00 24 Hours in Police Custody The story of a brutal premeditated knife and gun attack on the doorstep of a man's house in Luton, where the police fight

against the odds to

identify those responsible

their own home in London

10.00 Queenie Double bill. Using men as a distraction from her heartbreak doesn't help as much as Queenie had hoped: feelings she's been trying to suppress overwhelm Queenie Drama based on the novel by Candice Carty-Williams.

11.10 24 Hours in A&E An elderly woman is admitted with two severe leg fractures, with staff concerned she may not survive her injuries. Viktoria, her daughter, talks about Iris's life during the Blitz, and the story of her parents' romance. (R)

**12.10am** The Piano (R) **1.05** *FILM* God's Own Country (2017, 15) Drama, starring Josh O'Connor and Alec Secareanu. \*\*\* 2.50 FILM Stage Mother (2020, 15) Comedy drama. \*\*\* 4.25 Iris Prize Best British Shorts **4.55** Grand Designs Australia (R) **5.50-6.30am** Countdown (R)

7.00 NEW Nick Knowles in South America Nick Knowles

sets off on an adventure around the continent, starting out by climbing the baby slopes of the Andes Mountains and coming face to face with 40,000 penguins; 5 News

8.00 The Motorway The bank holiday brings mayhem when patrollers discover a car on the M60 that is leaking fuel. A broken-down van blocks a slip road and lives are put in danger by reckless drivers determined to use the closed exit.

9.00 Casualty 24/7: Every **Second Counts Siste** Rachel is in charge of the hub.

Every patient should have an initial assessment within 15 minutes of arrival, but an influx of patients has meant the wait time is longer.

10.00 Trauma Room One

A neurosurgeon races to stop 21-year-old Caitlin from becoming blind. A brain cyst endangers Toni's life and a massive deformity of the spine causes Steven to be operated on. (R)

11.05 999: Emergency Call Out

An unconscious woman is found on the street, requiring urgent medical care and police investigation. Meanwhile, a team speeds to the rescue of a man who has been found in a diabetic coma. (R)

**12.05am** Motorway Cops: Catching Britain's Speeders (R) **1.00** PlayOJO ive Casino Show 3.00 Center Parcs: Britain's Poshest Holiday Camp (R) **3.50** Bargain-Loving Brits in the Sun (R) **4.40** Wildlife SOS (R) **5.05** House Doctor **5.30** Entertainment News **5.35** Fireman Sam **5.45-6.00am** Paw Patrol

# TV2 Freeview

- 6.00am CITV 9.00 World's Funniest Videos 9.30 Totally Bonkers Guinness World Records 10.00 Love Bites 12.00noon Dress to Impress 1.00 Wheel of Fortune 2.00 Family Fortunes 3.00 Veronica Mars 4.00 Dawson's Creek 5.00 Dress to Impress. Dating show.
- **6.00 Celebrity Catchphrase** A celebrity edition of the show with Jeff Stelling, Charlotte Hawkins and Andy Whyment.
- **7.00 Family Fortunes** Gino D'Acampo hosts as Scottish family the Karunwis go up against the Keelers of Great Yarmouth.
- 8.00 Bob's Burgers Double bill.9.00 Love Island The series continues and there are plenty more surprises in store.
- **10.05 G'wed** Reece convinces his school's headmaster to give him one last chance.
- neadmaster to give nim one last chance

  10.40 Family Guy Animated double bill.
- 11.35 American Dad! 12.35am Bob's Burgers 1.35 Extraordinary 2.10 World's Funniest Videos 2.40 Unwind with ITV 3.00-6.00am Teleshopping

# DAVE Freeview 19

- 6.00am Teleshopping 7.10 Cop Car Workshop 8.00 The Force: Behind the Line 9.00 James May's Cars of the People 10.00 Top Gear 12.00noon Storage Hunters UK 2.00 Extreme Fishing with Robson Green 3.00 Top Gear 5.00 Hairy Bikers' Best of British
- **6.00 Rick Stein: From Venice to Istanbul 7.00 Would I Lie to You? At Christmas**With Miranda Hart and Miles Jupp.
- 7.40 Richard Osman's House of Games9.00 QI XL Extended edition. With David Mitchell, Ronni Ancona and Jimmy Carr.
- 10.00 Mad Dogs An entrepreneur promises to bring the boys home if they complete a mysterious and risky mission.
- 11.00 Have I Got a Bit More News for You Jack Dee is the guest host
- 12.00m't Mock the Week 12.40 Would I Lie to You? At Christmas 1.20 Live at the Apollo 2.30 Meet the Richardsons 3.00 Whose Line Is It Anyway? USA 4.00-6.00am Teleshopping

# E4 Freevi

- 6.00am Hollyoaks 7.00 Ramsay's Kitchen Nightmares USA 9.00 Brooklyn Nine-Nine 10.00 Young Sheldon 11.00 Modern Family 12.00noon The Big Bang Theory 2.00 Brooklyn Nine-Nine 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory: double bill
- 6.00 The Big Bang Theory Double bill.7.00 Hollyoaks Frankie's glimmer of hope fades when a secret is revealed.
- **7.30 Come Dine with Me** Cycling enthusiast Steve hosts the third dinner party of the week in Gloucestershire.
- 8.00 Dance Moms Star dancer Brooke wants to try out for a cheerleading squad.
- 9.00 Celebrity Gogglebox TV opinions.
- 10.00 Gogglebox TV opinions.11.05 First Dates Dating series.
- 12.10am The Big Bang Theory. Comedy. 1.15 Brooklyn Nine-Nine 2.10 Modern Family 3.00 Dance Moms 3.50 Ramsay's Kitchen Nightmares USA 4.40-6.00am Brooklyn Nine-Nine

# ITVRe Freeview 28

- 7.00am The Real Housewives of Cheshire 8.05 Masters of Flip 9.00 Buying and Selling 10.05 The Real Housewives of Cheshire 11.05 The Singles Table 12.05pm The Real Housewives of New Jersey 1.00 The Only Way Is Essex 1.40 Dinner Date 2.40 Million Dollar Listing: LA 4.00 The Real Housewives of Atlanta 5.00 The Real Housewives of Salt Lake City
- **6.00 Masters of Flip** Dave and Kortney Wilson transform an outdated home.
- 7.00 Million Dollar Listing: LA
- **8.00 Dinner Date** Candice chooses three blind dates from five potential partners.
- **9.00 Botched** A transgender woman wants to have her collapsed nose fixed.
- **10.00 The Only Way Is Essex** The Essex crew celebrate Harry's 30th birthday.
- 11.00 Botched A young man has a bicep implant that wants to flip.
- 11.55 Ready to Mingle Dating show. Sophia takes the men out on dates. 1.00-7.00am Teleshopping

# DRAMA Freeview 20

- 6.00am Teleshopping 7.10 London's
  Burning 8.00 Doctors 9.15 Classic Holby
  City 10.40 Classic Casualty 11.40
  The Bill 12.40pm Classic EastEnders
  2.00 London's Burning 3.00 Lovejoy
  4.15 Tenko 5.15 Birds of a Feather
- **6.00 Waiting for God** Comedy.
- **6.40 Are You Being Served?** The staff attend a conference outside work hours
- **7.20 Last of the Summer Wine**Comedy. Howard secretly buys a van.
- 8.00 The Bletchley Circle When Millie is kidnapped by Soho gangster types, Alice suspects the incident could be connected to her dealings on the black market.
- **9.00 New Tricks** Double bill. A market trader's death is linked to a series of drug
- rapes; Sandra is reunited with an old flame

  11.20 Soldier, Soldier The regiment is sent on a dangerous assignment to Bosnia.
- 12.30am Lovejoy 1.40 Call the Midwife. Period drama. 2.50 Classic Holby City 4.00-6.00am Teleshopping

# MORE4 Freeview 18

- 8.55am A Place in the Sun 10.25 A New Life in the Sun 11.25 Find It, Fix It, Flog It 12.30pm Come Dine with Me: five episodes 3.10 Four in a Bed: five episodes 5.50 Chateau DIY
- **6.55 Car S.O.S** Tim and Fuzz head to Leicester to pick up a Mk 3 Ford Cortina.
- **7.55 The Dog House** A storm is brewing when Hurricane the husky meets excitable lurcher puppy Peaches.
- 9.00 Building the Billion Pound Cruise
  Ship The construction of one of the most
  advanced cruise ships in the world.
- **10.00 999: On the Front Line** Paramedics are called out to a woman who has fallen and may have broken her hip.
- 11.05 8 Out of 10 Cats Does Countdown
  Jack Dee and Tom Allen take on
  Jon Richardson and Judi Love.
- **12.05am** Emergency Helicopter Medics **1.10** 999: On the Front Line. Medical documentary. **2.15** 24 Hours in A&E **3.25-3.55am** A Place in the Sun

# VARIATIONS & S4C

WALES As BBC1 except: 1.35-1.45pm BBC Wales Today; Weather 6.30 BBC Wales Today; Weather 6.55-7.00 A Party Election Broadcast by Plaid Cymru 10.30 BBC Wales Today; Weather 10.40 BBC Wales Live 11.10 FILM The King's Speech (2010, 12) Fact-based drama, starring Colin Firth. \*\*\*\* 1.00am Celebrity Bridge of Lies 1.45-6.00am BBC News

WALES As BBC2 except: 6.30pm Clive Myrie's Caribbean Adventure. Clive takes on a potential Olympic champion in the boxing ring. 7.00 Clive Myrie's Caribbean Adventure 7.30-8.00pm Beechgrove Garden. Carole Baxter looks at bedding plants now the risk of frost is gone.

MERIDIAN As ITV1 except: 1.55-2.00pm ITV News Meridian 6.00-6.25 ITV News Meridian 10.30-10.45pm ITV News Meridian

CENTRAL As ITV1 except: 1.55-2.00pm ITV News Central 6.00-6.25 ITV News Central 10.30-10.45pm ITV News Central

ITV WALES As ITV1 except: 1.55-2.00pm ITV News Cymru Wales 6.00 ITV News Wales at Six 6.20-6.30 Party Election Broadcast 10.30-10.45pm ITV News Cymru Wales WEST As ITV1 except: 1.55-2.00pm ITV News West Country 6.00-6.25 ITV News West Country. The latest headlines. 10.30-10.45pm ITV News West Country. The latest reports.

ANGLIA As ITV1 except: 1.55-2.00pm ITV News Anglia 6.00-6.25 ITV News Anglia 10.30-10.45pm ITV News Anglia

WESTCOUNTRY As ITV1 except: 1.552.00pm ITV News West Country 6.00-6.25
ITV News West Country. The latest headlines.
10.30-10.45pm ITV News West Country
S4C 6.00am Cyw 11.00 Dysgu Gyda Cyw

12.00noon Newyddion S4C a'r Tywydd
12.05pm Richard Holt: Yr Academi Felys 12.30
Heno 1.00 Codi Hwyl 1.30 Garddio a Mwy 2.00
Newyddion 2.05 Prynhawn Da 3.00 Newyddion
3.05 Nol i'r Gwersyll 4.00 Awr Fawr 5.00
Stwnsh 6.00 Darllediad Etholiadol gan Plaid
Cymru 6.05 Pel-Droed Rhyngwladol. Ukraine v
Wales. 6.57 Newyddion S4C 7.00 Heno 7.30
Newyddion 8.00 Pobol y Cwm 8.25 NEW Ma'i
Off 'Ma 8.55 Newyddion S4C a'r Tywydd 9.00
Y Gymraeg: Hawl Pob Plentyn. The struggle
to access Welsh language schooling. 10.00
Rownd a Rownd 10.30-11.35pm Yr Anialwch

# RRC3 Freeview 23

- 7.00pm The Fast and the Farmerish Two teams of young farmers from south-west Wales compete.
- 7.30 Shark Tank Double bill.
  8.50 The Catch Up The day's news.
- **8.55 Ryan Tricks on the Streets** Ryan gives back to a group of young people who have had troubles with the law.
- **9.00 Confessions of a Teenage** Fraudster How a 16-year-old used
- his job in a call centre in Glasgow to go on a five-year crime wave.
- 9.45 Dave's Games Animated short film about rival video-game shops.10.00 FILM Bones and All (2022, 18)
- Maren travels the United States with a young man who shares the same grisly compulsion. Horror romance, starring Taylor Russell.
- 12.05am Back to Life 1.00 | Kissed a Girl 1.50 | Kissed a Girl: The Reunion 2.35 Charlotte in Sunderland 3.05-4.00am Back to Life

# BBC4 Freeview 9

- 7.00pm Great British Railway
  Journeys Michael Portillo visits
  Heaton Park in Manchester.
  - 7.30 Cornwall's Red River
    8.00 Full Circle with Michael Palin
- **8.50 Michael Palin: The Art of Travel** Michael Palin embarks on an imaginary rail trip to Paris.
- 9.00 The Jet Stream and Us

  Documentary examining how the jet stream influences weather.
- **10.00 Roy Clarke Remembers – A Foreign Field** Writer Roy Clarke reflects on the creation of his one-off drama A Foreign Field.
- 10.15 FILM A Foreign Field (1993, 12)
  Drama, with Alec Guinness. ★★★
- 11.45 Parkinson Interviews Alec
  Guinness Tribute to Alec Guinness
- **12.25am** Alec Guinness: Talking Pictures **1.10** Great British Railway Journeys **1.40** Just Barbara **2.45-3.45am** The Jet Stream and Us

# 5 USA Freeview 21

- 6.00am Home Shopping 9.00 NCIS 10.55 Entertainment News on 5 11.00 NCIS 12.55pm Entertainment News on 5 1.00 Law & Order
- **6.00 NCIS** Triple bill. McGee and Torres visit a student who witnessed a hit-and-run; Gibbs and his team are forced to work with Tobias Fornell; the team makes a deal with a murderer.
- 9.00 Criminal Minds The agents must determine whether prank calls to the Taffert family home are linked to the abduction of 10-year-old Andrew, or are an unrelated practical loke.
- 10.00 Law & Order: Special Victims
  Unit Double bill. A 16-year-old girl
  is sexually assaulted; a family's
  turbulent history is uncovered.
- 12.00m't Law & Order: Special Victims
  Unit: double bill 1.55 The Blacklist
  2.50 Law & Order: Special Victims
  Unit 3.35 Criminals: Caught on
  Camera 4.00-6.00am Teleshopping





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# Sport

#### SKY SPORTS MAIN EVENT 6.00am Sky Sports News 7.00 Good Morning

Sports Fans. The latest headline reports.

10.00 LIVE State of Origin Rugby League New South Wales Blues v Queensland Maroons (kick-off 10.05am). Coverage of game one of the hree-match series from Accor Stadium, Sydney 1.00pm LIVE World Pool Championship The first session on day three of the tournament, which

3.00 LIVE ICC Men's T20 World Cup India v Ireland. Coverage of the Group A match from Nassau County International Cricket Stadium. New York. India will be among the favourites, and Ireland will be looking for another encouraging tournament after reaching the Super 12 in 2022

takes place at Green Halls in Jeddah, Saudi Arabia

7.30 LIVE World Pool Championship Coverage of the second session on day three at Green Halls. 9.30 Sky Sports News 10.30 Back Pages
Tonight. Headlines. 11.00 Sky Sports News
12.00m't LIVE ICC Men's T20 World Cup Papua

New Guinea v Uganda. Coverage of the Group C match from Providence Stadium in Guyana. 1.00 LIVE ICC Men's T20 World Cup Australia v

Oman. Coverage of the Group B match from Kensington Oval in Bridgetown, Barbados. 5.30-6.00am Sky Sports News. Latest reports

## SKY SPORTS CRICKET

**6.00am** How the 2014 ICC World T20 Was Won **8.00** ICC Men's T20 World Cup **2.10pm** Best of ICC WT20 2.30 ICC Men's T20 World Cup 3.00 LIVE ICC Men's T20 World Cup India v

Ireland. Coverage of the Group A match.
7.30 ICC Men's T20 World Cup 8.30 Dreams of a
Nation 9.30 ICC Men's T20 World Cup 10.00
ICC Men's T20 World Cup 10.30 ICC Men's T20 World Cup 11.00 ICC Men's T20 World Cup

12.00m't LIVE ICC Men's T20 World Cup Papua New Guinea v Uganda, The Group C match. 1.00 LIVE ICC Men's T20 World Cup Australia v Oman. Coverage of the Group B match from Kensington Oval in Bridgetown, Barbados. **5.30-6.00am** ICC Men's T20 World Cup

## SKY SPORTS FOOTBALL

6.00am EFL 9.00 EFL Greatest Games 10.00 EFL Cup Retro 12.00noon EFL Greatest Games 1.00 Championship Retro 3.00 EFL Cup Retro 5.00 Best Goals Of The Carabao Cup 2020/21 5.30 Best Goals: Efl Cup 2021-22 6.00 Best Moments From The Championship Play-Off Final (1993-2019) 6.30 Best Moments From The League 1 & 2 Play-Off Final (1993-2019) **7.00** Championship Retro **9.00** EFL Cup Retro 11.00 Best Goals: EFL Cup 2022/23 11.30 Best Goals: Efl Cup 23/24 12.00m't EFL Greatest Games 1.00 Championship Season Review 2.00 EFL Cup Highlights 2.30 EFL Rivalries 3.00 Championship
Retro 5.45-6.00am EFL Greatest Games

# TNT SPORTS 1

6.00am WRC Review 7.00 WWF Monday Night Raw 9.30 Premier League Stories 10.00 Hockey 11.00 LIVE Hockey Great Britain v China (Push-back 11.00am). Coverage of the Women's FIH Hockey Pro League match from London. 1.00pm No Filter Football. News and reports. 1.15 LIVE Hockey Great Britain v Spain (Push-back 1.15pm). Coverage of the Men's

FIH Hockey Pro League match from London 3.15 MotoGP Rewind. The best of the action.
3.30 LIVE Hockey United States v Germany (Push-back 3.30pm). Coverage of the Women's FIH Hockey Pro League match from London.

5.30 Badminton Weekly. The latest action.

5.45 LIVE Hockey Ireland v Germany (Push-back 5.45pm). The Men's FIH Hockey Pro League match from Lee Valley Hockey and Tennis Centre.

7.45 MotoGP Highlights 8.45 No Filter Football 9.00 LIVE MLB Washington Nationals v New York Mets (Start time 9.05pm). Coverage of the National League match from Nationals Park.

12.15am MLB Plays of the Week 12.45 MotoGP

Rewind 1.00 Lique 1 Highlights 2.00 TNT Sports Goals Reload 3.00 Premiership Women's Rugby 4.00-6.00am Gallagher Premiership Rugby Union

# TNT SPORTS 2

1.30pm Badminton Unlimited 2.00 T100 Triathlon World Tour 2.30 UEFA Europa League 4.00
UEFA Europa League & Conference League
Magazine 5.00 MLB Highlights 6.00 MLB Plays
of the Week. A look at the most exciting plays.
6.30 UVE MLB Boston Red Sox v Atlanta Braves (Start time 6.35pm). Coverage from Fenway Park. 9.45 TNT Sports Reload. The best bits. 10.00 Hockey 11.00 Hockey 2.00am TNT

Sports Reload 2.30 Badminton Unlimited 3.00-1.30pm LIVE Badminton Coverage from the Indonesia Open Round of 16, which takes place at Gelora Bung Karno Sports Palace in Jakarta.

## EUROSPORT 1

6.00am Golden Trail World Series. From round three. 6.30 Roland-Garros. Action from day 10 9.30 LIVE Roland-Garros Coverage of day 11.
5.00 Roland-Garros 7.00 Roland-Garros Courtside
7.30 LIVE Roland-Garros Day 11 of the French

Open, including the singles quarter-finals.

10.30 Roland-Garros Courtside. More comment and analysis. **11.00** Roland-Garros **1.00am**Porsche Supercup **2.00** Cycling: Criterium Porsche Supercup **2.00** Cycling: Criterium du Dauphine **3.00** Motocross World Championship 5.00-6.00am Cycling: Criterium du Dauphine

# **Entertainment & Factual**

ITV3

6.00am Classic Emmerdale 7.00 Classic Coronation Street 8.05 Endeavour 10.15 The Royal 11.20 Heartbeat 1.40pm Classic Emmerdale 2.40 Classic Cord Street **3.40** Agatha Christie's Marple **5.45** Heartbeat **8.00** Midsomer Murders 10.00 Wire in the Blood 11.50 The Royal 12.40am Bless This House 1.05 Upstairs, Downstairs 2.00-2.30am Unwind with ITV

### ITV4

**6.00am** World of Sport **6.15** Minder **7.10** The Sweeney **8.10** The Adventures of Sherlock Holmes 9.15 Magnum, Pl 10.20 Kojak 11.25 Isle of Man TT 12.25pm The Adventures of Sherlock Holmes 1.35 Magnum, Pl 2.40 Kojak 3.40 Minder 4.50 The Sweeney 6.00 BattleBots 7.00 Cycling Criterium du Dauphine Highlights 8.00 Brit Rally Championship 9.00 Isle of Man TT 10.00 No Room For Error 11.05 All Elite Wrestling: Collision 1.00am Isle of Man TT 1.55 The Protectors 2.25-3.00am Unwind with ITV

# **5STAR**

8.00am Bargain-Loving Brits in the Sun 10.00 Shoplifters: Catch Me If You Can 11.00 Traffic Cops **2.00pm** Police Interceptors **5.00** Call the Bailiffs: Time to Pay Up **6.00** Home and Away **7.00** GPs: Behind Closed Doors **8.00** Casualty 24/7: Every Second Counts **9.00** Skin A&E **10.00** The Accused: Guilty or Innocent? 11.00 FILM Ouija Origin of Evil (2016/15) \*\*\*\* 12.55 A&E After Dark 2.00 Casualty 24/7: Every Second Counts 2.50 GPs: Behind Closed Doors **3.35-4.00am** Home and Away

# REALLY

6.00am Celebrity Fantasy Homes 7.00 Cruise TV with LoveitBookit 8.00 Salvage Hunters 10.00 The Yorkshire Auction House 11.00 Antiques Road Trip 12.00noon Money for Nothing 2.00 The Repair Shop 3.00 Antiques Road Trip 5.00 The Yorkshire Auction House 7.00 Antiques Road Trip 9.00 The Face Doctors 10.00 NEW Botched Bariatric 11.00 Help! My House Is Haunted 12.00mt Unexplained: Caught on Camera 1.00 Paranormal: Caught on Camera 2.00 Teleshopping 4.00 Animal Cops Philadelphia 5.00-6.00am Animal Cops Houston

# **5ACTION**

9.00am Car Pound Cops 9.25 The Motorway 10.25 Traffic Cops 11.25 Police Interceptors 12.30pm FILM Bullet for a Badman (1964/PG) \*\* 2.10 FILM The Wild and the Innocent (1959/PG) \*\* 4.00 The Motorway 5.00 Traffic Cops 6.00 Police Interceptors 9.00 Motorway Cops: Catching Britain's Speeder 10.00 Warship: Life at Sea 11.05 FILM
Delta Force II: The Colombian Connection (1990/18) \*\* 1.20 999: Criminals Caught on Camera 2.15-4.00am Trucking Hell

# **SKY ARTS**

6.20am Classic Quadrophenia 8.00 The Jov of Painting 9.00 Tales of the Unexpected
10.00 Alfred Hitchcock Presents 11.00
Discovering: Ronald Colman 12.00noon The Joy of Painting 1.00 Tales of the Unexpected 2.00 FILM South Pacific (1958/PG) \*\*\*\*
4.50 The Joy of Painting 6.00 Tales of the Unexpected 7.00 Alfred Hitchcock Presents

BBC RADIO 1

Radio 1 Breakfast with Greg James 10.30 Newsbeat 10.32 Rickie, Melvin and Charlie 12.45pm Newsbeat 1.00 Dean and Vicky

3.30 Newsbeat 3.32 Going Home with Vick, Katie and Jamie on Radio 1 5.45 Newsbeat

6.00 Radio 1's New Music Show with Jack Saunders 8.00 Radio 1's Future Pop with

Mollie King 10.00 Radio 1's Power Down Playlist with Sian Eleri 11.00 Benji B 1.00am Radio 1's Big Weekend-Live Sets 2.00 The

Radio 1 Interview 2.15 Radio 1 Playlists

2.30 6 Degrees from Jamie and Spencer 3.00 Radio 1 Relax 4.00 Radio 1 Dance

**BBC RADIO 2** 

88-91MHz 6.30am The Zoe Ball Breakfast Show 9.30 Gary Davies 12.00noon Jeremy Vine 2.00 Scott Mills 4.00 Sara Cox 6.30

Sara Cox's Half Wower **7.00** Jo Whiley's Shiny Happy Playlist **7.30** Jo Whiley **9.00** 

The Folk Show with Shaun Keaveny 10.00 Trevor Nelson's Magnificent 7 10.30 Trevor Nelson's Rhythm Nation 12.00m't OJ Borg

3.00 Dance Sounds of the 90s with Verno Kay 4.00-6.30am Owain Wyn Evans

90.2-92.4MHz 6.30am Breakfast 9.30

Concert 9.45 The Essay: EarthWorks

**BBC RADIO 3** 

sential Classics 1.00pm Classical Live

3.00 Choral Evensong 4.00 Composer of the Week: Amanda Maier-Rontgen 5.00 In Tune 7.00 Classical Mixtape 7.30 Radio 3 in

5.00-6.57am Radio 1 Early Breakfast

97.6-99.8MHz 6.57am Newsbeat 7.00

Resident Alien Sky Max, 11pm Harry (Alan Tudyk, left), Bridget, Asta, and D'arcy board the Grev's ship to stop the aliens plar to destroy Earth and recover Kate's daughter. Meanwhile, Joseph switches sides but General Wright isn't convinced.

8.00 Portrait Artist of the Year 2022 9.00 ainting Birds with Jim and Nancy Moir 10.00 The Eighties 11.00 Greatest Albums
Live 12.00m't More Than This: The Story of Roxy Music **1.00** Bryan Ferry Plays Baloise Session **2.15** Wonderland: From JM Barrie to JRR Tolkien 3.15 Cheltenham Literature Festival **4.15** Freddie Mercury: Auction Special **5.10-6.00am** Auction

# GOLD

**7.10am** Desmond's **8.00** Keeping Up Appearances **9.20** My Hero **10.00** Are You Being Served? **10.40** Porridge **11.20** Last of the Summer Wine 12.40pm Keeping Up Appearances 1.20 My Hero 2.00 Porridge 2.40 Dad's Army 3.20 Are You Being Served? 4.00 Last of the Summer Wine 5.20 Porridge 6.00 Keeping Up Appearances 6.35 Dad's Army **8.00** Still Open All Hours **8.40** The Thin Blue Line **9.15** dinnerladies **10.00** The Royle Family 10.40 Harry Enfield and Chums 11.20 The Office 12.00m't Still Open All Hours 12.40 The Thin Blue Line 1.15 dinnerladies 2.00 The Royle Family 2.35 Harry Enfield and Chums **3.15-4.00am** The Office

## YESTERDAY

6.10am Scouting for Toys 8.00 Abandoned Engineering 10.00 Adolf Hitler's War 11.00 World War Weird 12.00noon Great British Railway Journeys 1.00 Antiques Roadshow 2.00 Bangers & Cash 4.00 The World at War 5.00 World War Weird 6.00 Antiques Roadshow **7.00** Canal Boat Diaries **8.00** Great Coastal Railway Journeys **9.00** Rangers & Cash: Restoring Classics 10.00 Bangers & Cash 11.00 Abandoned Engineering 12.00m't Great British Railway Journeys 1.00 Hornby: A Model World 2.00-3.00am Abandoned Engineering

# ALIBI

7.10am Murdoch Mysteries 9.00 The Corone 10.00 Elementary 11.00 Shakespeare & Hathaway: Private Investigators 12.00noon Father Brown 1.00 Death in Paradise 2.00 Murdoch Mysteries 4.00 Elementary 5.00 Father Brown **6.00** Shakespeare & Hathawa Private Investigators **7.00** Elementary **8.00** Death in Paradise **9.00** NEW Alaska Daily. An American PI is arrested for murder. 10.00 Death in Paradise 11.05 Elementary 12.05am Why Women Kill 1.05 Unforgettable 2.00 Murdoch Mysteries 3.00-4.00am The Game

# **SKY MAX**

6.00am NCIS: Los Angeles 7.00 DC's Legends of Tomorrow 8.00 The Flash 9.00 Stargate SG-1 11.00 NCIS: Los Angeles 12.00noon The Flash 1.00 SEAL Team 3.00 Hawaii Five-0 4.00 S.W.A.T 5.00 DC's Legends of Tomorrow 6.00 Stargate SG-1 8.00 A League of Their Own: Mexican Road Trip 9.00 FILM Escape from New York (1981/15) \*\*\*\* 11.00 Resident Alien **12.00m't** The Walking Dead **1.00** Ted **2.00** Brassic **3.00** Banshee **4.00** S.W.A.T **5.00**-6.00am There's Something About Movies

#### **SKY ATLANTIC**

**6.00am** Urban Secrets **7.55** True Blood **10.05** Billions **12.15pm** Game of Thrones 1.20 The Sopranos 3.30 True Blood 5.40 Billions 7.50 Game of Thrones. Cersei answers a request, and Tyrion's plans bear fruit. 9.00 The Sympathizer. The General begins to suspect there is a mole. 10.10 The King: double bill 12.10am The Pacific 1.15 The Newsroom **2.25** Game of Thrones **3.35** In Treatment **4.05-6.00am** Urban Secrets

## SKY WITNESS

6.00am Air Ambulance ER 7.00 Border Patrol 8.00 UK Border Force 9.00 Send in the Dogs 10.00 Brit Cops: Frontline Crime UK 11.00 Bull 12.00noon New Amsterdam 1.00 9-1-1 2.00 FBI: Most Wanted 3.00 Nothing to Declare UK 4.00 Nothing to Declare 8.00 Caught on Dashcam 9.00 Fire Country 10.00 The Good Doctor 11.00 The Rookie: Feds 12.00m't FBI 1.00 FBI: International 2.00 FBI 3.00 FBI: International 4.00 The Force: Manchester 5.00-6.00am Air Ambulance ER

## SKY COMEDY

8.00am Will & Grace 9.00 The Conners 10.00 Run 10.30 Veep 11.40 Entourage 12.50pm High Maintenance 2.10 Veep 3.20 Entourage 4.30 Run 5.00 Will & Grace 6.00 The Office (US) 7.00 The Conners 8.00 Will & Grace 9.00 Barry: double bill 10.15
And Just Like That 11.45 The Tonight Show Starring Jimmy Fallon **12.45am** Silicon Valley **2.00** Bliss **3.10** Flatbush Misdemeanors 3.45-5.00am High Maintenance

# **DISCOVERY**

6.00am How It's Made 7.00 Deadliest Catch 8.00 Building Off the Grid 9.00 Combat Dealers 10.00 Demolition Down Under 11.00 Wheeler Dealers 1.00pm Barnwood Builders 3.00 Gold Rush 4.00 Alaska: Homestead Rescue 6.00 Demolition Down Under **7.00** Kindig Customs **8.00**Supertruckers **9.00** Border Control Poland 11.00 Combat Dealers: Reloaded 12.00m't Gold Divers **1.00** Border Control Poland **3.00** Gold Rush **4.00-5.00am** Moonshiners

# **NATIONAL GEOGRAPHIC**

8.00am Food Factory 9.00 Air Crash Investigation 10.00 World War II: Secrets from Above 11.00 Europe from Above 12.00noon Car S.O.S 1.00 To Catch a Smuggler 2.00 Air Crash Investigation 3.00 Fiennes: Return to the Wild 4.00 Drain the Oceans **5.00** Car S.O.S **6.00** Lost Treasur of Egypt **7.00** Air Crash Investigation **8.00** Car S.O.S. 11.00 Air Crash Investigation 12.00m't To Catch a Smuggler 1.00 Europe from Above 2.00 Money Meltdown 2.30 Food Factory **3.20** Bid & Destroy **4.10-5.00am** Secrets of the Zoo: Keeper Tales

# Movies

**11.00am The Sound Barrier** (1952/U) Drama starring Ralph Richardson. ★★★★ 1.20pm The Sons of Katie Elder (1965/U) Western, starring John Wayne. ★★★★

3.45 Von Ryan's Express (1965/PG) Second

World War action adventure, starring Frank Sinatra and Trevor Howard. \*\*\*
6.10 Cast Away (2000/12) A courier service

manager is forced to fend for himself when a plane crash leaves him stranded alone for vears on a desert island. Adventure drama. with Tom Hanks and Helen Hunt. ★★★

9.00 Flag Day (2021/15) A man lives a double

life as a counterfeiter, bank robber and con-man to provide for his daughter. Crime drama, starring Sean Penn. ★★★

11.15 Bad Boys (1995/15) Thriller, starring Will Smith and Martin Lawrence. ★★★
1.35-3.50am Bombshell (2019/15) Drama, with Charlize Theron and Nicole Kidman. \*\*\*

## **SKY CINEMA PREMIERE**

6.15am Ride On (2023/PG) See 1.40pm for details. \*\*\*

8.35 Bonus Track (2023) See 4.00pm for details.

**10.25 Some Other Woman** (2023/15) See 12.00am for details. ★★★ 12.00noon Boonie Bears: Guardian Code

(2023/PG) Animated adventure, with the voice of Joseph S Lambert. 1.40pm Ride On (2023/PG) Action drama

starring Jackie Chan and Liu Haocun. \*\*

4.00 Bonus Track (2023) Comedy, starring Joe Anders and Samuel Small. \*\*\*

5.45 Blue Beetle (2023/12) Fantasy

adventure, starring Xolo Mariduena, 8.00 The Exorcist: Believer (2023/15) Single parent Victor Fielding battles to save the soul of his daughter Angela, 13 years after the death of his wife. Horror sequel, starring Leslie Odom Jr and Ellen Burstyn. \*\*\*

10.00 Cult Killer (2023/15) Thriller, starring Alice Eve and Antonio Banderas. \*\*

12.00m't Some Other Woman (2023/15) Thriller, starring Ashley Greene. \*\*

1.35am Force of Nature: The Dry 2 (2024/15)

Thriller, with Eric Bana and Anna Torv. \*\* 3.35 The Inseparables (2023/U)
Animated adventure, with the voices of

Monica Young and Danny Fehsenfeld. ★★★
5.15-7.30am Ride On (2023/PG)
See 1.40pm for details. ★★★★

# **SKY CINEMA PRIDE**

4.10pm You Can Live Forever (2022/15) ma, starring Anwen O'Driscoll. \*\*\* 6.00 Bernard and Doris (2006/15) Drama, with Susan Sarandon and Ralph Fiennes. 8.00 Bonus Track (2023) Comedy, starring

Joe Anders and Susan Wokoma. ★★★

9.55 Rurangi (2020/15) Drama, starring Elz Carrad, Arlo Green and Kirk Torrance, 11.30 Carmen & Lola (2018/18) Drama, with Rosy Rodriguez and Zaira Romero.

1.25am And the Band Played On (1993/15) Drama, starring Matthew Modine. ★★
3.55-6.10am West North West (2015/15)

Drama, starring Hanae Kan. \*\*\*

#### SKY CINEMA FAMILY 4.50pm The Lord of the Rings: The Return of

the King (2003/12) Conclusion of the fantasy adventure trilogy, with Elijah Wood. \*\*\*\*\*
8.15 The Karate Kid (2010/PG) Drama, with Jaden Smith and Jackie Chan. ★★★

10.40 The Portable Door (2023/PG) Fantasy adventure, starring Christoph Waltz. \*\*\*\*

12.50am The Tiger Rising (2022/PG) Family drama, starring Dennis Quaid. \*\*\*

2.35 The Spy Next Door (2010/PG) Comedy,

with Jackie Chan and Magnus Scheving. •
4.15-6.00am Mee-Shee: the Water Giant 2005/PG) Children's fantasy, starring Daniel Magder and Bruce Greenwood.

# **TALKING PICTURES TV**

5.30pm Bonanza A gang kidnaps Ben.7.00 Dixon of Dock Green Drama series. 8.00 The Human Jungle Drama series.9.05 Gideon's Way A boy flees for his life.10.10pm The Cater Street Hangman (1998/ PG) Thriller, starring Eoin McCarthy.

12.30am Maigret Mystery drama series.

1.35 Out of Bounds (1986/18) Thriller, starring Anthony Michael Hall and Jenny Wright.

3.25 Vanishing Point (1971/18) Thriller, starring Po

Barry Newman and Cleavon Little. \*\*\* 5 25-6 00am Sherlock Holmes

# **GREAT! MOVIES**

5.00pm Witness Unprotected (2018) Thriller. starring Daphne Zuniga and Adam Huss 6.50 The Rundown (2003/12) Action comedy, starring Dwayne Johnson. 9.00 The Green Hornet (2011/12) Comic-book adventure, starring Seth Rogen. ★★
11.25pm Cold in July (2014/15) Thriller, with

Michael C Hall and Sam Shepard. \*\*\*\*

1.55am 6 Below: Miracle on the Mountain (2017/12) Adventure, starring Josh Hartnett and Mira Sorvino. ★★★ **4.00-6.00am The Killer Trainer** (2018/PG)

Thriller, starring Hannah Barefoot.

Franchi 1.00-6.00am Dan Noble

# Radio

CHOICE Jo Whiley Radio 2, 7,30pm

Jo welcomes Crowded House, aka Neil, Liam and Elroy Finn, Nick Seymour and Mitchell Froom, for a Sofa Session. Formed in Melbourne, Australia, in 1985, the band have become known the world over for their hits including Weather With You, Don't Dream It's Over and Something So Strong

10.00 Night Tracks 11.30 'Round Midnight 12.30-6.30am Through the Night

### BBC RADIO 4 FM 92.4-94.6MHz 6.00am Today 9.00 More

or Less **9.30** To Catch a Scorpion **10.00** Woman's Hour **11.00** The Today Debate 11.45 Book of the Week: Night Train to Odesa 12.00noon News 12.04 You and Yours **1.00** The World at One **1.45** Thief at the British Museum **2.00** The Archers **2.15** Drama: The Interrogation **3.00** The Law Show 3.30 The Artificial Human 4.00 The Media Show 5.00 PM 6.00 News 6.30 Robin Ince's Reality Tunnel 7.00 The Archers 7.15 Front Row 8.00 AntiSocial 8.45
Uncharted with Hannah Fry 9.00 Being Roman with Mary Beard 9.30 All in the Mind 10.00 The World Tonight 10.45 Book at Bedtime: Long Island 11.00 Bunk Bed 11.15 Chloe Petts' Toilet Humour 11.30 Soul Music 12.00m't News 12.30 Book of the Week: Night Train to Odesa

12.48 Shipping 1.00 As BBC World Service 5.20 Shipping 5.30 News 5.43 Prayer for the Day 5.45-6.00am Farming Today

#### **BBC RADIO 5 LIVE** 693/909kHz 6.00am 5 Live Breakfast

9.00 Nicky Campbell 11.00 Naga Munchetty 1.00pm Nihal Arthanayake **4.00** 5 Live Drive **7.00** 5 Live Sport **7.30** Tennis **10.30** Gordon Smart **1.00am** Dotun Adebayo 5.00-6.00am Wake Up to Money

# BBC RADIO WALES

FM: 94.6MHz 6.00am Radio Wales News 6.05 Wake Up with Radio Wales 6.30 Science Cafe 7.00 Radio Wales Breakfast 9.00 Eleri Sion 12.00noon The Phone In 2.00 Nathan Sussex 5.00 Radio Wales Drive 6.30 Country Focus 7.00 Bronwen Lewis 10.00 Sian Reeves 12.00m't Relax with Radio Wales 1.00-6.00am As Radio 5 Live

# **CLASSIC FM**

100-102MHz 6.30am Classic FM Breakfast with Dan Walker 9.00 The Classic FM Hall of Fame Hour with Dan Walker 10.00 Alexander Armstrong 1.00pm Anne-Marie Minhall 4.00 Margherita Taylor 7.00 Relaxing Evenings 10.00 Calm Classics 1.00am Bill Overton 4.00-6.30am Early Breakfast

# ABSOLUTE RADIO

DAB 6.00am Dave Berry. Morning music and chat. 10.00 Leona Graham 1.00pm Ben Burrell 4.00 Bush and Richie. Afternoon show. 7.00 Danielle Perry 10.00 Emil

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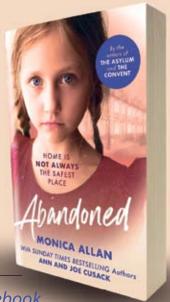




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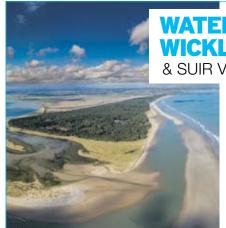
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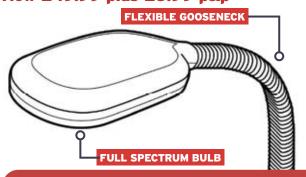
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# RESULTS & PRICES

#### SOUTHWELL.

2.15: LEGENDARY DAY (B Hughes 11-1) 1; Icare Grandchamp (28-1) 2; Homme D'Un Soir (9-1) 3. 14 ran. 4-1f Mystic Man. 24, nk. (A Keatley). Tote: £12.20; £3.80, £9.10, £3.50. Tote Exacta: £433.00 Tricast: £2802.71. Trifecta: £2808.40. CSF: £285.82. 245: DO NO WRONG (C Bewley) 14-1) 1; The Wolf (6-1) 2; Crystal Moon (9-2) 3. 6 ran. 11-4f Tom Creen. 11/2, ½. (Lustin Landy), Tote: £15.90; £5.80, £3.40. Tote Exacta: £96.80. Trifecta: £535.40. CSF: £283.08. NF: No Regrets. 3.15: CHARISMA CAT (T Cannon 16-5) 1; Everest (10-1) 2; Rockola Vogue (7-2) 3. 11 an. 2], 11. (A King). Tote: £420; £140, £1.70, £3.70. Tote Exacta: £36.20. Trifecta: £140.40. CSF: £35.80. \$40. CSF: £235.80. SSF: £33.9 ran. £349. ½. (P. & MB Dowen). Tote: £2.38; £1.10, £4.40, £5.50. Tote Exacta: £20.30. Trifecta: £417. N. CSF: £34lyra. 4.20; HELL HOUND (J. J Burke 2-1) 1; Stacked HELL HOUND (J. J Burke 2-1)

51-10, 14-14,0, 25-50. Tote Exacta: \$20.30. Tiffecta: \$245.17. CSF: £40.17. NR: Shaldyn-4,20: HELL HOUND (J J Burke 2-1) 1; Skyjack Hijack (15-2) 2; Timetotalk (50-1) 3, 11 ran, 4-7f Backmersackme. 1¼, ½, (N Mulholland), Tote: £3.10; £1.10, £2.10, £7.70. Tote Exacta: £25.70. Tiffecta: £307.10. CSF: £18.39. NRs: Kurna Beach, Noble Cave. 4,50: MOSTLY SUNNY (H Skelton 5-4); Glimpse Of Glory (4-1) 2; Royal Max (10-1) 3, 10 ran, 14l, 2l. (D Skelton), Tote: £2.25; £11.0, £1.10, £2.90. Tote Exacta: £8.00. Tiricast: £33.94. Tiffecta: £49.10. CSF: £6.88. NRs: Bannister, Foster's Fortune. 5-20: THE BIG LENSE (Mr A Chadwick 7-2) 1; Elham Valley (4-1) 2; Belvedere Blast (25-1) 3, 6 ran. 6-5f Lipa K. 11, ½. (James Owen), Tote: £4.80; £1.60, £1.90. Tote Exacta: £16.50. Tiffecta: £131.90. CSF: £16.76. 5-50: MALAGO ROSE (J Best 9-2) 1; Fine By Me (17-2) 2; Honneur De Sivola (16-1) 3, 12 ran, 9-4f Rocky Hill. 114, 201. (S Earle). Tote: £5.50; £1.90, £3.00, £4.40. Tote Exacta: £36.50. Tiricast: £571.39. Tiffecta: £511.90. CSF: £42.43. NRs: Bergentown, Inspector Lynley, Jeteye, Lurninaries. Placepot: £3,448.90. Quadpot: £14.20.

#### LEICESTER

LEICESTER

2.33: PENTLE BAY (J P Spencer 5-1) 1;
American Style (40-1)2; High On Hope (4-1)

3.14 ran. 5-21 Calyxoh. hd, hd. (G Boughey).
Tote: 68.60; £2.30, £11.30, £1.80. Tote Exacta: £253.20. Trifecta: £11658.0. CSF: £201.00.

3.03: DIBBLE DABBLE (S D Bowen 17-2)

1; Standbackandlook (8-1) 2; Letmebetheboss (17-2); 3.1 aran. 11-4f Harlington. 4¼, 5l.
(J Ferguson). Tote: £9.70; £2.50, £3.00, £2.80.
Tote Exacta: £80.10. Tricast: £603.57. Trifecta: £1138.50. CSF: £71.87.

Tote Exacta: £80.10. Incast: £603.57. Infecta: £1138.50. £5F. £71.87. 3.33: SO DEUCE (R Dawson evensf) 1; Gaiety Musical (£50-1) 2; Forest Gate (8-1) 3. 13 ran. 4¼, 2¾, (R Varian). Tote: £2.00; £1.20, £27.20, £2.40. Tote Exacta: £313.00. Tiffecta: £2365.70. CSF: £500.79. NR: Under

Siege. 4.03: SPACEPORT (T Marquand 17-2) 1; Sea The Thunder (9-2) 2; Reaching High (2-1f) 3. 6 ran. ¾, 171. (W Muir & C Grassick) Tota: 950; 12-40, 350. Tote Exact 245-20. Tiriecta: £137-60. CSF: £44-97.

245.20. Trifecta: £137.60. CSF: £44.97.
4.38. METABOLT (Rossa Ryan 3-1) 1;
Mitrosonfire (8-1) 2; Hat Toss (13-2) 3. 7 ran.
9-4f Charencey, hd, 1%, (D Loughnane), Tote:
40.07; £21.05.270. Tote Exacta: £21.00. Tricast: £142.36. Trifecta: £122.80. CSF: £25.66.
NR: Dashing Dick.
5.08: MRS TRUMP (Mark Winn 2-1f) 1;
Alfred Cove (4-1) 2; Enchanted Night (11-2)
3. 7 ran. ½, 1; P Midgley), Tote: £3.00; £1.60.
£2.00. Tote Exacta: £9.70. Tricast: £35.90. Trifecta: £33.40. CSF: £9.75. NRs: Atty's Edge,
Zeno.

# WOLVERHAMPTON

WOLVERHAMPTON
5.30: WHERE'S CLARE (J Fanning 8-13)
5.30: CS-5: CLARE (J Fanning 8-13)
5.30: CS-5: CLARE (J Fanning 8-13)
5.30: CMB COURT JUDGE (R Hornby 6-13)
5.30: HIGH COURT JUDGE (R Hornby 6-13)
5.30: HIGH COURT JUDGE (R Hornby 6-13)
5.30: MR SOURES (C Rodriguez 85-40)
6.30: MR SOURES (C RODRIGUEZ 85-40)
6.30:

27.40. Incast: 1:39. Imecta: 1:18:30. CS: 27.29. NR: Mudlahhim.
7.00: BEYLERBEY! (C Fallon 2-11); Candy Wartho! (9-1); 2: Streak Lightning (7-2): 3. 9 ran. 1½. ½. (I Williams). Tote: 23.00; 21.30, 22.10, 21.10. Tote Exacta: 216.60. Tricast: 500.14. Trifecta: 265.90. CSF: 221.23.
7.30: FAST AFFAIR (D Muscutt 16-1); 17. Odd Socks Havana (2-1); 2; Thoughtful Gift (8-1); 3. 12 ran. evensf Little Empire. 4, nk. (J Fanshawe). Tote: 217.00; 22.00, 23.80. 24.50. Tote Exacta: 2290.80. Tricast: 20058.62. Trifecta: 22593.30. CSF: 2335.00. NR: Carey Street.

8.00: GLOBAL EFFORT (L Morris 12-1)

1; Ustath (12-1) 2; Oriental Spirit (5-2f) 3. 12 ran. nk, ½. (P McEntee). Tote: £13.80; £3.90, £4.00, £1.40. Tote Exacta: £144.10. Tricast: £487.36. Trifecta: £868.80. CSF: £148.65. 8.30: DUE DATE (M Ghiani 7-2) 1; Eldeyar (100-30f) 2; Gidwa (16-1) 2;10 ran. nk,

Gidwa £29.10. NR: Miss Billie.
9.00: GOLDEN MYRRH (R Homby 11-2); Idyllie (28-1); Show Me A Hero (15-2) 3.
9 ran. 5-2f Con Te Partiro. 114, ½. (R Beckett).
Tote: £0.50; £1.90, £5.90, £2.30. Tote Exacta:
£164.10. Tricast: £1154.67. Tirficeta: £903.00.
CSF: £139.56. NR: La Sonnambula.
Placepot: £41.70. Quadpot: £21.60.

#### LINGFIELD

6.15: LUNAR SHADOW (H Doyle 7-2) 1; Aiming High (7-2) 2; Damascus Steel (11-4f) 3. 8 ran. ½, 1¼. (A King). Tote: £4.50; £1.30, £1.60, £1.20. Tote Exacts: £21.20. Tisast: £37.93. Tiffecta: £61.10. CSF: £16.52. NR:

21.60, £1.20. Tote Exacta: £21.20. uncast: £37.93. Tiffecta: £61.10. CSF: £16.52. NR: Pour Me A Drink.
6.45: AL. QUDRA (W Buick 4-5f) 1; Soldier's Heart (7-2) 2; The Fingal Raven (17-2) 3, 9 ran. 2½, 2¼, (C Appleby). Tote: £1.80; £1.10, £1.50, £2.60. Tote Exacta: £4.40. Tiffecta: £16.50. CSF: £3.83. NR: Spirit Lead Me. 7.15: LAOISMAN (R Haviin 5-4f) 1; Almaty Star (8-1) 2; Harry Brown (11-2) 3, 6 ran. ½, ½, (S Woods). Tote: £2.25; £1.20, £3.10. Tote Exacta: £10.40. Tiffecta: £37.00. CSF: £11.52. NR: The Thames Boatman.
7.45: QUEEN'S GUARD (James Doyle 2-1f) 1; Invincible Speed (7-2) 2; Engineer (11-2) 3, 5 ran. 2¼, 11. (M Bell). Tote: £3.00; £1.50. CSF: £9.31. NRs: Dapperling, Different Breed.

Edition Construction (1) 1; Rinnovati (5-2) 2; Willowbank (5-1) 3. 10 ran. 2-1f Blacklion. 2½, 3l. (S Dow). Tote: £55.40; £8.60, £1.20, £1.80. Tote Exacta: £194.50. Ticast: £63.28.4. Tirifecta: £883.00. CSF: £137.88.

NR: Majolica 8.45: CAMACHO MAN (R Clutterbuck 7-4); 1; Piranheer (150-1); 2; Foinix (7-2); 3. 11 ran. 1¼, nk. (L. Horsfall). Tote: 52.75; 51.30, 25.50, 51.40. Tote Exacts: 220.70. Trifecta: 51.426.10. CSF: 5381.12.

Jackpot: £10,000.00.
Placepot: £8.20. Quadpot: £5.60.

### GREYHOUNDS

NEWCASTLE. - 11.09 Blackhouse Star 7-4f (2-3-4, \$7.07, TC: £15.44). 11.27 Alnwick Lottie 5-1 (3-1-5, £19.52, TC: £55.83). 11.43 Pennys Lalun 2-1 (6-5-1, £22.11, TC: £30.75).

261.29 **\*\*ROMFORD.\*\*** - 2.23 Rumbling Syd 5-1 (6-1-3, £28.44, TC: £132.89). **2.41 Toems Lardie** 5-1 (4-3-2; £35.66, TC: £0.00). **3.01 Duch-ses Harbour** 2-1 (5-2-3, £6.32, TC: £0.00). **3.19 Time For Baileys** 4-1 (4-1-2, £32.51, TC: £0.00). **3.38 Brandy Love** 15-8f (1-2-3, £7.66,

4 (6) 5 (4) 6 (13) 7 (5) 8 (3) 9 (11) 10 (7) 11 (10)

ess Harbour 2-1 (5-2-3, £6.32, TC: £0.00), 3.39 Time for Balieys 4-1 (4-1-2, £32.51, TC: £0.00), 3.38 Brandy Love 15-8f (1-2-3, £7.66, £7.12), 3.57 Altesse Destiny 7-4f (1-4-6, £11.79, TC: £0.00), 4.36 Rathmeehan Breda 2-1 (4-3-2, £25.82, TC: £0.00), 4.36 Yorbane Rockie 3-1 (5-2-1, £11.39, TC: £0.00), 4.35 Harlequin Druids 5-8f (6-5-1, £6.60, TC: £3.32), 5-12 Springhill Beryl 10-3 (3-2-5, £3.87, TC: £0.00), 5.3f Curraghalla Blue 7-1 (2-3-5, £30.76, TC: £0.00), 5.48 Kingdom Hawk 2-1 (6-2-3, £7.83, TC: £0.00), 5.48 Kingdom Hawk 2-1 (6-2-3, £20.6), 11.18 No Escape 11-4 (6-5-1, £38.70, TC: £96.93), 11.82 Tirckys Buttons 10-1 (2-1-3, £35.97, TC: £0.00), £0.00, £0.

# **SPOTFORM GOINGS**

Heavy - H; Soft - S; Good to soft - GS; Good - G; Good to firm - GF; Firm - FM; Hard - HD; Yielding - Y; Yielding to soft - YS. A-W: Standard - ST; Slow - SL; Standard to fast - SF, Standard to slow - SS

# VANDEEK ON COURS

### BY **MELISSA JONES**

VANDEEK's team retain maximum faith in the crack juvenile with his Royal Ascot engagement looming up.

Simon and Ed Crisford's colt gave the top level Middle Park Stakes field a drubbing to round off an unbeaten 2023 campaign.

On his much-anticipated return last month, Havana Grey's speedy offspring suffered a shock Group Two defeat at Haydock.

Having had a 238-day break, odds on market leader Vandeek (right)

**6.40** TRY UNIBET'S IMPROVED BET BUILDER NOVICE STAKES (GBB RACE) (DIV 2) (4) 7f Winner £5.940 (13 run)

took a keen hold and he had no extra to offer in the Sandy Lane Stakes.

After the below-par third, he was replaced as favourite for the Commonwealth Cup by impressive winner Inisherin, who needs supplementing.

But Chris Wall, racing manager for owner Shaikh Khalid's KHK Racing, is expecting a jolt of improvement on June 21.

"I am confident we will see a better horse at Royal Ascot," he said.

"Vandeek's work in Newmarket

gives every indication he has retained his ability. Haydock's holding ground found him out but the run has brought him on and it's all systems go for the Commonwealth Cup."

■ Victor Dartnall, 75, said rising costs and a Brexit-influenced shortage of staff have influenced his decision to retireafter three decades training racehorses.

Fellow handler George Baker has announced he will relocate to Downs House in Epsom, after a multi-million pound revamp for the historic stable.



# KEMPTON **JACKPOT**

# 7.15 UNIBET SUPPORT SAFE GAMBLING HANDICAP (4) (3-Y-0) 7f Winner £5,757 (13 run)

1 (1) 19-2 LOCAL HERO (53) R Hannon 9-9 (C) (F)	<i>i</i> 87	ST
2 (2) 716-00 EXPONISTA (28) D Loughnane 9-9	92	GF
3 (6) 021-90 CITY HOUSE (32) J Fanshawe 9-9 (C)	94	ST
4 (13) 33-115 INNER TEMPLE (25) A Watson 9-5 (BF, D)	e 91	SF
5 (7) 32-211 SO LOGICAL (18) J & T Gosden 9-4 (D)	6 91	G
6 (9) 32-1 RASCAL RECKNELL (124) K P De Foy 9-4 (D) (SF)	e 85	ST
6 (9) 32-1 RASCAL RECKNELL (124) K P De Foy 9-4 (D) (SF)	1 93	ST
8 (10) 371-44 SPUN TO GOLD (19) A Balding 9-1 (D) (EW) 0 Murph	88	ST
9 (11) 321-04 NORTH VIEW (26) P Chapple-Hyam 9-1L Morri	89	GS
10 (12) 4-10 SUNFALL (17) W Haggas 8-13 (BF, CD) T Marquan	1 89	ST
11 (4) 6-51 STAR PUPIL (37) R Hughes 8-12	e 88	ST
12 (3) 9-0114 REY DE LA BATALLÁ (70) S Dow 8-12 (C, D)		
13 (8) 66-336 MESAAFI (18) C Fellowes 8-11		Ğ
BETTING: 7-2 So Logical, 4 Rascal Recknell, 6 Local Hero, 7 Star Pupil, 8 Sunfall, 1		n To
Gold, 12 Inner Temple, North View.		
2023: NEW ENDEAVOUR 9 8, David Egan 2-1 Fav (R Varian), drawn (2), 10 ran.		

7.45 TRY UNIBET'S NEW ACCA BOOSTS FILLIES' HANDICAP (4) 1m Winner £5,757 (10 run)

# .. Ethan Jones (7) •84 SS han Jones (7) •84 ... K Shoemark 74 ... T Marquand 83 ....Rossa Ryan 79 ...... H Davies 80 ...... H Crouch 78 ...... O Murphy 80 ...... J Fanning 78 ...... H Doyle 73 ..... S De Sousa 79 BETTING: 9-4 Miss Kubelik, 5 Cheshire Dancer, 7 Miss Information, Turn Up Th 8 Eleftheria, Mother Mary, 12 Get The Music On, Little Heron. 2023: TAMARAMA 4 10 2, Frankie Dettori 8-1 (R Beckett), drawn (10), 11 ran.

# 8.15 UNIBET ZERO% MISSION HANDICAP (3) 1m 4f Winner £7,731

-	_	_			
1	(10)	50-954	4 GLOBAL HEAT (25) S bin Suroor 8 9-9 (D)	94	G
2	(5)	5/178	- GOOLOOGONG (J109) G Baker 4 9-9 P Cosgrave 1	100	G
3			1 INSANITY (44) A King 4 9-2 (D) (SF)Rossa Ryan 1		
4			3 CHARGING THUNDER (24) D O'Meara 6 9-1 (D) S De Sousa •		
5	(1)	421-52	2 CRACKSKING (19) J Fanshawe 4 9-0 (F) T Marquand 1	104	G
6	(9)	676-00	O THE GOAT (20) A Balding 4 9-0 (D)	97	S
7			1 CHASE THE DOLLAR (26) D Loughnane 6 8-12 (C, D) Planas (3) 1		
			<ul> <li>FLOWER OF DUBAI (207) S &amp; E Cristord 4 8-12 (BF, C, D) C Shepherd 1</li> </ul>		
			3 ARTISAN DANCER (14) C Johnston 4 8-11 (D) J Fanning 1		
10	(2)	/80-75	5 SELWAN (27)   Williams 5 8-9 (D) (EW)L Morris 1	100	GS
В	ETTI	NG: 11-	4 Insanity, 5 Flower Of Dubai, 11-2 Cracksking, 13-2 Charging Thunder, 8	Cha	ase
			lobal Heat, 12 Artisan Dancer, The Goat, Selwan, 25 Gooloogong.		
20	23:5	AVVY K	(NIGHT 4 9 1, Robert Havlin 17-2 (S Woods), drawn (13), 14 ran.		

# 8.50 RACING TV HANDICAP (5) 2m

•	~ •		Willier £4,107 (7 Tull)		
1	(6)	20-552		83	
			MOEL ARTHUR (56) B Johnson 6 9-10Rossa Ryan		
3	(1)	410-60	MOTAZZEN (16) Miss H Knight 6 9-10T Whelan	85	ST
4	(3)	9/23-0	A GIFT OF LOVE (40) (H) C Fellowes 4 9-8K Shoemark	77	ST
			<b>SAILING ON</b> (15) E J-Houghton 4 9-1 (SF)	86	GS
			PAWPAW (J24) D J Jeffreys 7 8-13K Stott		-
7	(2)	5123-9	MASTER GREY (28) B Millman 9 8-12 (D) O Searle (7)	78	GF
			Zoran, 3 Sailing On, 7-2 Moel Arthur, 4 A Gift Of Love, 14 Master Grey. THEMOON 4 9 8, Richard Kingscote 11-2 (R Hughes), drawn (1), 11 ran.		

## **STAT OF THE DAY**

Training partnership Simon & Ed Crisford and jockey Callum Shepherd have a 50 per cent strike rate when teaming up at Kempton — two wins from four runners for a level-stake profit of +£5.12pts. So look out for APOTHEOSIS (6.40) and FLOWER OF DUBAI (8.15).

# PRO-BET

CLEARANCE (4.10 Newton Abbot) 2pts win.

NEWSBOY 5.05 POWDERING 5.35 JEWEL OF LONDON 6.10 MURASHAH 6.40 CORONADO KING 7.15 LOCAL HERO (NB) 7.45 MISS KUBELIK 8.15 CHASE THE DOLLAR 8.50 ZOPAN 8.50 ZORAN

8.30 ZURAN
BOUVERIE
5.05 POWDERING
5.35 JEWEL OF LONDON
6.10 TEN POUNDS
6.40 CAT NINJA
7.15 STAR PUPIL
7.46 CHESUIDE DANCED. 7.45 CHESHIRE DANCER (NB) 8.15 INSANITY 8.50 ZORAN

GOING: Standard to Slow.
COURSE: Right-handed Polytrack all-weather course. 1m round with tight turns and a 3f run-in.

COURSE: Hight-handed Polytrack all-weather course. In round with bight turns and a 3f run-in. DRAW: No advantage.

TOP TRAINERS: A Balding 91-556 (16.4%), J & T Gosden 81-373 (21.7%), C Appleby 74-215 (34.4%), R Varian 73-311 (23.5%), R Hannon 57-539 (10.6%), R Beckett 47-292 (16.1%), C Cox 43-318 (13.5%), J Fanshawe 41-271 (15.1%), W Haggas 40-220 (18.2%), J Butler 38-433 (8.8%), R Hughes 37-277 (13.4%), A Walston 36-280 (12.9%). ToP JOCKEYS: Olisin Murphy 107-532 (20.1%), Hollie Dolye 84-625 (13.4%), form Marquand 69-556 (12.4%), Rossa Ryan 67-493 (13.6%), Jim Crowley 57-291 (19.6%), List Morris 45-70 (4.4%), Hector Crouch 43-316 (13.6%), Callum Shepherd 39-426 (9.2%), Kieran Shoemark 30-388 (7.7%), Sean Levey 25-305 (8.2%), Silvestre De Sousa 25-157 (15.9%), Nei Callan 23-183 (12.6%).

25-305 (8.2%), Silvestre De Sousa 25-157 (15.9%), Neil Calian 23-183 (12.6%). TRAINER TARGETS (won today's race at least twice in last 10 years): None. 1ST TIME BLINKERS: 7.15 Galloping On. CHEKPIECES: 5.05 Dutch Kingdom, Epic Express, 7.15 North View\*, 8.15 Charging Thunder, 8.50 Motazen, Saling Ort.

TONGUE STRAPS: 5.05 Kracking, Marayel, 6.10 Hey Crackers\*, 7.15 City House, 7.45 Eleftheria, 8.50 Motazen, Zoran, (\*\*=1st time).

1ST RUN SINCE WIND OP: 6.10 Castle Peak

1ST TIME HOODS: 5.35 Hourglass Of Light, PROFITABLE RACES FOR FAVS: 5.35

# IN FORM

TRAINERS: M Herrington 5-9 (56%), P & 0 Cole 4-10 (40%), E Walker 8-23 (35%), B Pauling 3-9 (33%), J Tizzard 2-6 (33%), K Burke 2-6 (33%), L Horsfall 2-6 (33%), S England 5-16 (31%), J Tickle 2-7 (29%), Sir M Prescott 4-14 (29%), A Honeyball 4-15 (27%), C Appleby 3-11 (27%). JOCKEYS: C P O'Shea 2-4 (50%), J M Davies 3-8 (38%), Pierre Jamin 4-13 (31%), Callum Rodriguez 6-20 (30%), Jamie Spencer 2-7 (29%), Kaiya Fraser 2-7 (29%), Amie Waugh 2-8 (25%), Bryan Carver 2-8 (25%).

# Horse Racing & Sports Tips

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# TODAY'S ABC GUIDE TO FOUR UK MEETINGS

								<u> </u>
		Bullet Point	6.10	KM	East Lea	6.20	RI	Graham
E		Caffu Zafeen	6.40	KM	Easy Bucks	2.10	NE	Great Chieft
		Caitlin's Court	4.40	NE	Eileen's Milan	2.40	NE	Greatness A
		Cash In	6.55	RI	Electric Eddy	4.40	NE	Grey Moon
8.50	KM	Castle Peak	6.10	KM	Eleftheria	7.45	KM	Havana Princ
7.55	RI	Cat Ninja	6.40	KM	Elegant Call	6.55	RI	Havana Purs
3.27	NT	Celestial Orbit	5.35	KM	Eliza Bennet	5.35	KM	Havana Puse
3.27	NT	Celsius	3.27	NT	Elusive Enemy	5.15	NE	Henry Pick
4.40	NE	Channel Packet	2.27	NT	Epic Express	5.05	KM	Herakles
5.05	KM	Charging Thunder	8.15	KM	Ernest Rutherford	8.25	RI	Heure De Glo
3.40	NE	Chase The Dollar	8.15	KM	Exponista	7.15	KM	Hey Crackers
9.00	RI	Cheshire Dancer	7.45	KM	Facoulty	2.57	NT	Him Malaya
3.57	NT	Cillians Charm	4.10	NE	Fantasy Master	3.27	NT	Historic City
6.40	KM	City House	7.15	KM	Fanzone	2.27	NT	Honey I'm Go
5.05	KM	City Roller	5.15	NE	Far Horizon	4.57	NT	Hourglass Of
6.40	KM	Clearance	4.10	NE	Favori De Sivola	2.10	NE	Howard's Ch
6.20	RI	Clinton Lane	5.15	NE	Flower Of Dubai	8.15	KM	Huelgoat
6.20	RI	Cloud Street	2.57	NT	Forever A Diamond	7.45	KM	Inner Temple
8.15	KM	Coeur Jaune	2.57	NT	Fortamour	7.55	RI	Insanity
3.27	NT	Colonel Lesley	4.40	NE	Francesco Baracca	4.27	NT	Internationa
4.10	NE	Concert Boy	2.27	NT	Francesi	5.05	KM	Jaunty Belle
6.55	RI	Coronado King	6.40	KM	Galloping On	7.15	KM	Jewel Of Lon
7.55	RI	Cracksking	8.15	KM	Garden Oasis	7.25	RI	Jill's Jungle
9.00	RI	Cuan	6.55	RI	General Probus	2.10	NE	Jolty Jem
4.27	NT	Curious Mrs Fox	9.00	RI	Georgie Wooster	9.00	RI	Karannelle
3.27	NT	Daany	5.15	NE	Get The Music On	7.45	KM	Kayf Legend
2.10	NE	Dark Sun	6.55	RI	Gis A Sub	8.25	RI	Keeper's Cho
4.10	NE	Dartman	2.40	NE	Glance At Me	4.40	NE	Kentford Mal
9.00	RI	Disquietude	6.10	KM	Glendown	3.27	NT	Khathak
2.57	NT	Dontmesswithme	2.40	NE	Global Heat	8.15	KM	Kilo Sunshin
8.25	RI	Dosman	6.40	KM	Go Johnny Go	2.40	NE	King's Castle
6.55	RI	Double Jump	4.27	NT	Golden Strike	6.55	RI	Kracking
6 20	RI	Dreams Adozen	3 57	NT	Goldies Por	2 40	NE	Lady Droame

ty Good Of Light Shoice nal Girl 
 6.20
 RI
 Dreams Adozen
 3.57
 NT
 Goldies Roc
 2.40
 NE
 Lady Dreamer

 6.10
 KM
 Drink Dry
 4.27
 NT
 Good Impression
 4.40
 NE
 Lady Uzzon

 6.40
 KM
 Due Consideration
 9.00
 RI
 Gooloogong
 8.15
 KM
 Laguna Boy

 8.25
 RI
 Dutch Kinodom
 5.05
 KM
 Gorcombe Monoshine
 4.40
 NF
 Laguna Boy

Loom
Lord Rapscallion
Love Actually
Love Rock
Lucky Gift
Lucky's Dream
Mac Be Lucky
Makalu Manor Park
Marayel
Marmaduke Lemon
Maroochi
Master Grey
Messadi
Midnight Centurion
Miss El Fundi
Miss Information
Miss Kubelik
Miss Marette
Moel Arthur
Mollie Brown
Motazzen
Mother Mary
Mr Heinz

Leap Year Lad Lelant Leovanni Lightonthewing Little Heron Little Ted Local Hero Loom

Nevernay New Tycoon Night Lark No Saint North View Ocean Ridge Oscar Mike Papagrey Party Island Pathetic Falla Pawpaw Patnetic Fallacy Pawpaw Pentire Head Phoenix Passion Pisgah Pike Pisgah Pike Pidge Of Honour Powdering Powdering Powerdress Princess Niyla Profitar Rules Puddlesinthepark Rascal Recknell Red Evelyn Pefine

Refuge Remaat Rey De La Batalla Rey De La Batanie Rhythmic Intent Ribble Radiant Risen Again Robinsville Rock Opera Roman Secret Roost Saaheq Sailing On Saint Bibiana

Salamanca Lad
Sassy Sprezzatura
Seamore
Selwan
Sergeant Pep
Sevenofus
Seymour Promise
Shazani
Shirocco's Dream
Shortcross Storm
Shostakova
Show Biz Kid
Sibyl Charm
Signature Blue Sibyl Charm
Signature Blue
Silver Frettle
Single
Smallbrook Lane
Smart Hero
Snapcracklepop
Snooze Lane
So Logical
Sonic Blue
Spanish Annal Sonic Blue Spanish Angel Spanish Angel Sparkle In His Eye Speedacus Spun To Gold Star Pupil Star Shield Step It Out Goldie Stockpyle Storm Star Street Life Strong Johnson Summer Of Love Sunfall

Sunshine Soul Sweet Caryline Swift Hawk Taala Tales Of The Heart Tarahumara 7.25 RI
9.00 R
4.27 NT
4.27 NT
8.15 KM
6.20 RI
2.10 NE
6.20 RI
6.10 KM
6.257 NT
7.55 RI
6.10 KM
4.57 NT
7.15 KM

Taravara
Ten Pounds
The Goat
The Longest Day
Thurley
Time Tells All
Tobetso Tobetso
True Nation
Turn Up The Hea
Twelfth Knight
Twilight Guest
Tyke
Uggy Uggy Uggy
Up For Appeal
Valtellina

Valtellina Vamp Victoria Line



GOLDEN HOPE Richard Fahey has a smart novice

# Chance

# DAILY DOUBLE

**GOLDEN STRIKE** (6.55, nap) should be able to pick up where he left off last term in the Yorkshire Accountants Ripon Novice Stakes.

Third to big-money buy Bondy on his initial racecourse run at Pontefract, Richard Fahey's three year old did not help himself that day by starting slowly and swerving in the initial strides. running very green in the finish too to be beaten a length and a quarter.

But the son of Calyx righted the record on his next appearance at Ayr when

winnning an eightrunner maiden ahead of Firebird by a

distance of a length and a quarter.

And the mount of Billy Garrity might not need to improve too much again to take this heat.

At Kempton Park, put your faith in a LOCAL HERO (7.15, nb) in the Unibet Support Safe Gambling Handicap run over seven furlongs.

The Richard Hannontrained chestnut colt is a course winner over a mile at the Sunbury track, when ridden by today's pilot Sean Levey (above).

In his latest outing, the son of Phoenix Of Spain finished second of 11 behind Grey Cuban at Wolverhampton 53

days ago. And he is taken to convert that promising run into a victory against 12 rivals as he tackles handicap company for the first time.

# **NEWTON ABBOT**

NEWSBOY
2.10 PUDDLESINTHEPARK
2.40 HUELGOAT
3.10 MAROOCHI
3.40 AMERICAN GERRY
4.10 SWIFT HAWK
4.40 COLONEL LESLEY
5.15 THURLEY

BOUVERIE
2.10 LIGHTONTHEWING
2.40 HUELGOAT
3.10 KENTFORD MALLARD
3.40 AMERICAN GERRY
4.10 UGGY UGGY
4.40 KING'S CASTLE
5.15 CITY ROLLER

2	.10	NEWTON ABBOT RACECOURSE ON FACEBOOK H'CAP CHASE (4) 3m 2f Winner £6,997 (12 run)	0	
1	1P5-21	BEHIND THE CURTAIN (12) D Pipe 10 12-0 (D) (F)	•	
2		FAVORI DE SIVOLA (218) Mrs J Williams 9 11-11	108	(
3		<b>PENTIRE HEAD</b> (21) (B) P Nicholls 6 11-10 (BF) (SF) H Cobden	-	
4	94742/	GENERAL PROBUS (565) Christian Williams 10 11-9 N Scholfield	-	
5		LANGLEY HUNDRED (45) P Hobbs & J White 7 11-6 (EW) M G Nolan		
6		PUDDLESINTHEPARK (16) E Williams 6 11-6 (BF) Isabel Williams (3)		
7	65P5-4	EASY BUCKS (21) P & M Bowen 9 11-4 S Bowen	<b>116</b>	(
8	1123-1	LIGHTONTHEWING (16) Mrs S Gardner 9 11-4 (CD)	110	
9	/4P4-P	LOVE ACTUALLY (22) (B) K Burke 8 11-3 T Bellamy	109	G
10	4P46-3	ROBINSVILLE (27) J Tizzard 7 10-3 F Gingell (3)	110	(
11	P51-P5	SEYMOUR PROMISE (16) (B) J Tizzard 8 10-2 H Kimber	109	G
12	44P2P-	SHORTCROSS STORM (42) (B) C Honour 9 10-2 (CD) B Carver	97	(
		Behind The Curtain, 4 Pentire Head, 5 Lightonthewing, 6 Puddlesint		ırk
		robus, 12 Langley Hundred, Easy Bucks, 14 Robinsville, Favori De Sivola.		
2023	: CRESSWE	ELL QUEEN 8 10 <sup>°</sup> 2, Harry Reed 7-2 (D Hamer), 5 ran.		

# 2.40 RACING PARTNERSHIP NOVICES' HURDLE (GBB RACE) (4) 2.40 CRACING PARTNERSHIP NOVICES' HURDLE (GBB RACE) (4)

6	<b>EILEEN'S MILAN</b> (24) P Nicholls 5 11-2	L Williams	-	-
87-P	HENRY PICK (16) Mrs S Gardner 5 11-2	J Best	-	-
	HUELGOAT (17) P Nicholls 7 11-2 (C, D) (SF)			
	VICTORIA LINE (F953) C Down 6 11-2 (EW)	James Davies	-	-
9	DARTMAN (12) S-J Davies 4 10-10			
	GO JOHNNY GO (32) K Woollacott 4 10-10 (F)			
	DONTMESSWITHMÉ (16) S Hosie 5 10-9			
P	GOLDIES ROC (25) J Scott 6 10-9	R Dinale	-	-
	SWEET CARYLINE (198) J Tizzard 6 10-9			
TTING: 4-9	Huelgoat, 11-2 Eileen's Milan, 6 Go Johnny Go, 8	Victoria Line, 33 Gol		

# D DORTMESSWITHME, 66 DARTMAN, SWEET CATYLINE, 100 HENRY PICK. 123: SYLVIES DANCE 9 10 9, Mr Joshua Newman(5) 11-4 (K Woollacott), 6 ran. 3.10 NEWTONABBOTRACING.COM MARES' HANDICAP HURDLE (5) 3m 2f 105yds Winner £6,152 (10 run)

1	542P-7	SHIROCCO'S DREAM (23) J Tizzard 9 12-0 F Gingell (3)	-	-
2		SAINT BIBIANA (17) G Nicholls 7 11-10 (D) (SF)L Williams		G
3	3574-6	<b>HEURE DE GLOIRE</b> (21) (B) D Pipe 7 11-9	95	S
4	1F62-4	KENTFORD MALLARD (27) Seamus Mullins 11 11-0 (F)D Sansom (3)	107	G
5		MOLLIE BROWN (29) (B) A Honeyball 6 10-9B Godfrey		G
6		JAUNTY BELLE (42) D Rees 6 10-8 S Bowen		G
7		HONEY I'M GOOD (29) E Williams 8 10-8 (CD) (EW) Isabel Williams (3)		Н
8		MAROOCHI (19) K Burke 7 10-4 (C)		G
9	/4690-	STEP IT OUT GOLDIE (42) C Gordon 6 10-2R Dingle	101	S
10	82P3-U	SEVENOFUS (17) C J Gray 8 10-2 Elizabeth Gale (7)	61	G
		Saint Bibiana, 11-2 Kentford Mallard, 6 Shirocco's Dream, 7 Mollie	Brov	vn,
		Goldie, Heure De Gloire, Honey I'm Good, 12 Jaunty Belle, Maroochi.		
20	23· 6 V X U N U	IFFN 6 10 6 Span Rowen 13-8 Fay (P & M Rowen) 3 ran		

# 2 An VISIT ATTHERACES.COM NOVICES' HANDICAP CHASE

Э,	. <del>4</del> U	(GBB RACE) (4) 2m 5f Winner £5,360 (6 run)		
	15P4P-	MULLINAREE (131) (H) S Hosie 8 12-0 (D)	<b>124</b>	G
	13P3-3	HIM MALAYA (24) P Nicholls 5 11-4 (F) H Cobden	-	-
		AMERICAN GERRY (16) H Morrison 8 11-0 (SF) F Gingell (3)		
	332/3-	MIDNIGHT CENTURION (152) J Snowden 8 11-0 (D) G Sheehan	111	S
,	5446-3	<b>LELANT</b> (17) E Williams 6 10-9	116	G
,	1334-4	UP FOR APPEAL (16) Christian Williams 6 10-6 J Tudor	117	S
ET	TING: 6-5	Him Malaya, 5-2 American Gerry, 7 Midnight Centurion, 10 Up For	Appe	al,

Lelant, 12 Mullinaree. 2023: CHIEF BLACK ROBE 7 11 2, Mr Tom Broughton(7) 2-7 Fav (F O'Brien), 4 ran.

**BEST LONGSHOT** 

(Today's best each-way bet): ARTISAN DANCER (8.15 Kempton)

GOING: Good. COURSE: Left-handed flat, tight track of 1m, seven fences per circuit and a run-in of 300 yards. **TOP TRAINERS:** P Nicholls 45-154 (29.2%),
D Pipe 20-147 (13.6%), J Tizzard 18-87 (20.7%), E

Milliams 15-01 (16.5%) Williams 15-91 (16.5%). TOP JOCKEYS: Harry Cobden 43-166 (25.9%), 10.74 (24.2%). Rrendan Powell 18-105

Sean Bowen 18-74 (24.3%), Brendan Powell 18-105 (17.1%), Harry Kimber 15-84 (17.9%), TRAINER TARGETS (won today's race at least twice in last 10 years): None. 1ST TIME BLINKERS: 2.10 Love Actually, 3.10 Molile Brota

1ST TIME HOODS: 5.15 Thurley.

1ST TIME CHEEKPIECES: 2.40 Goldies

Roc, Huelgoat, 3.10 Step It Out Goldie.

TONGUE STRAPS: 2.10 Favori De Sivola,
Langley Hundred, Pentire Head, Robinsville, Seymour
Promise, 2.40 Dontmesswithmer, Huelgoat, 3.10
Heure De Gloire, Honey I'm Good, Mollie Brown, Sain
Bibiana, Shirocco's Dream, Step It Out Goldier, 3.40
Him Malaya, Lelant, Mullinaree, 4.10 Believe Jack,
Manor Park, Pisgah Pike, 4.40 Atta Park, Maranle,
King St Castle, The Longest Day, 5.15 City Roller,
Elsive Frenew, Western, Soldier, "7-1st fime). Elusive Enemy, Western Soldier. (\*=1st time). 1ST RUN SINCE WIND OP: 2.10 Favori De

PROFITABLE RACES FOR FAVS: 4.10.

# 4.10 DON'T MISS THE NEWTON ABBOT COUNTRY SHOW HANDICAP

	1010	HUNDLE (3) ZIII II WIIIIIEI E7,047 (II IUII)			
1	30/5٧-	PISGAH PIKE (351) J Snowden 9 12-0 (D)	G Sheehan	-	-
2	397F-8	WAR LORD (25) J Tizzard 9 11-13 (C)	B J Powell	99	Н
3		UGGY UGGY UGGY (25) K Burke 6 11-12			
4		MANOR PARK (F28) Daisy Hitchins 9 11-10 (CD)			
5	/11P-P	TARAHUMARA (30) E Lavelle 8 11-7	T Bellamy	127	S
6	35130/	CILLIANS CHARM (406) (H) James Owen 7 11-6 (D)	C P O'Shea (7)	-	-
7		CLEARANCE (16) M Blake 10 11-2 (CD) (F)			
8		SWIFT HAWK (23) P Nicholls 4 11-1 (SF)			
9	33-P	AUTHOCELTIC (27) Mrs J Williams 4 10-12 (EW)	D Noonan	108	S
10		BELIEVE JACK (53) (B) Christian Williams 7 10-11 (D)			
11	61P/9-	KAYF LEGEND (71) C Gordon 6 10-11	R Dingle	89	GS
		Swift Hawk, 10-3 Clearance, 5 Uggy Uggy Uggy, 1	2 Authoceltic, Tara	huma	ara,
D	icash Diko '	M Cillians Charm 16 Kayf Logond			

2023: DANCILA 6 11 10, Paddy Brennan 7-4 Fav (F O'Brien), 6 ran.

# A A BOOK OUR WINNING POST RESTAURANT HANDICAP HURDLE

4	'. <b>T</b> U	(DIV 1) (5) 2m 1f Winner £6,152 (11 run)	
1	43178-	AFTA PARTY (F98) (H) M Gillard 6 12-0 (CD)F Gillard 102 H	
2	U243-1	KING'S CASTLE (30) J Scott 7 11-12 (SF)	
3	7594-7	ELECTRIC EDDY (18) N Twiston-Davies 6 11-8F Lambert (3) 103 GY	
4	U420P-	KARANNELLE (212) (H) D Rees 9 11-7 (CD)	
5		GLANCE AT ME (24) Andrew Martin 6 11-4 (BF)	
6		CAITLIN'S COURT (98) J Frost 7 11-3 (C) (EW) H Cobden 103 H	
7		GOOD IMPRESSION (12) B J Liewellyn 9 11-2 (CD) D Johnston (5) •105 GS	mmi.
8	51140-	THE LONGEST DAY (212) Mrs S Leech 8 11-1 J Hogan (3) 101 G	illilli
9	1/4-23	COLONEL LESLEY (12) A Jones 8 10-10 (BF, CD) (F) J Turner (7) 102 Y	
10	3U4F-3	GORCOMBE MOONSHINE (20) R Walford 7 10-6 H Kimber 99 G	
11	6PP-8	WHAT AN ICON (20) (H) C Down 4 10-2James Davies 94 G	mm
BET	TING: 11-4	King's Castle, 7-2 Colonel Lesley, 6 Electric Eddy, 7 Glance At Me, 8 Gorcombe	unn.
Mod	onshine, 10	) Caitlin's Court, 12 Good Impression, 14 The Longest Day.	

2023: GOOD IMPRESSION 8 10 13. Ben Jones 4-1 (B. J. Llewellyn). 11 ran.

# **5.15** BOOK OUR WINNING POST RESTAURANT HANDICAP HURDLE (DIV 2) (5) 2m 1f Winner £6,152 (10 run)

		(DIV E) (3) EIII II WIIIIEI EO,13E (10 IUII)			
1	791P-5	CLINTON LANE (20) M Gillard 6 12-0	F Gillard	100	H
2	/U255-	GREATNESS AWAITS (F26) B Pauling 5 11-13 (SF)	B R Jones	<b>101</b>	0
3	16P7-P	WESTERN SOLDIER (23) (H) J Tizzard 6 11-10	B J Powell	85	G
4	0046-6	THURLEY (29) (H) P Hobbs & J White 5 11-8	M G Nolan	92	GS
5	PP94-2	CITY ROLLER (27) (V) L Horsfall 6 11-6 (F)	K Brogan	96	GS
6		ELUSIVE ENEMY (286) (H) A Gibbons 5 11-5			GS
7	' /1034-	MISS MARETTE (98) C Down 8 11-2 (D)	B Carver	99	GF
8	694-	OCEAN RIDGE (40) (H) D Faulkner 4 11-0	C Deutsch	91	GS
9	27059-	DAANY (55) (H) J Tickle 7 10-10	D Noonan	96	S
1	O 7P/3-0	MAC BE LUCKY (20) E Williams 7 10-6 (D) (EW)	A Wedge	99	G
В	SETTING: 7-2	Thurley, 4 Greatness Awaits, 5 City Roller, 7 Clinton	on Lane, 8 Western	Sold	ier
		lge, Miss Marette, 12 Mac Be Lucky.	•		
2	:023: No corre	sponding race.			

TODAY'S FAB 4 TIPS

# **NORTHERNER'S NAP**

(7.55 Ripon)

TOPSPOT CITY HOUSE (7.15 Kempton)

**NEWMARKET'S BEST** SUMMEROF LOVE

(6.10 Ker **SPEEDHORSE** 

CAT NINJA (6.40 Kempton)

# **RIPON**

# NEWSBOY 6.20 SONIC BLUE 6.55 GOLDEN STRIKE (NAP) 7.25 MAKALU 7.55 INTERNATIONAL GIRL 8.25 HERAKLES 9.00 HAVANA PRINCE

BOUVERIE 6.20 ARTAGANAN 6.55 MANHATTAN MIRAGE 7.25 MAKALU 7.55 TWELFTH KNIGHT

8.25 HERAKLES 9.00 GEORGIE WOOSTER

# 6.20 JANET AND MARK LEACH WEDDING CELEBRATION SECTION OF EA,711 (11 run) FORM ©

1	(11)	- 1	<b>SONIC BLUE</b> (34) T Dascombe 9-11 (D) (SF)	P-L Jamin •7	9	G
2	(6)		ARTAGNAN K R Burke 9-4 (F)	C Lee	-	-
3	(1)		EAST LEA Phillip Makin 9-4	R Scott	-	-
4	(10)		KILO SUNSHINE (16) D Brooke 9-4			
5	(9)	7	LOOM (20) R Fahey 9-4	B Garrittv 70	6	G
6	(3)		SHAZANI (11) C Johnston 9-4			
	(5)		WATCH BLUE POINT J Tate 9-4	C Rodriauez	-	-
	(7)		ART DESIGN W Haggas 8-13	A Farragher	-	-
9	(8)		BLUE POINT EXPRESS C Johnston 8-13 (EW)	J Hart	-	-
	(2)		LADY LUZON (18) D O'Meara 8-13			
11	(4)		SILVER FRETTLE S Spencer 8-13			
DE	TTING		Artagnan 7-2 Conic Plus E Loom 7 Art Docign			

BETTING: 9-4 Artagnan, 7-2 Sonic Blue, 5 Loom, 7 Art Design, 8 Express, 10 Lady Luzon, 33 Shazani, East Lea. 2023: BILOXI BOY 9 7, R Oliver 20-1 (K R Burke), drawn (2), 7 ran.

# 6 55 YORKSHIRE ACCOUNTANTS RIPON NOVICE STAKES

•	•	99	(GDD	KACE	.) (D) O	ı willile	f <b>24,</b> / II (:	7 ruii)			
1	(5)								Mia Nicholls (5)		
2	(6)	24-	JILL'	S JUN	GLE (395)	) M Walford	4 9-12		J Garritty	-	-
3	(8)	31-	GOLD	EN ST	<b>RIKE</b> (24	6) R Fahey	3 9-11 (D) (F)		B Garritty	75	G
4	(7)	24	CUAN	(22) D	O'Meara 4	9-7			Jason Watson	69	S
5	(3)	36	CASH	IN (9)	T Easterby	39-4			D Fentiman	66	G
6	(4)	32-27	MAN	HATTÁ	N MIRAÓ	<b>GE</b> (50) D	F Davis 3 9-4	(SF)	D Egan	●85	GS
7	(1)	33	BARE	ELEG	ANCE (12	) B Haslam	3 8-13 (EW).		A Breslin (3)	71	G
8	(9)	45-	DAR	( SUN (	226) W Ha	iggas 3 8-1	3		A Farragher	72	GS
9	(2)	652-	ELEG	ANT C	ALL (236)	) T Easterb	y 3 8-13		D Állan	84	S
									7 Dark Sun, 10 Jill'	s Jun	gle,
12	Cua	n, 14 B	are Ele	gance,	16 Cash	In, 100 B	lue Jay Way.				
20	22. 11										

# 7.25 SKY SPORTS RACING VIRGIN 519 HANDICAP (5) 1m Winner £4,711 (11 run)

Think 2-1/1 it (it rull)		
1 (8) 47-573 <b>TOBETSO</b> (18) D Carroll 4 9-10 (CD)	77	G
2 (10) 335436 STAR SHIELD (18) D O'Meara 9 9-8 (D)		
<b>3</b> (6) 7482-8 <b>NO SAINT</b> (16) S England 4 9-8 <b>P Mulrennan</b>	79	SF
4 (2) 757-43 GARDEN OASIS (14) (B) T Easterby 9 9-7 (CD) (F)		
5 (9) -22231 SAISONS D'OR (23) J O'Keeffe 9 9-5 (D)	79	G
6 (11) 97-798 PRINCESS NIYLA (18) A Brown 4 9-4 (D)	81	G
7 (5) 4-6688 VONDELPARK (36) Sara Ender 4 8-12 (CD)Joanna Mason	79	G
8 (4) 4-2454 LITTLE TED (40) T Easterby 7 8-11 (BF, C, D) (EW)T Eaves	●82	G
9 (7) 7494D5 KHATHAK (14) (V) R Fahey 5 8-11 (D)	80	SF
10 (3) 65-151 MAKALU (17) R Carr 5 8-6 (CD) (SF)	78	GF
11 (1) 124-00 MR HEINZ (35) (B) S Whitaker 5 8-4 (D)	80	ST
BETTING: 4 Saisons D'Or, 9-2 Makalu, 5 Tobetso, 7 Star Shield, Garden Oasis, 8 K	(hath	ıak,
10 Little Ted, 14 Vondelpark.		
2023: No corresponding race.		

COURSE: Right-handed oval track, 1m 5f in t, which joins the straight course more than 5f

from the finish.

DRAW: No advantage.

TOP TRAINERS: T Easterby 78-574 (13.6%), D TOP THAINEHS: Lesterby (8-5/4 (13.6%), D Offwara 29-240 (12.1%), R Papey 28-211 (13.3%), W Haggas 22-60 (36.7%), P Midgley 16-1(3.3%), C TRAINER TARGETS (won today's race at least twice in last 10 years): K R Burke won the 6.20 in '18 and '23. P Midgley won the 8.25 in '21 and '22.

SKY

TOP JOCKEYS: David Allan 53-287 (18.5%), Paul Mulrennan 18-107 (18.8%), Duran Fentiman 14-120 (11.7%), Jason Hart 13-118 (11.0%), Callum Rodriguez 11-60 (18.3%), Joanna Mason 11-52 (21.2%), Sam James 11-95 (11.6%).

1ST TIME GLINKERS: 8.25 Enest Rutherford. 1ST TIME CHEEKPIECES: 7.25 Vondelpark.

1ST TIME TONGUE STRAPS: 6.55 Dark Sun, Jill's Jungle, 9.00 Bay 0f Australla, Salamanca Lad.

Lao.

1ST RUN SINCE WIND OP: 6.55 Dark Sun.

1ST TIME HOODS: 9.00 Due Consideration.

PROFITABLE RACES FOR FAVS: 6.20.

## **TEMENTAL WEATHERBYSSHOP.CO.UK HANDICAP (4) 6f**

	<b>I</b> • 3	ככ	Winne	r £6,18	35 (9	run)							
1							idalev 5 9	9-11 (CD) .			A Jary (5)	<b>9</b> 7	G
2											icholls (5)		Ġ
3											J Garritty		
4											nna Mason		
5	(8)	000-44	BAY B	REEZE	(9) T Eas	sterby 5	9-4 (CD	(SF)			D Allan	89	G
6	(6)	62-630	STRO	NG JOH	NSON	(11) P M	lidalev 8	9-2 (C. D	) (EW)	PI	Mulrennan	93	GF
7	(4)	122114	SIBYL	CHAR	M (68) I	Ĵardine	49-2 (D	)			A Mullen	94	ST
											S James		
											Fentiman		
В	ETTI	NG: 10-	3 Bay I	Breeze,	9-2 Ab	ate, 11	I-2 Fort	amour,	Twelfth	Knight,	15-2 Siby	1 Cha	rm,
10	) Int	ernatio	nal Gírl,	Strong	Johnso	n, Wes	stmoria	n, 12 Ha	avana Pu	rsuit.	•		
20	023:1	No corre	spondin	g race.									

# 2 DOWNLOAD THE RACEDAY READY APP HANDICAP (5) 5f

(	y,	•1	LJ	W	innei	· £4,	711 (	11 ru	n)								
1	(1	1)	3368-7	В	ETWE	ENT	HEST	ICKS	(11) J	Channo	n 49-9	(D) (EW	)	C R	Rodriguez	79	GF
2	(	5)	166233	Н	ERAK	LES	(22) P	Midgle	y 49-	8 (D) (S	F)			P M	lulrennan	76	S
3	(	1)	9-5598	Z	UFF0	LO (2	2) M D	ods 4	9-6 (D)					0	Beasley	78	ST
4	(2	2)	7-8096	G	IS A S	SUB (	18) P N	lidgley	59-6	(G)				Mark	Winn (3)	74	G
5	(10	))	73871-	· B	RIAN	THE	SNA	L (27:	3) P Mo	orris 10	9-5 (CI	0)		I	P Bradley	77	SS
6	(	3)	350-00	R	<b>EFUG</b>	E (46	) M & D	Easte	erby 7 9	9-5 (D)			Lew	is Cha	alkley (7)	<b>80</b>	GF
7	' ( <u>'</u>	9)	0-3358	S	AAHE	Q (13)	Adria	n Nich	olls 10	9-5 (DI	)		N	lia Nic	cholls (5)	78	SF
8	(	7) 8	800088	S	PEED	ACUS	(26)	J Butle	er 5 9-	4 (D)	•				.A Mullen	59	G
9	(6	5)	743125	S	PANI:	SH A	NGEL	(13) R	Carr 7	8-12 (	D)			JF	<b>Sullivan</b>	75	G
1	0 (4	4)	0-4067	Έ	RNES	T RU	THEF	RFOR	D (6)	(B) T E	sterby	58-8 (D	)	D	Fentiman	75	S
1	1 (8	3)	316572	S	TREE	T LIF	E (83)	P Moi	rris 78	-5 (BF,	D)			. A Bro	ookes (5)	75	ST
E	ET1	ΓÍΝ	IG: 4 H	Her	akles	9-2	Brian	The	Snail,	6 St	reet Li	ife, 8 E	rnest	Ruth	erford, G	is A S	Sub,
			, 10 Sp														
2	U53-	· RI	RIAN TÉ	4F 9	IIAM2	2 2 10	Rarry	McHu	rah 8-1	(P Mo	rric) dr	awn (6)	6 ran				

# A A DIDON THEATDE FESTIVAL 2ND-7TH HILLY HANDICAD (6)

71	G
72	ST
68	SF
68	GF
73	GS
71	SF
<b>9</b> 74	SF
66	G
71	ST
72	G
	71 72 68 68 73 71 •74 66 71 72 Mrs F

# NOTTINGHAM

# NEWSBOY

SKY

2.27 CHANNEL PACKET 2.57 BERMUDA PRINCESS 3.27 FANTASY MASTER 3.57 ANIMATO

4.27 PHOENIX PASSION 4.57 SNAPCRACKLEPOP

GOING: Good-Good to Firm in places.
COURSE: Left-handed oval track of 1 m 4f,
straight of course, flat with easy turns.
DRAW: 415 and 61 low numbers slightly favoured
when stalls on the far side. 415 f and 61 high numbers

when stalls on the far side. At 5f and 6f high numbers best when stalls on the stand side on the stand side. **TOP TRAINERS:** M Appleby 30-211 (14.2%), W Hagass 19-79 (24.1%), K R Burket 18-98 (18.4%), R Beckett 16-91 (17.6%), R Harmon 14-119 (11.8%), T Easterby 12-157 (7.6%), C Hills 11-54 (20.4%). **1ST TIME BLINKERS:** 2.27 Concert Boy, New Tycoon, 4.57 Leap Year Lad.

TOP JOCKEYS: James Doyle 22-82 (26.8%), Daniel Tudhope 16-75 (21.3%), Rob Homby 16-85 (18.8%), Richard Kingsobe 16-117 (13.7%), Gieren Fallon 15-91 (16.5%), David Probert 12-102 (11.8%), CHEKPIECES: 2.27 (Diannel Packet, Red Evelyn, True Nation, Twilight Guest, 3.27 Above, Beelzebub, Fantasy Master, Glendown, 4.27 Drink

4.27 PHOENIX PASSION (NAP) 4.57 SNOOZE LANE

BOUVERIE

2.27 FANZONE 2.57 LEOVANNI 3.27 TYKE

3.57 GRAHAM 4.27 PHOENIX

Dry\*. **TONGUE STRAPS:** 3.27 Above, Beelzebub, I adv Dreamer, 3.57 Animato, 4.27 Ribble Radiant\* Lady Dreamer, 3.57 Animato, 4.27 Ribbie Radiaini 4.57 Lucky's Dream. (\*=1st time). PROFITABLE RACES FOR FAVS: 2.57.

# 2.27 BECOME A MEMBER OF NOTTINGHAM 'HANDS AND SECTION HEELS' APPRENTICE H'CAP (6) 1m £3,402 (10 run)

BETTING: 11-4 Fanzone, 3 Twilight Guest, 6 Red Evelyn, 7 Channel Packet, 10 Concert Boy, True Nation, 12 Sparkle In His Eye, 14 Profitar Rules.

# 2.57 ABBA FEVER RACEDAY BOOK NOW EBF MAIDEN FILLIES'

$\mathbf{U}$	■ 218KF2 (GRR KACF) (2) (Z-X-0) 21 MINUEL F3'17	5 (II run)			
)	BERMUDA PRINCESS W Haggas 9-2	C Fallon	-	-	
)	5 CLOUD STREET (18) A Watson 9-2Laura Con				
)	COEUR JAUNE D O'Meara 9-2 (EW)	Tudhope	-	-	
)	FACOULTY K P De Foy 9-2	D Probert	-	-	
)	LEOVANNI K R Burke 9-2 (SF)	nes Doyle	-	-	
)	LOVE ROCK   Mohammed 9-2	R Hornby	-	-	
)	PATHETIC FALLACY J Butler 9-2	R Dawson	-	-	
)	SHOSTAKOVA C Cox 9-2 (F)R	(ingscote	-	-	
)	7 SMALLBROOK LANE (23) C Cox 9-2	W Cox	60	G	
)		oughnane	-	-	
)	TAALA C Hills 9-2	Osborne	-	-	
ING:	6: 4 Leovanni, 9-2 Bermuda Princess, 6 Taala, Shostakova, 1	5-2 Cloud	Stre	eet,	

BETTING: 4 Leovanni, 9-2 Bermuda Princess, 6 Taala, Shost Sunshine Soul, 10 Coeur Jaune, Facoulty. 3.27 DON'T MISS FIVER FRIDAY RACEDAY 19TH JULY HANDICAP (4) 6f Winner £5,496 (13 run)

# 

# 3.57 EXPERIENCE HOSPITALITY AT NOTTINGHAM RACECOURSE HANDICAP (4) 1m 6f Winner £5,496 (8 run)

1	(4)	/7-030	WAHRAAN (21) (H) J Osborne 6 9-11	S Osborne	89	G
2	(2)	241-03	GRAHAM (25) R Hannon 4 9-9 (F)	James Dovle	88	Ğ
			RHYTHMIC INTENT (25) S C Williams 8 9-9 (EW)			Ğ
			ROOST (46) R Beckett 4 9-8			S
			SINGLE (291) J Channon 7 9-7 (D)			Ğ
			ZIMMERMAN (11) T Easterby 5 9-7 (D)			S
7	(7)	363-77	DREAMS ADOZEN (11) (V) C Johnston 4 9-4 (BF, D) (SF)Bill	v Loughnane	<b>9</b> 91	GF
			ANIMATO (11) (V) D O'Meara 5 9-3			
			raham 10-2 Droams Adozon 12-2 Zimmorman 7 Anima			

BETTING: 3 Graham, 10-3 Dreams Adozen, 13-2 Zimmerman, 7 Ar Intent, Wahraan, 10 Roost.

# 4.27 CELEBRATE IN OUR RACEDAY RESTAURANT SHERWOODS HANDICAP (5) (3-Y-0) 1m Winner £4,187 (12 run)

	1	(10)	591-78	<b>DOUBLE JUN</b>	IP (26)	C Cox 9-10	)	R Kingscote	81	GS
	2	(1)	436-35	SHOW BIZ KI	<b>D</b> (33) F	R Hannon 9	9-10	Alec Voikhansky (3)	83	G
	3							DOUBŤFUL		
	4	(4)	2-9643	DRINK DRY (	<ol> <li>M Bot</li> </ol>	tti 9-9 (BF	·)	Billy Loughnane	<b>85</b>	GS
								C Bishop		
"								S Hitchcott		
								S Osborne		
	8	(7)	136-0	RIBBLE RAD	ANT (2	21) T Easte	rby 9-6	S B Kirrane	77	GF
	9	(3)	268	RISEN AGAIN	l (25) J I	Ferguson 9	9-5	DOUBTFUL		
	10	(9)	36421-	ROMAN SECI	<b>RET</b> (20	11) Ř Fahey	9-4	Ethan Tindall (7)	77	ST
								James Doyle		
								D Probert		
								D Tudhope		
11111	14	(12)	68246	JOLTY JEM (	23) W M	uir & C Gra	assick 9-0	C Fallon	79	GF
								Roman Secret, Doubl	e Ju	mp,
8	Fr	ance	sco Ra	racca Great Ct	iettain	Raynor	na .			

# 4.57 HOST YOUR CONFERENCE AT NOTTINGHAM RACECOURSE HANDICAP (5) Im 2f Winner £4,187 (9 run)

<b>80</b>	G
78	ST
-	-
75	Н
78	G
76	ST
77	ST
79	G
76	SF
	- 80 78 75 78 76 77 79 76 Tarav

# **LONGEST TRAVELLER**

By road, Galashiels in the Scottish borders-based Katie Scott sends CONCERT BOY (2.27) on a 225-mile trip to Nottingham.

## **SINGLE-SHOT STAR**

(Top in-form jockey withjust one booked ride) Jack Mitchell: **CELSIUS** (3.27 Nottingham)

# TOP DOG'S BAGS =

MONMORE 11.01 Lalachi Mac (3-6-2) 11.18 Cazzers Lass (4-2-1) 11.34 Skyfall Wizard (4-5-1) 11.52 Hold It Harry (4-3-2) 12.09 Swift Eaglestone (6-5-3) 12.26 Boogy Blu (4-2-1) 12.42 Glenside Anchor (Nap) (4-1-2) 12.59 Blastoff Josifa (4-3-6) 1.17 Britbull Cruiser (2-5-4) 1.35 no gacres Blanc (6-5-1) 1.51 Skyfall Vega (2-1-5) 2.07 Longacres Honey (5-1-2) NOTTINGHAM 11.09 Kayleigh (2-3-4) 11.27 Steel Man (1-3-2) 11.43 Himbos Crystal (3-6-2) 12.01 Billy The Fish (3-6-4) 12.18 Drumalee Holly (3-5-6) 12.34 Wolf

Rebel (1-2-4) 12-51 Senahel Spottie (3-5-6) 1.08 Muriens Astra (2-6-5) 1.26 Gray-stokes Berni (6-1-4) 1.42 Plaza Matty (2-5-4) 1.59 Bene N Hot (3-2-5) 2.14 Marmalade Bear (Nap) (3-1-6) HUVE 2.23 Insane Bear (1-6-3) 2.41 Sumbeachsumwhere (Nap) (1-2-3) 3.01 Hotel Whisky (6-4-3) 3.19 Forever Billy (5-6-2) 3.38 Ballytag Birdie (2-1-3) 3.57 Barmfield Secret (4-1-6) 4.16 Inspires (1-4-6) 4.34 Rising Amber (1-6-4) 4.53 Melbury Curly (4-1-2) 5.12 Euryace (2-2-6) 5.31 Signet Clo Clo (3-2-4) 5.49 Silly Old Moo (4-2-1)



# OUR FIN IS BETTER THAN YOUR FINN!

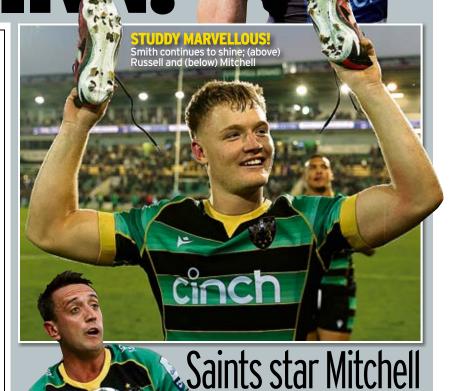
# TWO GREAT EUROS OFFERS





**INSIDE THIS WEEKEND'S** 

Mirror Mirror



BY **ADAM HATHAWAY** 

NORTHAMPTON scrum-half Alex Mitchell has warned Bath they have a Fin to match Finn Russell ahead of the Premiership final.

Million-pound man Russell, Scotland's fly-half, has guided Bath to their first Twickenham showpiece in nine years, sealing the deal with victory against Sale.

But Fin Smith, 22, has helped end a decade-long drought for Saints by getting them to HQ for the first time since 2014 after they saw off Saracens.

The pair will go head-to-head in the battle of the No.10s on Saturday, with Smith fresh from landing the coveted RPA Players' Player of the Year award last week.

And Mitchell insists his Fin is just as good as the mercurial Scotsman.

good as the mercurial Scotsman.

Mitchell said: "We have got exactly the same thing. Fin has been awesome. He has been such a leader.

"It is mental to think how young he is and the way he bosses boys around regardless if it is Courtney Lawes or Alex Waller.

"He really does lead the squad. He has such a calm head on him for such a young lad. He's been fantastic.

"He has shocked me in a way of how good he has been in all aspects of the game, not just on the pitch but off it as well. He has really fitted into the squad and all the boys love him. When you get to these massive games, across

the pitch there are going to be decent players. It is dealing with their threats and hoping our players turn up as

backs Smith to outshine Russell

PREMIERSHIP FINAL TWICKEN AM, SATURDAY, 3PM

Mitchell, 27, has established himself as England's regular scrum-half and is a certainty to be included when Steve Borthwick names his summer tour squad on Monday.

But even he was left in awe watching Antoine Dupont in the recent Champions Cup final.

The Frenchman, the world's best player, hauled Toulouse over the line with a 31-22 win against Leinster. Mitchell added: "It is a bit tough, it

Mitchell added: "It is a bit tough, it is annoying when it is your position because everybody looks at you and tries to compare and you are not as good.

"He's class – it is nice to have someone like that to try to get after and try and do the things he is doing.

"There are bits when you have got the ball on a plate and the pack are going forward and it is so easy to play the right positions and make the right

"When you are not getting that it is tough, but his 50-22s and the way he can put the ball in behind and move the game up the field is amazing. That is what I try to do.

is what I try to do.

"He has got the kicking game, sometimes you have to slow it down or add tempo but he always seems to be on the right side of that."

# **GBY LEAGUE**



Wing ace Mark 'Bond' Preston recalls THAT stunning try in thrilling 1990 Cup final win over Warrington at Wembley



# **EXCLUSIVE**

BY **DAVE CRAVEN** Rugby League Correspondent

HE was the flying winger nicknamed Bond who had a licence to thrill for Wigan - yet still can't believe his Wembley

Mark Preston scored twice in their famous 1990 Challenge Cup final win over Warrington.

But he admits feeling like an imposter in a side littered with some of rugby league's greatestever stars.

However, the wideman with pace to burn, was undoubtedly the real deal as the club chalked up the third of an incredible eight

successive Cup final victories.
England B rugby union international Preston amassed 57 tries in 77 games for Wigan after crossing codes from Fylde in

And, as they prepare to meet Warrington at Wembley again for only the second time on Saturday, none is more cherished than that brace 34 years ago.

Preston, 57, recalled: "It was a pinch yourself moment. I was a

season-ticket holder at Wigan as a kid going along to Central Park week in, week out with my dad. The next thing I'm signing for the club I love and playing with players I used to worship from the terraces.

"At times I thought 'how the hell am I in this team?' It was full of superstars. And me!

"Shaun Edwards, Andy Gregory, Ellery Hanley, Denis Betts, Andy Goodway... just incredible.

"And Dean Bell. The best centre ever played with.

"He took all the big hits and made all the big hits. As a winger, I was well looked after by him.

Preston, sold to Halifax for £50,000 in 1991, was dubbed Bond by the legendary Joe Lydon. He explained: "When I signed,

a few players, like Ellery and Shaun, were full-time but not many. So we trained in the evening and I'd come straight from working as an insurance underwriter. I always had a suit on and it was Joe who said: "F\*\*\*\*\* hell, it's Bond again!'

"I'm on the Wigan past players group with Shaun Wane and all the lads and they all still call me Bond. It's just stuck." After racing arrived - Martin Offiah.

75m for a stunning first-half try against Warrington, Preston finished off one of Wembley's alltime great scores when adding his second in a 36-14 triumph. He admitted: "It was an

amazing try. Shaun Edwards, who had a broken cheekbone for most of the game, picked up a loose pass in our 20, Andy Goodway sent on to Steve Hampson who broke, then Ellery took it on and Shaun again.

"Mike Gregory came up with an unbelievable cover tackle after he'd run about 70 metres.

"But Shaun must have known I was there, flipped it inside and I just fell over the line. It was only when I watched it afterwards I realised how good a team try it

"It won Eddie Waring's Try of the Year. I've still got the little trophy. And I didn't really do anything!"

Former All Black Frano Botica arrived ahead of the following season, though, ousting Preston off his left flank.

A few months later he moved to Halifax, and not long after that another electric union convert

# FORMULA ONE RED BULL



BY **DANIEL MOXON** 

SERGIO PEREZ has signed a contract extension to remain with Red Bull.

He has signed a two-year deal keeping him with the team until the end of the 2026 season.

Perez said: "I am delighted to be staying here to continue our journey together and contribute to this team's great history for two more years.

"Being part of the team is an immense challenge, and one I love. We have a great challenge this year and I have full trust in the whole team that the future is bright here and I am excited to be part of it."

The decision was made after the team ruled out Carlos Sainz, who is leaving Ferrari at the end of this season, as a candidate.

It left Perez as the clear choice for the race seat which has been the subject of much speculation over the last 12 months.

The 34-year-old has been fighting for his future after a poor run of form last season, which began with a wretched weekend at the Monaco Grand Prix.

He finished second in the drivers' standings, but with fewer than half the points amassed by team-mate Max Verstappen.

Team principal Christian Horner challenged Perez to start the new season strongly and got a response from his driver, who secured four podiums from the first five races.

Horner said: "Now is an important time to confirm our line-up for 2025 and we are very pleased to continue working together with Checo."

# **GOLF US OPEN**



# Scott's 91 Major run may end

ADAM SCOTT'S streak of playing in 91 consecutive Majors is on course to end after he lost a US Open qualifying play-off to fellow Aussie Cam Davis.

It took the pair three play-off holes at Springhead Country Club in Ohio before Davis got the last of the four spots on offer, having bogeyed the last of the day's 36 regulation holes to open the door for Scott (above).

Scott remains the first alternate for the year's third Major, while he will qualify if his world ranking remains at 60 after this weekend's Memorial Tournament, which he is not playing in.

Luke Donald and Graeme McDowell were among those who missed the cut at Springhead. England's Matt Wallace missed out by a shot at Ridgeway, Ontario, but Aaron Rai claimed a spot.



BRYONY PAGE is targeting a gold medal in Paris before embarking on a dream career in the circus.

Page became the first British trampolinist to win an Olympic medal when she claimed silver at Rio 2016 before taking bronze at Tokyo last time out.

But the 33-year-old said: "I really want to join Cirque du Soleil as an acrobat performer and use my trampoline skills for that."

And she added: "It would be really nice to win gold (in Paris). Anyone going into the Olympics wants to do that - it's the dream."

# **RESULTS & FIXTURES**

International Matches

R OF IRELAND (1) ... 2 HUNGARY (1) .... Idah 36 Lang 42 PORTUGAL (2) ... ...4 FINLAND (0)

Dias 18 Jota 45 (pen Bruno Fernar Pukki 73, 78 nandes 56, 85 .....**0 TURKEY (0) .**....

SLOVENIA (1). .. 2 ARMENIA (0) ...... 1 Haroyan 56

SWITZERLAND (1)..4 ESTONIA (0)...

Zuber 20 Amdouni 47 Elvedi 63 Shaqiri 70 (pen) ROMANIA (O).

.. O BULGARIA (0)...... 0 ... 2 SERBIA (1) .......... 1 AUSTRIA (2).. Wimmer 10 Baumgartner 13

Women's Euro 2025 

FRANCE (0). ...1 ENGLAND (2)......2

Stanway 21
Russo 35
P W D L F A Pts
.....4 3 0 1 5 3 9
.....4 2 1 1 5 2 7
.....4 2 1 1 6 4 7
.....4 0 0 4 0 7 0 Rep of Ireland......4 0 0 4 0 GROUP B2: Israel 0 Scotland 5,

Slovakia 0 Serbia 4.

GROUP B3: Bosnia-Herzegovina 2

Malta 1, N Ireland 1 Portugal 2.

GROUP B4: Croatia 2 Kosovo 0,

Ukraine 2 Wales 2.

CRICKET
ICC MEN'S T20 WORLD CUP
Group B (Bridgetown): Scotland
90-0 (10 overs) v England. Match
abandoned, no result (1pt each).
Group C (Providence): Afghanistan
183-5 (20.0 overs; R Gurbaz 76; I
Zadran 70); Uganda 58-10 (16.0 Zadran 70); Uganda 58-10 (16.0 overs; F Farooqi 5-9). Afghanistan (2pts) win by 125 runs.
Group D (Dallas): Nepal 106 (19.2 overs; T J G Pringle 3-20; L V van Beek 3-18); Netherlands 109-4

(18.4 overs; M P O'Dowd 54no). Netherlands (2pts) win by 6 wkts.

Netherlands (2pts) win by 6 wkts. TENNIS
FRENCH OPEN (Roland Garros)—
Men's Singles Qtr-finals: (7) C Ruud
(Nor) bt (1) N Djokovic (Ser) w/o, (3) C
Alcaraz (Spa) bt (9) S Tsistispas (Gre)
6-3 7-6 (7-3) 6-4, (2) J Sinner (Ita) bt
(10) G Dimitrov (Bul) 6-2 6-4 7-6 (7-3).
Women's Singles Qtr-finals: (1)
Swiatek (Pol) bt (5) M Vondrousova
(Cze) 6-0 6-2, (3) C Gauff (USA) bt
(8) O Jabeur (Tun) 4-6 6-2 6-3.
Mixed Doubles Qtr-finals: (4) D
Krawczyk (USA) & N SKUPSKI (Gbr)
bt S Zhang (Chn) & M Arevalo (Esa)
7-6 (8-6) 6-4.

# **TODAY'S DIARY**

**International Matches** 

Denmark v Sweden (6pm). (Live on Premier Sports) Norway v Kosovo (6pm)...... Belgium v Montenegro (7.30) France v Luxembourg (8pm) (Live on Premier Sports) Spain v Andorra (8.30)......

CRICKET

CRICKET
Icc Men's T20 World Cup - Group
A: India v Ireland (New York,
3:30pm). Group B: Australia v
Oman (1.30am, Thursday). Group
C: Papua New Guinea v Uganda
(Providence, 12:30am Thursday).

RUGBY LEAGUE State of Origin: New South Wales v Queensland (11.05am).

**TENNIS** ch Open (Roland Garros).



BY NEIL McLEMAN

IF HE had converted a set point in the second-set tie-break in last year's Wimbledon final, Novak Djokovic would have completed a calendar Grand Slam.

And the Serbian superstar would already have set a new record of 25 Major singles titles.

But, from a memorable 2023, the soon-to-be deposed world No.1 has suffered a 2024 to forget.

And maybe he is facing the beginning of the end of his amazing career.

Even his famed powers of recovery will be tested by the torn medial meniscus in his right knee.

And now, with the next generation winning Majors, there is an increasing possibility that he will never break the record of 24 Grand Slam singles titles he has shared with Margaret Court since winning the US Open last vear.

Last September, it only seemed a matter of time before statistically he became indisputably the greatest player of all time.

But there have since been big changes on and off the court for the most charismatic and controversial star in the sport.

In November, he split with his long-time Italian agent Edoardo Artaldi, then with coach Goran Ivanisevic in March and his fitness trainer Marco Panichi in April.

His domination of the

a semi-final defeat to Jannik Sinner, he lost to world No.123 Luka Nardi at Indian Wells and pulled out of the Miami Open.

He entered the French Open without a tournament win to his name for only the second time in 18 years.

And his demands to sweep the court during his five-set win in the last-16 over Francisco Cerundolo and his apparent midmatch argument with his wife Jelena - was evidence of his perturbed mental state.

In his pre-tournament press conference, he said: 'It's various things that were happening in the last couple Australian Open ended with of months, but I don't want

to get into it. Just really try to focus on what needs to be done. What has happened happened, it's in the past."

Now, his future is about getting fit.

Taylor Fritz left court in a wheelchair at the French Open in 2021 after suffering the same injury, underwent surgery and recovered in time for Wimbledon. He was 23.

Djokovic is now 37. His former coach Niki Pilic said: Those knees have been in professional tennis for 20 vears. Wimbledon and the Olympics are coming up and he wants gold in Paris. Why would he risk hurting his knee even more?'

# Sinner's a No.1 saint to Italians

**FRENCH OPEN ROLAND GARROS** 

BY NEIL McLEMAN

JANNIK SINNER said Italy "deserves" to have a first world singles No.1 after he was applauded into his press conference by media from his homeland.

The Australian Open champion (above) became the first Italian male to win a Grand Slam since Adriano Panatta won the French Open in 1976. And now Sinner, 22, will become the 29th male No.1 on June 10, "It is everyone's biggest dream to become the No.1 in the world." he said.

"It means a lot, but I think it's great for Italy. We are great country with great coaches and players." Sinner had been

guaranteed to become world No.1 if he had reached the final.

But Novak Djokokic's withdrawl from the French Open yesterday guaranteed the change during Sinner's 6-2 6-4 7-6 win over Grigor Dimitrov (circle).

The win saw Sinner reach the semifinals at Roland Garros for the first time. He added: "Seeing Novak retiring here is disappointing. I wish him a speedy

Carlos Alcaraz will face Sinner in the semi-finals after the Spaniard secured a 6-3 7-6 6-4 win over Stefanos Tsitsipas.



recovery."

# lga happy to dodge night shift

# BY NEIL McLEMAN

WORLD NO.1 Iga Swiatek claimed she does not care about sexist scheduling after Ons Jaheur blasted the French Open for not putting on women's matches in the night session.

For the past two years, one women's tie per tournament has been chosen for the 8.15pm slot on Amazon Prime.

But this year all 11 night sessions will be reserved for men's matches, ending with tonight's men's quarter-final between Alex Zverev and Alex De Minaur.

Wimbledon finalist Jabeur started her lasteight tie with Coco Gauff at 11am and lost 4-6 6-2 6-3.

And the Tunisian No.8 seed (right) said: "I would have loved a guarter-final at night, not at 11am.

"For me, it doesn't make sense. There were a lot of good women's matches."

Jo Konta slammed the French Open organisers for scheduling her 2019 semifinal on the 5,000-capacity Court Simonne-Mathieu at 11am.

But Swiatek (top), who thrashed Wimbledon champion Marketa Vondrousova 6-0 6-2 yesterday to set up a last-four clash with Gauff, said: "Sorry to say that, but I don't care because I'm honestly just focusing on my matches, and I like playing during the day."



# NOVAK FACES WIMBLEDON KO

FROM BACK PAGE

confirmation came yesterday when an MRI scan revealed he had a torn medial meniscus in his right knee.

Diokovic said: "I am really sad to withdraw from Roland Garros. I had to

make a tough decision after careful consideration and consultation." Becker (left), who helped the Serb to win six Grand Slams, said: "The question naturally arises as to whether surgery is necessary.'



# Rain spares lacklustre champs tricky run chase in Auld Enemy clash

FROM **RORY DOLLARD** in Barbados SCOTLAND piled the pressure on England in their T20 World Cup opener before rain stepped in to spare the defending champions a difficult chase.

The neighbouring nations last played each other in 2018 when the Scots sprung a huge ODI upset in Edinburgh.

And a repeat looked to be in the offing in Barbados thanks to an excellent display from top-order pair George Munsey and Michael Jones.

Jos Buttler's side – desperate to make a statement after their abject performance in the 50-over World Cup last year failed to create a single clear-cut wicket-taking chance in a reduced 10-over innings as Munsey and Jones shared an unbeaten stand of 90.

England were left chasing an inflated mark of 109, with Scotland rewarded for a lack of dismissals, and it would have taken some formidable hitting to get across the winning line. With no lack of top-order arrived in the

firepower they would have backed themselves to go close, but Scotland, who started the day as heavy underdogs, held the cards at halfway.

Munsey was one of six survivors from Scotland's famous upset win six years ago and he sparkled with 41 not out from 31 balls.

He hit a sensational straight six off Adil Rashid, whose two overs went for 26, and cleared the ropes with a pick up over square leg off Chris Jordan.

Mark Wood thought he had d i s m i s s e d Munsey when he was caught by Buttler (right) in the fifth over, but the delivery was ruled a no-ball England's and celebrations were cut

Jones, who only Caribbean at the weekend having been retained until the last minute by his county employers Durham, hit an unbeaten 45 from 30.

He kick-started the innings iust before the rain break. blazing Jordan out of the ground with a massive blow that smashed a solar panel.

He followed up with back-to-back fours as Jordan leaked 15 from the over.

Scotland came off at 51 off 6.2 overs and hit another 39 from 22 balls after the restart. Wood. preferred to Reece Topley, hit 94mph and was the cheapest bowler on show with two overs for 11, while Jofra Archer's first ever international at his hometown ground saw him send down two overs for 12.

Buttler said: "We expected a tough challenge, there are no easy games, but we were confident coming into the game.

"It's disappointing for everyone. There were a couple of balls here and there we'd want to tighten up on, but we scrapped hard and we were

confident of chasing that score down. No-ball wickets are always disappointing, but these things happen. We just wanted to have a full game, but that's the situation we find ourselves in.

"Hopefully we get a dry day and we can get into the tournament."

Australian Test and one-day captain Pat Cummins has signed a four-year deal with Major League Cricket's San Francisco Unicorns.

The fast bowler joins a franchise which also includes New Zealand's Matt Henry and Pakistan's Haris Rauf.

Major League Cricket's second season will begin in July following the T20 World Cup. The six-team league played its inaugural season in 2023 with New York winning the first title.

"I'm very excited to join the Unicorns ahead of the 2024 season," said Cummins.

'MLC is developing at a rapid rate, and the US market potential is huge for cricket."



# **Maximum** effort by the Dutch

MAX O'DOWD hit an unbeaten half-century to guide Holland to a six-wicket victory over Nepal in their T20 World Cup opener in Dallas.

O'Dowd (above) saw the Dutch over the line with eight balls to spare in a low-scoring Group D contest at the Grand Prairie Cricket Stadium.

Left-arm spinner Tim Pringle impressed with the new ball, taking 3-20 as Nepal were all out for 106.

Nepal captain Rohit Paudel top-scored with 35 but his side struggled to build momentum and their innings ended in the final over as Logan van Beek (3-18) took two wickets in successive balls.

Nepal's bowlers prevented Holland from racing away but any hopes of a nervy finish ended when Paudel dropped O'Dowd off Sompal Kami.

The Dutch finished the job in the penultimate over with O'Dowd ending unbeaten on 54.

# Uganda fall in drubbing

AFGHANISTAN opened their T20 World Cup campaign with a huge 125-run victory over Uganda in Guyana.

Debutants Uganda bowled first, with Afghanistan's opening pair scoring 154, wicketkeeper Rahmanullah Gurbaz (right) making 76 off 45 balls while Ibrahim Zadran hit 70

off 46 balls. Afghanistan finished on 183-5 and Uganda were always up against it in the run chase. Only two batters reached double digits after Fazalhag Faroogi finished with five for nine.

Rashid Khan and Naveen UI Haq took two wickets each, bowling Uganda out for 58 in 16 overs.

# **SAUDI GOT** FOR EUROS

N'GOLO KANTE has insisted playing in Saudi Arabia helped earn his recall to the France squad.

And the former Chelsea midfielder claimed he is ready to play a central role in Germany.

The 2018 World Cup champion won the 2021 Champions League with the Blues before the end of his Premier League career was dogged by injury.

Signing for Saudi Pro League side Al-Ittihad for £30million last June seemed to signal the end of his international career

But Kante, 33, has played 44 matches this season and earned his first call-up since June 2022 from Didier Deschamps.

He could win his 54th cap against Luxemburg tonight.

"It's the fruit of

work from a good season, it's deserved for that," said Kante (above). "When the coach picks someone, he picks the player and the person. If he chose me, it's

because he thinks I can help the

team go as far as possible. 'I'm almost the same. I don't have any doubts, I'm coming out of a season with a lot of matches, I've been doing it all season. I have good feelings, I feel capable of playing my

part in the Euros." Kante suffered a serious hamstring injury in August 2022 and played only nine games in his final season in England.

"Going to Saudi Arabia was beneficial for me," he added. "It was a good way to get back in shape and play matches."

Kante's recall was a surprise, but he has already impressed his teammates with his relaxed, smiling demeanour and in training.

Right-back Jonathan Clauss said: "On the field, he is capable of occupying two positions at the same time. After training, we said to ourselves, 'There are two of them, one runs, the other plays football!'."

Real Madrid's Aurelien Tchouameni is the first-choice holding midfielder, but has been out since May with a metatarsal injury.

Youssouf Fofana and Eduardo Camavinga are alternatives, but Kante may start against Austria in their opening game on June 17.



# **MARESCA IN HOT SEAT**



**FXCLUSIVE BY JACOB MURTAGH** JOE COLE has challenged Enzo Maresca to make Chelsea Kings of London again.

The Italian signed a five-year contract at Stamford Bridge this week after leading Leicester to promotion back to the Premier League at the first attempt.

Maresca takes over from Mauricio Pochettino (far right), who lasted less than 12 months in the hotseat, after owner Todd Boehly called for more change at the top.

Chelsea scraped into the European spots last season after a late rally that saw them clock up five straight wins, but they still ended up 26 points behind Arsenal, who also thrashed them 5-0 at the Emirates in April.

The Blues haven't finished as the top London club in the past two seasons, and Stamford Bridge favourite Cole (above) has urged the new boss to help them reclaim the capital from their rivals.

He said: "Chelsea finished the

season very well – now it's crucial they take back London.

Tottenham and Arsenal have really made strides. It's a beautiful football city and we have some of the best sides in the world. Chelsea haven't been on top of that pile for a very long time, so that's the first thing they need to do."

Pochettino became the third permanent manager in less than two years to leave, after Thomas Tuchel and Graham Potter's early exits.

Chelsea have given Maresca (below, left) a long-term deal, and a different view on things. They are

Cole has pleaded with the club's hierarchy to stick with their man through thick and thin to bring back stability to the club.

"He's done a fantastic job at Leicester," said Cole. "He's still young in his managerial career and will need time, which is what I say with every new manager that comes in.

Every manager has been hard done by - the last five appointments could and should have been given more time. That's my opinion.

"The owners at Chelsea will have

very data-driven it seems. There are two things coming out the club – the manager needs time and the communication in terms of the what and why, which is very important to

supporters. Fans feel part of the club and want

to see the owner and CEO of the club explaining their decision, this is why we're doing Those two things, if I was advising the boarď, is what would be aying to them.



# CHELSEA'S RECENT LEAGUE FINISHES

2023-24: 6th (26pts behind top London club Arsenal) 2022-23: 12th (40pts behind top London club Arsenal) 2021-22: 3rd (Top London club, 3pts ahead of Spurs) 2020-21; 4th (Top London club, 5pts ahead of Spurs) 2019-20: 4th (Top London club, 7pts ahead of Spurs) 2018-19: 3rd (Top London club, 1pt ahead of Spurs) 2017-18: 5th (7pts behind top London club Spurs) 2016-17: Champions

# **GOT SOMETHING BREWING WITH ROBIN**

BY SIMON BIRD

BURTON have appointed Chelsea Under-21s boss Mark Robinson as their new head coach.

The Brewers avoided League One relegation by two points and Martin Paterson - who only took over in December - won just five of his 20 games in charge.

Robinson, 59, takes up his **NEW BOSS** Mark Robinson second senior managerial job 14 months of an 18-year spell at the south London club.

Robinson will look to plunder Chelsea's ranks for top loan signings that he can blood into senior football.

He said: "The owners have been clear with what they expect - we want to build a team that connects with the fans, and style

after bossing AFC Wimbledon for of play will be important to that.

"I want to create a team that is enjoyable to watch, aggressive and energetic - one that the fans and town feel they can really get behind and be proud to represent them.

"It really excited me in terms of what we can achieve together here.'

Last season Chelsea handed

first-team debuts to 10 players that had represented Robinson's Under-21 side during the previous 12 months.

Burton's sporting director Bendik Hareide said: "Mark brings a wealth of experience and a proven track record in developing players and teams, which aligns perfectly with our vision for Burton Albion."



# **10L** THE POST-KLOPP ERA



is already looking forward to working under Liverpool manager Arne Slot in a new Anfield era.

The Dutchman has taken over from Jurgen Klopp in the Reds hot seat after seven seasons of silverware with the German.

Klopp won eight trophies at Anfield - including the Premier League and Champions League - but Robertson is itching to get started with the new regime.

"I haven't spoken to him (Slot) yet," said the left-back. I think he's leaving us to focus on the Euros.

'It's an exciting new challenge. The old era was pretty special and I've got a lot to be thankful for that manager

"But I'm excited now by the new manager coming in - new ideas, new voice - and I'm really excited for what can come with that. I've got no doubts we can keep that momentum going.

"From all the reports we've had, the manager's very good and I can't wait to see that up close."

Succeeding such a successful and popular figure will be a huge challenge for 45-year-old Slot.

Klopp ended his farewell speech at Anfield by leading the crowd in a chant of Slot's name, and Robertson said: 'For the fans, you have to be open-minded.

The last eight, nine years were pretty special. Maybe they're going a

bit into the unknown but it has to be exciting; the squad's in a good place, we had a good season last season.

Yes it could have been more but the aim at the start of the season was to get back in the Champions League and we ended up with

a trophy as well. You have to take that as

a positive. He (Klopp) has left the club in a good place so now we have to carry it forward.

'The manager will come in and he'll inherit a good squad, and I'm sure he'll want to bring in some new faces as

> "We have to go again. We showed for large parts of last season we could challenge for the league and that has to be the aim.

'The manager has won trophies before and he'll want that feeling to be at our best to try to achieve that."

It will also be a period of adjustment for the squad, but Robertson (with Klopp, left) is determined to leave the reflections for another day.

'When I'm old and retired, I'll look back on fond memories and so many good times, and it wouldn't have been possible without him (Klopp)," said the Scot.

"But hopefully there's still good times to come with club and country.

'I'm very appreciative for what he did for me, for my family, for the whole club. He again. We've got made our dreams possible."

# Bluebirds to stand by Bulut



**CARDIFF** owner Vincent Tan has pledged support for Erol Bulut after the Bluebirds boss signed a new two-year contract.

Turkish coach Bulut's future was in doubt after finishing 12th in his first season in charge.

Tan and Bulut (above) held detailed talks over the future of the Welsh club, budgets and backroom plans and both men made compromises to secure the head coach's stay.

Owner Tan said: "What was clear under Erol's management last season was that we were making progress and showing improvement.

"I believe he has laid some strong foundations on which he will build."

Former Fenerbahce chief Bulut, 49, was set to be out of contract, and he said: "I appreciate having been offered this fantastic opportunity."

# HORNETS' STAKE FOR

WATFORD hope to raise £17.5million by selling a 10 percent stake in the club to their fans and other investors.

The Hornets said some of the funds raised will go towards strengthening their playing squad.

A club statement read: "We have decided to take the exciting and innovative step of becoming one of the first major English clubs to offer true ownership to fans and investors alike.

"We are aiming to offer 10 percent of the club at a value of £17.5m, on the basis of a valuation of £175m."

The club said the minimum investment is four shares, priced at £12.44 each. Watford added: "Part of the funding will be channelled into recruitment to strengthen Tom Cleverley's playing squad as we seek a return to the Premier League."

# A Walter rally plan for Tigers



# BY **DAVID ANDERSON**

NEW Hull boss Tim Walter claims "pressure is a privilege" after owner Acun Ilicali targeted next season's play-offs.

Liam Rosenior was controversially sacked for missing out on the top six and Ilicali says promotion to the Premier League is their target.

German Walter (above), who is leaving Hamburg after three years in Bundesliga 2 to take over at Hull on July 1, said: "Pressure is a privilege. Like Acun said, we have a good relationship and way of thinking.

"The expectations are to be offensive, emotional for the fans, these are the main targets."

And Ilicali said: "I want our fans to believe in us. Now our decision is Tim Walter and I'm extremely excited to see his team. Success for us is the top 10 - but our aim is the top six."

TEENAGE stirker Omari Forson

is set to quit Manchester United. The 19-year-old is coming to the end of his contract and has failed to agree new terms, despite six months of talks.

Forson's deal ends on June 30 and he is attracting interest from a host of clubs at home and abroad. Due to his

age, United would be due a compensation fee.

Boss Erik ten Hag handed Forson his debut back in January, when the youngster came off the bench in an FA Cup tie at Wigan to become the 249th academy graduate to break into the first team.

Meanwhile, United star Casemiro, 32, has become a

shareholder in Spanish minnows Marbella FC.

The Brazilian international has bought a stake in the club, which operates in the Spanish fourth division and has a ground with a capacity of just 1,500.

It remains to be seen why the former Real Madrid midfielder has decided to invest in club based in a city more famous for

partying than football. But in a statement the club said: "Not only Marbella, but also the whole city, are proud that an athlete of his global dimension wants to belong to our family.

"The confirmation of Casemiro as a new member of the board of directors is a historic opportunity for the



MOVING ON Omari Forson

# **WOMEN'S EURO 2025 QUALIFIER**

# Stanway stuns the French



# France 1 England 2

ENGLAND'S hopes of qualifying for Euro 2025 were boosted as they gained revenge over France in Saint Etienne.

The Lionesses were wounded by a 2-1 defeat to the French at St James' Park on Friday.

But the defending European champions improved last night to move level on points with second-placed Sweden in Group A3, although they still sit outside the automatic qualification places on goal difference.

The win was England's first on French soil for 51 years in a women's international.

Georgia Stanway (above) got the ball rolling with a stunning 20-yard strike in the 21st minute.

And Alessia Russo was rewarded for her tireless work when she headed home Lauren Hemp's cross in the 34th

England were give a scare after the break when Leah Williamson gave away a penalty for a trip on Grace Geyoro.

Kadidiatou Diani stepped up to convert the spot-kick to ensure a nervy finish for Sarina Wiegman's side.

Wiegman said: "A team effort. You know the second half is going to be different and they are going to push. But we worked so hard to stay together and keep the win."

"You know they are going to press. They were really chasing us. We have to make better decisions, be a bit calmer."

# INTERNATIONAL FRIENDLIES



ENGLAND'S Group C opponents Slovenia warmed up for the Euros with a 2-1 victory over Armenia - but Matiaz Kek's side were made to work for their win.

Slovenia opened the scoring with their first shot of the game, Pisa forward Jan Mlakar (above) firing home on the rebound in the 11th minute.

And but for two good stops from Ognjen Cancarevic, Slovenia would have been out of sight before the break, the Armenia keeper denying Bordeaux striker Zan Vipotnik and Sturm Graz midfielder Tomi Horvat.

Armenia were much improved in the second half with Artur Serobyan pulling off a good save from Vid Belec before Varazdat Haroyan's header got the visitors back on terms.

Artur Miranyan then blew a great chance to put Armenia ahead, sending his header wide. And the miss was punished when Slovenia substitute Josip Ilicic found the top corner.

England face Slovenia in their last group game on June 25.

The Serbians, the Three Lions first opponents in Germany, went down 2-1 in Austria, with Patrick Wimmer and Christoph Baumgartner on target for the hosts before Strahinja Pavlovic pulled one back.

# COUNTDOWN TO THE EUROS

# SA Toon star admits he's had some difficult moments this season but says: I'm now fit and ready to be a roaring Lion in Germany

RY ANDY DUNN

England player.



The Newcastle United defender suffered a serious calfinjury that forced him to miss two months towards the end of the season but he captained the Three Lions at St James' Park on Monday

And with fitness issues plaguing Gareth Southgate's defensive planning, Trippier looks certain to play a key role in Germany.

"Am I ready to start? I suppose you'll have to ask Gareth. I'm fit. If I pick the team, then I put myself in it.

"That's up to Gareth, but I think everyone knows me by now, and whether I play or I

don't play, I'll be ready.
"I felt really fit, and I got another 60-odd minutes under my belt (against Bosnia), which is always important. I'm feeling good, I'm

feeling fresh, and I'm ready to go for the Euros."

And Trippier admits he had to be patient as he sweated over whether or not he would be in good shape for the Euros.

He explained: 'The time when I got the injury was definitely a difficult moment for me.

"I tried hard to get back as quickly as I could for Newcastle because it was a busy end to the season but, ultimately, I had to respect that it was a big injury.

"As long as I know in my head I've done everything right to get back as quickly as possible, then that's all that matters.

Trippier turns 34 in September, making him the second-oldest player in the squad behind

And whatever happens over the next month or so, Trippier has already made special memories, having led out the Three Lions on his home club turf. He said: "It was a very special night,

England. It was a Kyle Walker. great experience for him. Yet it seems likely both vet-And while he erans will start was in Newcastle, when England Trippier was keen face Serbia in to clarify his Gelsenkirchen thoughts on the on Sunday week. end-of-season trip to Australia, where Eddie Howe's side

never

"It was a long journey for the three days but people took some of the things I said out of context.

Tottenham.

"Some people thought I was being negative about it, but... I understand the commercial side of it.

"All I said is that it's a tournament vear.





**2024 OFFICIA** PROGRAM IS ON



hearing into City's legal claims will start on Monday, and is expected to last up

City (above, celebrating this season's league title victory) are still facing the outcome of 115 charges of allegedly breaching Premier League spending rules, with a hearing set to take place in November.

But the Treble winners believe if they are successful in their legal action against the sponsorship rules, it will boost their chances of securing a positive outcome from the hearing in the autumn.

City want to end the Premier League's Associated Party Transaction (APT) rules, which see the value of sponsorship deals independently assessed, claiming these are unlawful.

They insist the rules, introduced in 2021, were approved by rivals to stifle their success on the pitch - and represent a "tyranny of the majority".

If City are successful in their hearing, it could allow the league's richest clubs to value future sponsorship deals without independent assessment.

This would boost the amount of money they can raise and allow them to spend huge sums on new signings.

City argue they are the victims of "discrimination" and are seeking damages from the Premier League.

The other 19 top-flight clubs have been invited to participate in the

And while one has chosen to side with City, it is reported that at least half have decided to side with the Premier League and support their defence against the claim.

City's rivals believe what the Manchester club is now doing will nullify spending rules - and destroy the competitiveness of the most popular league in the world.

Both parties are spending millions on their respective legal teams in a bid to win a battle that could split the top

# **REAM HAS** THE LOTTE

BY RYAN TAYLOR

DEAN SMITH's Charlotte FC are in talks to sign Fulham defender Tim Ream.

The 36-year-old Cottagers veteran has 12 months left on his contract and Charlotte want to bring him back Stateside after 12 years in English football.

They have the joint-best defence in the MLS this season - with LAFC having kept seven clean sheets and they view centre-back Ream as a priority

Talks are at an early stage but Fulham are unlikely to stand in Ream's way.



# Jarrod hopes his hot Hammers form will save him from the heartache of once again missing the plane to major tournament BY ANDY DUNN Certainly looks more football, do what I know I said. "It's my first experience and gives you that drive. Certainly looks more football, do what I know I said. "It's my first experience and gives you that drive. The time larred confident happy with his can do and what I have been with children. It's difficult become from the plane to major tournament.

AT the time, Jarrod Bowen seemed to take it on the chin after all, he had not pulled up any trees in the first few months of the Premier League season.

But, make no mistake, he was gutted. When the call came to tell the West Ham man he had not made Gareth Southgate's final cut for Oatar 2022, it was a bitter blow.

And, 18 months on

from that winter World Cup, Bowen now faces another wait to see if he survives another Southgate cull.

Heading into this decision day, though, Bowen should feel

more confident of getting the nod. He

confident, happy with his form, happy with life.

"Of course, it makes me want it more," said Bowen, when asked about the disappointment of being surplus to Southgate's requirements for the last major tournament.

"And I take every challenge head on. That's when I'm at my best, playing with no fear. I've been in positions before with squads. Now, I feel a bit more mature as a player.

"I just want to play my

can do and what I have been doing at club level, especially

this season. Having scored 20 goals and registered 10 assists for the Hammers, it was a

satisfying season for the 27-year-old, who with his partner Dani - has his hands full with one-year-old twins, Summer and

Star (below, left). When you come away, you 🎽 miss them,

with children. It's difficult not seeing them and my missus' little one as well.

When I'm on FaceTime with my missus, they're all causing carnage - not running, but crawling around the house, and the little one running. Sometimes I'm glad I'm here!

betway

"I'm a familvorientated man. My mum, my dad, my

brothers, my sisters, everyone. I had my dad and brother at the game (on Monday, left) and Hereford to Newcastle is a long old way.

Family is most important and gives you that drive. From where I've come from, to go to a major tournament would be the pinnacle.

Bowen played for all of England's 3-0 win over Bosnia and Herzegovina at St James' Park on Monday and Southgate has almost certainly made up his mind whether or not to take the West Ham wide man.

With England's strong array of attacking talent. Bowen cannot be sure he is heading to Germany, but it would be a surprise if he is left at home.

He added: "I think I'm here on merit for what I've done since I've been at West Ham. I am more mature as a player and more comfortable with the big occasions.

"That was only my eighth

cap, so I'm still fairly new.
"But I've been in and around camps long enough to know what it takes to play at this level."



TRENT ALEXANDER-ARNOLD is finally enjoying wearing an England shirt after a "difficult" start to his

Alexander-Arnold is on only 24 caps six years after making his debut and remains something of an enigma in an England shirt.

Boss Gareth Southgate says he suffered through competition for places at right-back but must now figure out his role for the Euros this

The Liverpool star started in midfield against Bosnia and Herzegovina, switched to right-back and scored a terrific goal yet did not really nail down his place in either role.

But Southgate is leaning heavily towards using him in a deeper midfield role alongside Declan Rice - having previously used him as a No.8 - and that means another position for Alexander-Arnold to master.

Southgate said: "Firstly, he is enjoying playing in an England shirt. He has had a difficult international career in that because of the strength in depth in the area, we haven't always been able to give him the amount of football that his talent deserves.

'But we have always been trying to find a way to do that and I think he knows that and he appreciates that so it was lovely to see him score, have that moment and play with that confidence for England.

"We were very pleased, it is a role he is discovering and he is hungry to learn and has been since I talked to him about playing it a year or so ago and equally what we saw in the last half an hour is an important option for us

"We are going to have different challenges in this tournament and we are going to have to have different ways of solving problems that teams pose us.'

Southgate admitted that whether Alexander-Arnold (above) can do it in midfield in a tournament is still a gamble and says he would potentially face harder tests than in a warm-up

He added: "That is the unknown, with Conor Gallagher, with Kobbie Mainoo, even with Adam Wharton you know exactly what they can and what they can't do. None of these players can do everything so you are trying to work out what is the right balance.

"Declan is going to be in there so what is the balance with him? That could be different for different games. I think we will play against a back five at certain times and we have got some good options, both what we start with but also what we can adapt the team to during matches."



Southgate may have two jewels in Jude and Phil... but as he decides to shoehorn both into his 11, he must guard against a repeat of the Lamps-Stevie G nightmare

TWO GOOD

BY JOHN CROSS

**ENGLAND** managers have spent years trying to shoehorn all their best players into their starting line-up.

And Gareth Southgate is convinced that he can get Jude Bellingham and Phil Foden into his team for the Euros this summer.

Bellingham has just won the Champions League and been Real Madrid's standout player in his first season since moving to the Bernabeu. His 20 goals also earned him the vote as La Liga's Player of the Year.

Foden helped Manchester City to their fourth consecutive title, scored 19 league goals while he scooped two Footballer of the Year awards from the Football Writers' Association and also the Premier League.

But both players have been at their best when in the middle and Foden has made it very clear that is where he sees himself, while leaving out Bellingham would also be unthinkable.

It has left England fans worried that they might not see the best of one or both of them at the Euros this summer as Southgate tries to find a winning formula.

It brings back memories of the "Golden Generation" in the 2000s when Sven-Goran Eriksson struggled to make the Frank Lampard and Steven Gerrard (both below) midfield combination work.

Paul Scholes quit international football at 29 because he often found himself shifted out to the left

get the best out of three of the best midfielders they have ever had.

The midfield puzzle could be Southgate's biggest problem of all.

It is unlikely the England boss would pick Declan Rice as the  $\dot{N}$ 0.6 and use Bellingham and Foden either side of him as dual No.8s, which is a growing tactical trend among some Premier League bosses.

Much more likely is Southgate using a 4-2-3-1 system, with Bellingham as a No.10 and Foden playing from the left, which worked wing as England struggled to to good effect when England

drew with Belgium in March. That may not please Foden, but Southgate believes he will end up changing his team through the Euros rather than be stuck with just one starting XI and formation.

Bellingham will join up with the squad at the end of this week, after getting an extra week's rest following the Champions League success, and Southgate admits that getting them to work together is vital.

He said: "Definitely. Jude's playing the season very high up the pitch for Madrid. Defensively, a bit of a mix.

What he hasn't done is played as a 6 or as a lower 8. Ît's a while since he's done that and we've got to bear that in mind when we're thinking of trying to do something in the space of four or five days.

"All these bits have to fit together and, equally, we need strength in depth. We need people to come into the games. So it's not about us shoehorning in as many

games now, with changes that you make, there's a different aspect to it with five subs. We're going to need to make changes because physically the players aren't all in the place we'd ideally have them. And that is something that we have. We do have that depth.

"Also, there's where they start and where you want them to end up. And where you want them to end up is inside the pitch. That's the

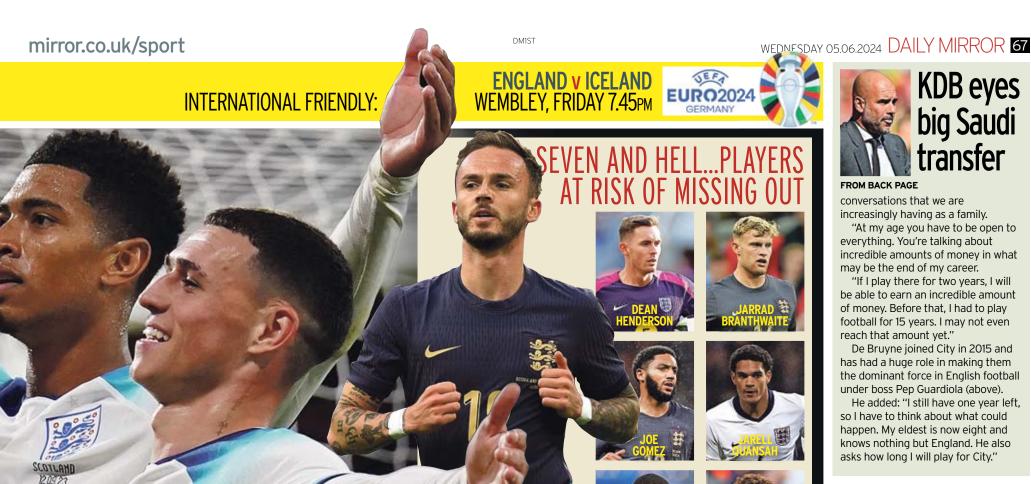
key.
"In the way Jude was defending on the left for Madrid, he wasn't stuck out on the left. And that's how the modern game is, isn't it?

'You write a formation down, but you're never in it with or without the ball really. So it just helps for the team-sheet."

Bellingham and Foden have arguably been the best two English players - closely followed by Harry Kane after his goal haul - but helping them reproduce that in the Three Lions shirt will be players as we can. These Southgate's biggest challenge.







# Bosnia and Herzegovina. one keeper, his defence has ADAM WHARTON has been

England's surprise package and is pushing hard for a place in the Euros squad. The Crystal Palace

midfielder was playing in the Championship with Blackburn just six months ago but has looked every inch an international player both in training and in his first cap.

**England boss Gareth** Southgate admitted he picked a few players in his 33-man training squad so they could gain valuable experience and Wharton was in that category.

Southgate will have to trim seven players on Friday and is expected to confirm his final 26-man squad on Saturday with Wharton (circle) giving him real food for thought.

The 20-year-old was superb when he came on against

Southgate said: "We are

really pleased with what he has done. "It is, in terms of

the importance of catching the eye, I guess a lot of that comes down to

"He is a very calm boy, he seems to have taken everything in his stride when you think of what the last year has been but when you talk to him, he is pretty unflappable as he was on the pitch. That ability to receive and see a

concerned over fitness issues with Harry Maguire and Luke Shaw while Curtis Jones may struggle to get into midfield.

It is unlikely that England will take three centre forwards so Ollie Watkins or Ivan Toney could be at risk.

James Maddison has struggled for form in recent weeks but impressed when he came on at St James' Park.

Southgate is unlikely to have seen anything yet to change his mind drastically on his starting XI but Kieran Trippier dispelled any fears over his fitness with a solid

display at left-back. Trent Alexander-Arnold might have shown enough to prove he could play in midfield alongside Declan Rice at the Euros but there are still more decisions to be made than Southgate would probably like at this late stage.

# Southgate has spoken several big numbers because he was

times this week about how the midfielder sees pictures on the pitch and clearly likes his vision as he looks for options.

where we think we will need the positional cover, but impressed with how he has

picture early isn't something you should underestimate."

Southgatewill definitely axe

# KDB eyes big Saudi transfer

"At my age you have to be open to everything. You're talking about incredible amounts of money in what may be the end of my career.

'If I play there for two years, I will be able to earn an incredible amount of money. Before that, I had to play football for 15 years. I may not even

De Bruyne joined City in 2015 and has had a huge role in making them the dominant force in English football under boss Pep Guardiola (above).

He added: "I still have one year left, so I have to think about what could happen. My eldest is now eight and knows nothing but England. He also asks how long I will play for City."

# PLAYERS TO **WAGES CAP**

BY **JOHN CROSS** 

THE barrister who helped overturn an EFL salary cap has been hired to stop a new Premier League spending rule.

Nick De Marco KC worked with the Professional Footballers' Association to see off proposals to implement wage caps in League One and Two in 2020.

De Marco is now working with the players' union once again, to challenge potential spending restrictions for the 20 top-flight clubs.

The Premier League will discuss the idea of "anchoring" at their AGM in Harrogate tomorrow, although a vote on the issue is not expected.

That will mean that spending on wages, transfers and agents would be restricted to a multiple of the TV and prize money earned by the Premier League's bottom club.

The idea is to stop clubs outspending rivals so the Premier League remains competitive, with the 20 clubs due to discuss options at the meeting.

But the players' union is likely to be unhappy at the prospect of big restrictions on wages and earnings.



# BY **AMOS MURPHY**

KYLIAN MBAPPE has revealed "things and people" made him unhappy during his final year at Paris Saint-Germain.

Mbappe ended his seven-year stint with PSG this week when he joined Real Madrid on a free transfer.

The forward (above) admitted: "At PSG I wasn't unhappy, that would be biting the hand that feeds you, and spitting in the face of all the people who defended me, but things and people made me unhappy.

'But there are things that you can't show because I was a leader and you don't follow someone who drags their sadness around."

# **LAST THROW**

get Harry Kane right so sometimes the priorities of what's required and what you would like to see as well, you can't achieve all of those objectives. Simple as

Kane is set to start and captain the Three Lions in their Euros send-off at Wembley and that leaves Toney sweating on his place.

Ollie Watkins (left) was given his chance against Bosnia and Herzegovina and he appears to be in pole position.

Watkins has enjoyed the season of his life for Aston Villa - scoring 28 goals in all competitions - even though he drew a blank on Monday. Brentford striker Toney served an

eight-month ban for breaching the Football Association's strict betting rules and was desperate for redemption by making the England squad.

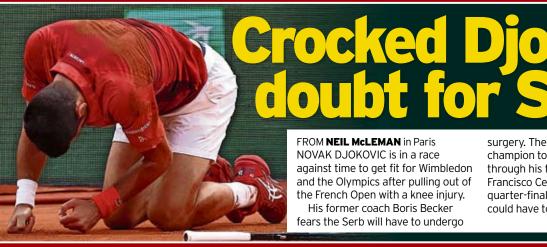
But Toney - who was not picked for the World Cup in 2022 - has not scored for the Bees since February.

Southgate plans to tell players on Friday if they have made the squad but still has fitness doubts over Luke Shaw, Anthony Gordon and Harry Maguire.

That could yet change his thinking and England must submit their final 26 by midnight Friday with the plan to confirm it publicly on Saturday - just two days before they fly to Germany.



# SOCT mirror.co.uk/sport RAIN SAVES JOS FROM HOT SCOTS



surgery. The 24-time Grand Slam champion took painkillers to limp through his five-set win over Francisco Cerundolo to reach the quarter-finals before admitting he could have to withdraw. That

TURN TO PAGE 60



# Fears of a civil war as City sue the Prem

BY **JEREMY CROSS** 

MANCHESTER CITY are suing the Premier League for damages - in a stunning move that could spark civil war in the top flight of English football.

The champions have launched 'unprecedented legal action' against Premier League bosses, in a bid to challenge rules designed to prevent clubs from inflating sponsorship and commercial deals with companies linked to their owners.

The dispute has sparked a bitter battle between some of the most powerful clubs. A private arbitration

**TURN TO PAGE 65** 

# Saudis on alert as KDB is up for 'exotic adventure'

BY **JEREMY CROSS** 

KEVIN DE BRUYNE has stunned Manchester City by revealing that he could make a shock move to Saudi Arabia.

De Bruyne (below) has admitted that he is open to a move to the Saudi Pro-League because of the huge wages on offer.

The midfielder has 12 months left on his City deal - and is currently discussing his future with his wife Michele and close family.

De Bruyne said: "For Michele, an exotic adventure is OK. These are also

TURN TO PAGE 67



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13

18

32

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28

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14 15

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30

**DOWN** 

**1** Idiot (4)

4 Jewel (3)

Fruit (5)

**9** Five cents (6)

**12** Solid fuel (4)

**15** Number (6)

20 Gunpowder

**24** Every (4)

**26** Backside (4)

**27** Document (4)

Shade of brown (5)

Cringe in fear (5)

**19** Woman's name (4)

ingredient (5)

23 Beam of light (5)

**5** Vote (4)

Counterfoil (4)

Essential (5)

27

# JZZLE

# Quizword & Crossword

Two sets of clues, two different answers - all on the same grid. Choose one or the other.

#### Quizword

#### **ACROSS**

- 3 Alcide -, prime minister of Italy from 1945-53 (2.7)
- 8 Diana –, Best Actress in a Leading Role Oscar nominee for Lady Sings the Blues (4)
- **9 and 15** 1998 novel by David Storey (1,7,3)
- **10** Capital of Vosges department, E France (6)
- Jeremy –, Best Actor in a Leading Role Oscar winner for Reversal of Fortune (5)
- 14 British subsonic military jet plane capable of vertical take-off and landing (7)
- 15 See 9 Across
- John –, author of novels The Broker and The Brethren (7)
- Airport town in Bedfordshire (5)
- 21 M C -, Dutch graphic artist whose works include 1928 woodcut Tower of Babel (6)
- **22** 2000 novel by Andy McNab (8)
- 23 Small metal bar set across the fingerboard of a guitar (4)
- Character first voiced by Mel Blanc in 1937 cartoon Porky's Duck Hunt (5,4)

## **DOWN**

1 Gordon –, West Indies Test cricketer who hit 214 not out against England at Lord's in 1984 (9)

- 2 Alec –, Turkey-born car designer who developed the Mini in 1959 (9)
- 4 Derbyshire village renowned as the southern starting point of the Pennine Way (5)
- **5** Old Iranian language used today as the liturgical language of the Zoroastrian faith (7)
- 6 Pseudonym of 19th-century illustrator Hablot Knight Browne (4)
- 7 Stanley –, FIFA president from 1961-74 (4)
- 11 Ceremonial county of England whose administrative headquarters is in Trowbridge (9)
- 12 Gyles -, broadcaster and writer; Conservative MP for the City of Chester from 1992-97 (9)
- Son of Noah and father of Canaan in the Old Testament (3) **15** Bill –, actor-comedian
- who starred in ITV sitcoms Oh No, It's Selwyn Froggitt! and The Gaffer (7)
- 18 The -, 1997 horror film starring Penelope Ann Miller and Tom Sizemore (5)
- 19 University city in Tuscany housing a famous leaning tower (4)
- **20** Flesh of a cow when killed for food (4)

# 10 13 16

### Crossword

### **ACROSS**

- **3** Small pruning shears (9)
- Naming word (4)
- 9 Rich (8)
- 10 Confirm or support (6)
- 13 Low-value coin (5)
- **14** Mountaineer (7) **15** Floor covering (3)
- **16** Sly laugh (7)
- **17** Wed (5)
- 21 Excessively enthusiastic (4-2) 22 Short joke or witty remark (3-5)
- **23** Soon (4)
- 24 Senior citizen (9)

## **DOWN**

- 1 Intentionally (2,7)
- **2** Genuine (9)
- **4** Elude (5)
- **5** In the wrong (2,5)
- 6 Needlecase (4) 7 Smallest of a litter (4)
- 11 Native Australian (9)
- **12** Racing dog (9)
- 14 Road vehicle (3)
- **15** Souvenir (7)
- 18 Be of the same opinion (5)
- **19** Poker stake (4)
- 20 Unfortunately (4)

## **Solutions in tomorrow's Daily Mirror**

# Two-speed coffeebreak

Two sets of clues - but the answers are the same.

# **Cryptic clues**

#### **ACROSS**

- 1 Don't eat quickly (4) **4** Understanding German epitaph (4)
- 6 Stupid European coin (4)
- 8 Burden we bear (4) Contemporary with part-timer (4)
- **13** Generous politician (7)
- 14 Point to the Spanish swimmer (3)
- **16** Left coal production in the vicinity (5)
- **18** Hide note inside some yarn (5)
- 21 Famous as a piece of music? (5)
- 22 Communication from a mile off (5)
- 24 Feel modest about tree (3)
- 25 Red tape somehow got narrower (7)
- 28 Shows manners (4) **30** Manage to get English letter (4) **31** Dance film (4)
- 32 Listen hard to old ship (4)
- **33** Ingredient in his pudding (4)

## DOWN

- 1 Dunce's dessert (4) 2 Knock bust over (4) Knock bust over (4)
- 3 Woman took it to be important (5)
- 4 Meg returned ruby (3)
- 5 Vote for European, say (4)
- Mole excited by new fruit (5)
- **9** Metal not worth much (6) **10** A pie's changed colour (5)
- Quietly consume fuel (4)
- **15** Cricket team's legs (6) 17 Shrink animal with hesitation (5)
- In the morning, yours truly looked up woman (4)
- **20** Egg gives engineers explosive ingredient (5)
- 23 Real problem around small beam (5)
- 24 Every ache is treated (4) 26 President has no time for
- steak (4) **27** Reversible action? (4)

23

### **ACROSS**

- 1 Rapid (4)
- 4 Hold (4)
- **6** US coin (4)

**Quick clues** 

- 8 Responsibility (4) 11 Office worker (4)
- **13** Tolerant (7)
- **14** Long fish (3)
- 16 Nearest pub (5)
- 18 Geese in flight (5) 21 Observed (5)
- 22 Computer message (5)
- **24** Type of tree (3)
- 25 Wedge-shaped (7)
- 28 Ventilates (4) 30 Ancient symbol (4)
- **31** Stagger (4)
- **32** Pay attention (4)
- **33** Potato (4)

## 29 Annoy (3) Solutions in tomorrow's Daily Mirror

**CHECK THE SOLUTIONS NOW!** TWO-SPEED COFFEEBREAK **0903 659 6060** (80p/min)

# 29 Smirking has to irritate (3) TERMS & CONDITIONS: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules.

# CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear FULL SOLUTIONS to CROSSWORD and QUIZWORD, and to hear 5 EXTRA CLUES for **CROSSWORD** and **QUIZWORD** too! Or text **CROSSCLUE** or **QUIZCLUE** to **61011** (£1/text) for 5 clues.

# The name game

Hidden in the grid is the name of a writer. Answer the questions, then rearrange the letters corresponding to your answers to fill in the name.



# **BOX1:** Which role did actress Melanie Walters play in the TV sitcom Gavin & Stacey? Pam Shipman (W)

Gwen West (M) Dawn Sutcliffe (Y) **BOX2:** What was

the name of the cartoon cat Garfield's owner? Jon (A) Julian (Y)

BOX3: Grappa is a type of pomace brandy originating in which country? Italy (N) Spain (U) France (V)

**BOX4:** Complete the title of this Neil Simon play: Barefoot in the \_\_? Park (I) Sand (R)

**BOX5:** What nationality was the writer Emile Zola? German (K)

Meadow (Y)

Russian (V)

BOX6: Which jazz group had a UK No 1 hit with Chanson D'Amour in 1977? Blood, Sweat & Tears (X)

The Manhattan

Transfer (R) Weather Report (Y) BOX7: Jack, Ralph, and Piggy characters in which novel by William Golding? The Spire (P) Rites of Passage (V) Lord of the Flies (I)

BOX8: In what year was Great Britain's Lawn **Tennis Association** founded? 1858 (L) 1888 (A) 1918 (N)

**BOX9:** How many events make up a heptathlon? 6 (V)

**BOX10:** Wesley Snipes (pictured) starred opposite Annabella Sciorra in

which 1990s rom-com about an interracial

Solutions in

tomorrow's Daily Mirror

relationship? Boomerang (X) Poetic Justice (Y) Jungle Fever (M)



# 30-sec brain teaser

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck!

Solutions in tomorrow's Daily Mirror

BEGINNER 48	÷8	+9	×3	Reverse the digits	-32	÷11	Square it	+46	ANSWER
112	5/8 of this	+149	2/3 of this	+174	80% of this	-67	<b>4/7</b> of this	-84	ANSWER
630	÷15	+259	3/7 of this	+219	7/12 of this	-23	Increase by 75%	+164	ANSWER

# Mirrorgram

Solve our ten-letter anagram

Solutions in τοmorrow's Daily Mirror





**22:06** mins

Test your codecracking skills against us! We took 22 minutes and 6 seconds to complete this puzzle - can you do better? We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The completed grid will include all letters of the alphabet. If you find it hard to get going, call the Extra Letter line where you will also find a little bit of extra help. Remember, none of the answers are proper nouns.

# **⋉**BCDEFGHIJKLMNOPQ**⋉**STUV**₩**XYZ

1	2	<sup>3</sup> A	4	5	6	7	$^{8}W$	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	<sup>24</sup> R	25	26

won!

Which letter is represented by the number '1' in today's Speedbreaker? Call 0903 681 3000 (£2/call) or text SPEED and your answer, name and postcode to 61011 (£2/text)

Last Wednesday's winner: Gill Mobbs,

one minute from the target time for each extra letter used.

SOLUTIONS

Calls to solutions line cost 80p/min + network access charge and texts cost £1 + 1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 + 1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpdesk 0330 880 6060. Full TaC's at www.mirror.co.uk/rules.

20	2	11	20		13	19	3	<sup>24</sup> R	<sup>3</sup> A	<sup>8</sup> W	3	18
24		2			25			18		21		3
21		10	6	2	19	19	23	19		22		26
14	25	13				1			10	22	21	26
15		24		7	2	5	5			25		19
	16	19	22	2		25		4	25	8	19	12
				16		11		3				
19	6	2	21	26		21		16	3	26	10	
22		22			17	3	8	26		21		14
9	3	21	11			13				17	2	18
25		6		5	24	19	19	23	19	10		14
18		2		21			22			13		11
10	15	19	8	20	3	11	12		7	18	26	19

# Just a bit of fun

Which one of our three definitions is correct?

# TUTU

- Exotic ice cream
   Ballet dancer's short skirt
   African lucky token

Solutions in tomorrow's Daily Mirror

Scribble pad 🖾



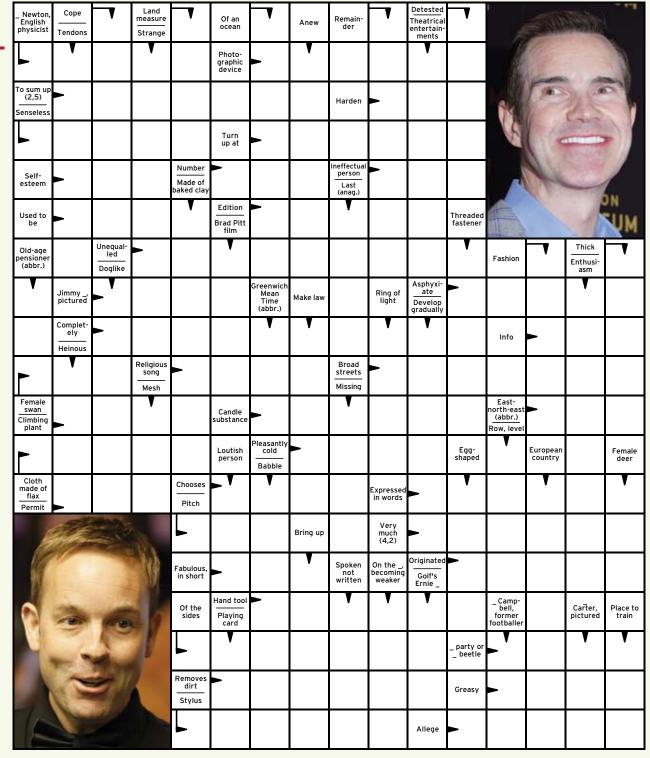
# Arrow Word

Call 0903 659 6060 (80p/min) for 5 extra letters or the full solution,

or text SPEEDCLUE to 61011 (£1/

text) for 5 extra letters. Deduct

Arrow Words are like crosswords, but the clues are printed inside squares on the arid. Write your answers in the blank squares in the direction indicated by the arrows. Solutions in tomorrow's Daily Mirror



# Su-doku corner

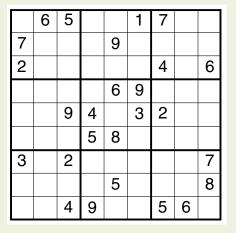
## **EASY SU-DOKU**

	9		5			2	8	
2		7			4			9
	6		3		9			5
1		8		3		5	2	
			1		2			
	2	6		4		1		3
3			8		1		5	
6			4			7		1
	1	5			3		6	

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

## **SU-DOKU TOUGHIE**



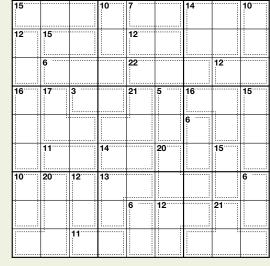
The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5

NUMBER CLUES or FULL SOLUTIONS to the easy and toughie su-dokus. Or text **EASYCLUE** or **TOUGHCLUE** to **61011** (£1/text) for **5 CLUES**.

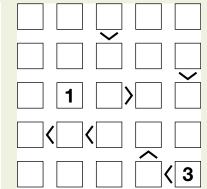
## **KILLER SU-DOKU**



Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

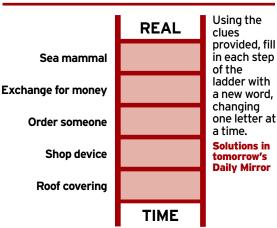
# **FUTOSHIKI**



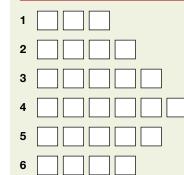
Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are "greater than" (>) and "less than" (<) signs.

**Solutions in tomorrow's Daily Mirror** 

# **Word Ladder**



# **Brickwork**



Solutions in tomorrow's Daily Mirror

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- Preceded
- 2 Single combat
- Enticed
- 4 Barrier
- 5 Controlled Impolite
- Owing

# **Bingo**



HFRF are the numbers for Day 3 of Game 21 on your Bingo card.

TO WIN a full house £100 prize, all 15 numbers on the Game 21 grid must be correctly crossed off with the Daily Mirror numbers. If you're still short, buy the Sunday Mirror and the Sunday People for more numbers and another chance to win a £100 prize.

TO CLAIM call 01420 525501 from 10am to 3pm on Mondays only. No responsibility is accepted for

failure to claim in the stated hours. Calls charged at national rate. Standard Reach PLC rules apply, see mirror.co.uk/2024bingorules. Full terms as previously published.

**SU-DOKU TOUGHIE** 

3 < 5

1 4

2

3

# Wordsearch

Can you find all the listed famous Sues, Susans, Susannas etc. in the grid?

# ECALMANBF S H S AUQHS Ε 0 S R Т X ITNATSNOCSE W ELOGWGNDZ

BARKER **BOYLE CALMAN CLARKE COLLINS CONSTANTINE DENT** 

HAMPSHIRE HILL **JOHNSTON LAWLEY PERKINS QUATRO** REID

**RYDER SARANDON SONTAG STORM TOWNSEND VEGA** 

# **YESTERDAY'S** SOLUTIONS OUIZWORD

ACROSS: 6 Magnificence, 8 Noriega, 9 Tulsa, 10 Moab, 12 The Sea, 14 Curie, 15 Reagan, 16 Laud, 19 Rabid, 21 Bugatti, 22 Deaf Sentence.

22 Deaf Sentence. **DOWN:** 1 Agartala, 2 Bizet, 3 Cigar, 4 Meet The, 5 Acol, 6 Montmartre, 7 Man And Wife, 11 Gun, 12 Tin, 13 Spartans, 14 Cardiff, 17 Abney, 18 Agate, 20 Baer.

# CROSSWORD

CROSSWORD

ACROSS: 6 Heartstrings, 8 Saveloy, 9 Porch, 10 Ergo, 12 Browse, 14 Pivot, 15 Insert, 16 Prod, 19 Admit, 21 Taverna, 22 Inexplicable.

DOWN: 1 Salvages, 2 Stalk, 3 Stays, 4 Bit part, 5 Agar, 6 Hysterical, 7 Threadbare, 11 Hit, 12 Boy, 13 Wardrobe, 14 Pretext, 17 Style, 18 Evict, 20 Mind.

# TWO-SPEED COFFEEBREAK

ACROSS: 1 Winner, 4 Wand, 7 Omit, 8 Spring, 9 Stye, 10 Epee, 12 Core, 14 Sum, 16 Tom, 17 Sett, 20 Bats, 23 Tool, 24 Stripe, 25 Saga, 26 Mass. 27 Yearns.

DOWN: 1 Waste, 2 Nerd, 3 Roger, 4 Wise, 5 Attest, 6 Dream, 11 Pest, 13 Oust, 15 Emboss, 16 Totem, 18 Essay, 19 Dress, 21 Alas, 22 Tier.

## MONDAY'S SPEEDBREAKER

1=Q, 2=C, 3=Z, 4=Y, 5=X, 6=V, 7=R, 8=S, 9=A, 10=K, 11=N, 12=F, 13=L, 14=E, 15=G, 16=0, 17=D, 18=H, 19=U, 20=I, 21=J, 22=M, 23=P, 24=W, 25=T, 26=B.

# ARROW WORD

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#### NAME GAME LOUIS SMITH

1S, 2L, 3I, 40, 5M, 6H, 7S, 8I, 9U, 10T.

In the Daily Mirror everv Saturdav our Big Name orize crossword

## **EASY SU-DOKU**

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# KILLER SU-DOKU

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MIRRORGRAM										VORDSEARCH

# **BOOTLEGGER**

# **30-SEC BRAIN**

Beginner 32; Intermediate 347; Advanced 102.

#### JUST A BIT OF FUN 1 Semi-fluid

**BRICKWORK** The, Etch, Retch, Wretch, Threw, Whet,

# WORD LADDER

Turn, Torn, Born, Bore Bare, Bark, Back.

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mirror.co.uk/ horoscopes

Aries March 21-April 20 You will be in touch with someone at a newspaper. magazine or popular website. You will get support for your ideas and business aims. Problems are starting to ease and there is a growing feeling of satisfaction. Your past hard working efforts have been well worth it.

For more call **0905 789 4171** (80p/min + netwaccess charge)

Taurus April 21 - May 21 You work hard for your money and normally you are careful about how you spend it. Cash seems to be disappearing at an amazing rate. Attractive items keep catching your eye in shops and online stores. Your main challenge is to resist parting with your hard earned cash.

For more call **0905 789 4172** (80p/min + netw

Gemini May 22 -June 21 You're noticing how a workmate or housemate has a tendency to exaggerate everything. You won't want to offend them but you are starting to take whatever they say with a pinch of salt. A goal you have been working towards will be achieved through sheer determination.

For more call **0905 789 4173** (80p/min + network

Cancer June 22 - July 23 Continue to refrain from getting too involved in other people's financial problems. Friends find it easy to talk to you . But when conversations veer onto money, change the subject. You really don't want to know someone's financial particulars in such great detail.

For more call **0905 789 4174** (80p/min + netw access charge)

Leo July 24 - August 23 Avoiding over-indulgence in any form is essential to your health and wellbeing. Make it your intention to make self-indulgence a thing of the past. Your system is more delicate than you'd like to admit. Strong cocktails, rich desserts and spicy food could cause a bad reaction.

For more call **0905 789 4175** (80p/min + netw access charge)

Virgo Aug 24 - Sept 23 A senior colleague will tell you more than they should about a sensitive issue in your workplace Don't be tempted to be as candid as this person because it will not be appreciated. You won't have to ask to think about it if an exciting offer takes you by surprise. There will be no hesitating.

For more call **0905 789 4176** (80p/min + network access charge)

Sept 24-Oct 23

A hold-up in the works will give you some spare time. You won't want to waste this as there are a few tasks and chores you can tie up while you are waiting for everything to get moving again. These may seem trivial compared with some responsibilities but they still require attention.

For more call **0905 789 4177** (80p/min + networ

Scorpio Oct 24 - Nov 22 Be cautious in any legal and financial matters. There is something going on in the background that you haven't been told about and you won't find out what it is until later in the month.

You have a difficult decision to make but don't be in a rush to give a final answer.

For more call **0905 789 4178** (80p/min + netwo

Sagittarius Nov 23-Dec 21

You're wondering whether it is possible to fight bureaucracy and win? Costs are going up and wages seem menial in comparison. There is support for innovation but no plans to increase individual wages. If you aren't respected for your skills, start keeping ideas to yourself and look for another job.

For more call **0905 789 4179** (80p/min + network

Capricorn Dec 22 - Jan 20 An event you had been dreading taking part in will turn out to be surprisingly easy. A long-standing friendship or partnership is beginning to undergo some change. Either you are demanding more from your partnerships in general or someone is expecting too much from you.

For more call **0905 789 4180** (80p/min + network access charge)

Aquarius Jan 21 - Feb 19

You will be offered an opportunity to showcase your accomplishments and talents. It's not just the product you are offering but people want to get engaged with the whole story. You won't be surprised by how integral social media has been to the venture you have launched.

For more call **0905 789 4181** (80p/min + network access charge)

**Pisces** Feb 20 - Mar 20 Worries relate to recent developments on the domestic scene. When you think about it, nothing very much is wrong. It's just that matters proceed a little too slowly for your liking. Since there is nothing you can do to hurry things along, focus instead on things you can control.

For more call **0905 789 4182** (80p/min + network

Calls cost 80p per minute plus your telephone company's network access charge – maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission.

Service provider Spoke. Helpline 0333 202 3390

# **Mirror** OFFERS



# SOUP CHEF PRO

HOME-MADE SOUP IN MINUTES!

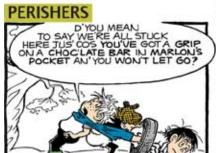
- 8 Functions Smooth, Smooth+, Sauté, Keep Warm, Chunky, Auto-Clean, Memory & Delay Timer.
- Perfect for families & Meal Prep The large 1.6L capacity Soup Chef cooks up to 5 bowls of soup in minutes!
- 12 Hour Delay Timer: your soup is ready when you are. Simply set your timer and Soup Chef Pro will start making your nutritious soup at a time that suits you.

www.highstreettv.com/DM088

# CARTOON











# Salmon Good Food daily recipe to collect

Salmon & broccoli pasta Make this creamy pasta

bake with salmon, broccoli, anchovies and sundried tomatoes. It's perfect for a family midweek meal and can éasily be adapted

250g penne 300g broccoli, cut into large florets 25g butter

25g plain flour

600ml milk

100g mascarpone

8 sundried tomatoes (preserved in olive oil), drained and thickly sliced

2tbsp small capers (optional) rinsed to remove excess salt or vinegar

8 anchovy fillets, halved (optional) 10 large fresh basil leaves, roughly

4 fresh skinless salmon fillets 50g mature cheddar, finely grated

Preheat the oven to 190C/gas 5/ fan 170C and get out an ovenproof dish (measuring 20 by 30cm, and about 5cm deep). Meanwhile, put a large pan of water on to boil for the pasta. When it is boiling rapidly, tip in the pasta with a generous sprinkling of salt. Give it a stir, return to the boil and cook for 6 minutes. Add the

broccoli, then return the water to the boil and cook for 4 minutes more, until the broccoli is on the firm side of just

While the pasta is cooking, put the butter, flour and milk in a large pan and heat, whisking or stirring continuously, until it thickens to make a smooth sauce. Remove from the heat and stir in the mascarpone, sundried tomatoes, capers (if using), anchovies (if using) and basil, then add the pasta and broccoli and season well.

Halve the salmon fillets widthways (you will see that Halve the salmon lines waterways (, c. .... there is an obvious divide on each fillet) then place the pieces in a single layer on the base of the ovenproof dish.

25-35 MINS **COOK: 30 MINS EASY SERVES 4** 



Spoon the broccoli mixture on top, then scatter with the grated cheddar. (You can chill this for up to 4 hours if you want to get ahead.)

Bake for 30 minutes until the mixture is just starting to bubble round the edges and the mixture is pale golden don't let it go too dark or the fish will overcook.



TOMORROW'S RECIPE: TERIYAKI SALMON